

**Yellow Pages Schools, Youth, Junior /23 Champ
2012/03/29**

Result per Age

G-15 Girls - Sub-Youth

31	G-15	Girls - Sub-Youth : 100 m				Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP202	2222	Tamzin Thomas	Western Cape	1	1	00:11.81	1012	2	E	R
NWP002	2388	Jacobs Charnique	North West Province	1	2	00:12.48	885	3.7	E	
WCP188	2099	Shannon Fredericks	Western Cape	1	3	00:12.56	872	3.7	E	
FSA001	1372	Elme Smith	Free State	1	4	00:12.86	825	3.7	E	
CGA050	786	Jade Kriel	Central Gauteng	1	5	00:13.20	778	3.7	E	
KZN059	1663	Natercia Dos Santos	Kwazulu Natal	1	6	00:13.23	774	3.7	E	
NCP067	1966	Kerike Botha	Northern Cape Province	2	1	00:12.48	885	7.2	E	
WCP182	2205	Alexandra Smit	Western Cape	2	2	00:12.66	856	7.2	E	
GAU023	1582	Simone Rossouw	Gauteng	2	3	00:12.66	856	7.2	E	
CNW071	16	Rudine Botha	Central North West	2	4	00:12.90	820	7.2	E	
GAU015	1557	Ndaendzo Mukhangane	Gauteng	2	5	00:13.08	794	7.2	E	
GAU019	1572	Meghan Phillips	Gauteng	3	1	00:12.39	900	3.6	E	
NCP080	2032	Jean-Marie Vermeulen	Northern Cape Province	3	2	00:12.44	891	3.6	E	
ECA134	1203	Melissa Wilken	Eastern Cape	3	3	00:12.48	885	3.6	E	
LIM001	1738	Jessica Booyens	Limpopo	3	4	00:12.63	860	3.6	E	
FSA003	1280	Elizma Kuhn	Free State	3	5	00:12.66	856	3.6	E	
CGA056	844	Robyn-Leigh Pereira	Central Gauteng	3	6	00:13.10	792	3.6	E	
MPU005	1856	Larissa De Jager	Mpumalanga	3	7	00:13.58	730	3.6	E	
GAN200	206	Jeanelle Griesel	Athletics Gauteng North	4	1	00:12.60	865	1.0	E	
WCP196	2131	Jody Johannes	Western Cape	4	2	00:12.75	842	1.0	E	
MPU003	1852	Laniel Claassen	Mpumalanga	4	3	00:12.77	839	1.0	E	
GAN201	318	Subrina Schlesinger	Athletics Gauteng North	4	4	00:12.79	836	1.0	E	
NWP001	2387	Zandra Vermeulen	North West Province	4	5	00:12.89	821	1.0	E	
ECA123	1152	Sokwakana Mogwasi	Eastern Cape	4	6	00:12.94	814	1.0	E	
KZN087	2420	Thandeka Mncube	Kwazulu Natal	4	7	00:14.08	674	1.0	E	
KZN058	1728	Cassidy Williamson	Kwazulu Natal	5	1	00:12.32	912	1.8	E	
WPA036	1030	Carla Johnson	Western Province	5	2	00:12.52	878	1.8	E	
NWP022	2408	Beumer Bianca	North West Province	5	3	00:13.07	796	1.8	E	
CGA057	854	Lerato Seabi	Central Gauteng	5	4	00:13.38	755	1.8	E	
NCP071	1993	Mikayla Malala	Northern Cape Province	5	5	00:13.41	751	1.8	E	

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G-15 Girls - Sub-Youth

117	G-15	Girls - Sub-Youth : 100 m					Semi-Finals			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP202	2222	Tamzin Thomas	Western Cape	1	1	00:11.89	995	1	E	R
NWP002	2388	Jacobs Charnique	North West Province	1	2	00:12.55	873		E	
NCP080	2032	Jean-Marie Vermeulen	Northern Cape Province	1	3	00:12.56	872		E	
WCP188	2099	Shannon Fredericks	Western Cape	1	4	00:12.73	845		E	
GAU023	1582	Simone Rossouw	Gauteng	1	5	00:12.78	837		E	
CNW071	16	Rudine Botha	Central North West	1	6	00:13.02	803		E	
GAU015	1557	Ndaendo Mukhangane	Gauteng	1	7	00:13.13	787		E	
FSA001	1372	Elme Smith	Free State	1	8	00:13.22	775		E	
NCP067	1966	Kerike Botha	Northern Cape Province	2	1	00:12.55	873	0.9	E	
GAU019	1572	Meghan Phillips	Gauteng	2	2	00:12.67	854	0.9	E	
WCP196	2131	Jody Johannes	Western Cape	2	3	00:12.71	848	0.9	E	
WCP182	2205	Alexandra Smit	Western Cape	2	4	00:12.72	846	0.9	E	
LIM001	1738	Jessica Booyens	Limpopo	2	5	00:12.95	812	0.9	E	
FSA003	1280	Elizma Kuhn	Free State	2	6	00:12.97	810	0.9	E	
NWP022	2408	Beumer Bianca	North West Province	2	7	00:13.16	783	0.9	E	
WPA036	1030	Carla Johnson	Western Province	3	1	00:12.43	893	0.9	E	
KZN058	1728	Cassidy Williamson	Kwazulu Natal	3	2	00:12.52	878	0.9	E	
GAN200	206	Jeanelle Griesel	Athletics Gauteng North	3	3	00:12.57	870	0.9	E	
GAN201	318	Subrina Schlesinger	Athletics Gauteng North	3	4	00:13.03	801	0.9	E	
MPU003	1852	Laniel Claassen	Mpumalanga	3	5	00:13.03	801	0.9	E	
CGA057	854	Lerato Seabi	Central Gauteng	3	6	00:13.64	723	0.9	E	

185	G-15	Girls - Sub-Youth : 100 m					Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP202	2222	Tamzin Thomas	Western Cape	1	1	00:11.85	1003	2.2	E	R
KZN058	1728	Cassidy Williamson	Kwazulu Natal	2	2	00:12.24	927	2.2	E	
GAN200	206	Jeanelle Griesel	Athletics Gauteng North	3	3	00:12.36	905	2.2	E	
WPA036	1030	Carla Johnson	Western Province	4	4	00:12.40	898	2.2	E	
NCP080	2032	Jean-Marie Vermeulen	Northern Cape Province	5	5	00:12.44	891	2.2	E	
NCP067	1966	Kerike Botha	Northern Cape Province	6	6	00:12.47	886	2.2	E	
NWP002	2388	Jacobs Charnique	North West Province	7	7	00:12.48	885	2.2	E	
GAU019	1572	Meghan Phillips	Gauteng	8	8	00:12.48	885	2.2	E	

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G-15 Girls - Sub-Youth

226	G-15	Girls - Sub-Youth : 200 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA005	1230	Hesmari Coetzee	Free State	1	00:00.00	0		E	
GAN204	362	Mariska van Dyk	Athletics Gauteng North	1	00:00.00	0		E	
KZN058	1728	Cassidy Williamson	Kwazulu Natal	1	00:00.00	0		E	
NCP067	1966	Kerike Botha	Northern Cape Province	1	00:00.00	0		E	
WCP182	2205	Alexandra Smit	Western Cape	1	00:00.00	0		E	
GAU009	1486	Daneel Human	Gauteng	1	00:25.66	875	4.1	E	
GAU019	1572	Meghan Phillips	Gauteng	1	00:25.70	872	4.1	E	
GAU026	1611	Cindy van Ahlefeldt	Gauteng	1	00:25.98	854	4.1	E	
WCP181	2204	Tanya Schuurman	Western Cape	1	00:26.11	846	4.1	E	
ECA131	1186	Anke Spies	Eastern Cape	1	00:26.72	809	4.1	E	
NWP002	2388	Jacobs Charnique	North West Province	2	00:25.35	896	3.9	E	
NWP003	2389	Hetzel Carmen	North West Province	2	00:25.70	872	3.9	E	
FSA004	1361	Carlize Roets	Free State	2	00:26.03	851	3.9	E	
KZN012	1697	Nelisiwe Mthanti	Kwazulu Natal	2	00:27.36	774	3.9	E	
NWP022	2408	Beumer Bianca	North West Province	2	00:27.57	763	3.9	E	
MPU005	1856	Larissa De Jager	Mpumalanga	2	00:28.01	741	3.9	E	
GAU011	1506	Kelsey Kotze	Gauteng	3	00:25.67	874	4.4	E	
WCP196	2131	Jody Johannes	Western Cape	3	00:25.76	868	4.4	E	
GAN203	261	Khensani Matjeke	Athletics Gauteng North	3	00:26.11	846	4.4	E	
CGA056	844	Robyn-Leigh Pereira	Central Gauteng	3	00:26.27	836	4.4	E	
FSA003	1280	Elizma Kuhn	Free State	3	00:26.33	832	4.4	E	
KZN087	2420	Thandeka Mncube	Kwazulu Natal	3	00:27.22	782	4.4	E	
GAN202	346	Madrie Strydom	Athletics Gauteng North	4	00:25.05	917	5.2	E	
MPU003	1852	Laniel Claassen	Mpumalanga	4	00:25.81	865	5.2	E	
WPA036	1030	Carla Johnson	Western Province	4	00:25.88	860		E	
CGA058	864	Louisa Stramrood	Central Gauteng	4	00:26.38	829	5.2	E	
LIM001	1738	Jessica Booyens	Limpopo	4	00:26.72	809	5.2	E	

273	G-15	Girls - Sub-Youth : 200 m					Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN202	346	Madrie Strydom	Athletics Gauteng North	1	00:25.49	886	-0.2	E	
GAU011	1506	Kelsey Kotze	Gauteng	1	00:25.58	880	-0.2	E	
WCP196	2131	Jody Johannes	Western Cape	1	00:25.86	862	-0.2	E	
GAU009	1486	Daneel Human	Gauteng	1	00:26.00	853	-0.2	E	
NCP067	1966	Kerike Botha	Northern Cape Province	1	00:26.32	833	-0.2	E	
GAN204	362	Mariska van Dyk	Athletics Gauteng North	1	00:26.40	828	-0.2	E	
GAU026	1611	Cindy van Ahlefeldt	Gauteng	1	00:26.56	819	-0.2	E	
FSA005	1230	Hesmari Coetzee	Free State	1	00:26.58	817	-0.2	E	
KZN058	1728	Cassidy Williamson	Kwazulu Natal	2	00:25.58	880	-0.8	E	
MPU003	1852	Laniel Claassen	Mpumalanga	2	00:25.80	865	-0.8	E	
NWP002	2388	Jacobs Charnique	North West Province	2	00:25.90	859	-0.8	E	
NWP003	2389	Hetzel Carmen	North West Province	2	00:26.26	836	-0.8	E	
GAU019	1572	Meghan Phillips	Gauteng	2	00:26.47	824	-0.8	E	
GAN203	261	Khensani Matjeke	Athletics Gauteng North	2	00:26.50	822	-0.8	E	
WPA036	1030	Carla Johnson	Western Province	2	00:26.54	820	-0.8	E	
FSA004	1361	Carlize Roets	Free State	2	00:26.62	815	-0.8	E	
WCP182	2205	Alexandra Smit	Western Cape	3	00:25.94	856	-0.8	E	

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G-15 Girls - Sub-Youth

349		G-15 Girls - Sub-Youth : 200 m					Final		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
GAN202	346	Madrie Strydom	Athletics Gauteng North	1	00:25.53	883	-3.0	E	
KZN058	1728	Cassidy Williamson	Kwazulu Natal	2	00:25.62	877	-3.0	E	
GAU011	1506	Kelsey Kotze	Gauteng	3	00:26.06	849	-3.0	E	
MPU003	1852	Laniel Claassen	Mpumalanga	4	00:26.15	843	-3.0	E	
NWP002	2388	Jacobs Charnique	North West Province	5	00:26.36	830	-3.0	E	
WCP182	2205	Alexandra Smit	Western Cape	6	00:26.37	830	-3.0	E	
GAU009	1486	Daneel Human	Gauteng	7	00:26.49	823	-3.0	E	

43		G-15 Girls - Sub-Youth : 400 m					Heats		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
GAN202	346	Madrie Strydom	Athletics Gauteng North	1	00:56.75	918		E	
GAN204	362	Mariska van Dyk	Athletics Gauteng North	2	00:57.63	894		E	
WCP186	2242	Catharina Vries	Western Cape	3	00:57.73	891		E	
GAU026	1611	Cindy van Ahlefeldt	Gauteng	4	00:58.05	882		E	
GAU027	1613	Jana van der Merwe	Gauteng	5	00:58.06	882		E	
GAU011	1506	Kelsey Kotze	Gauteng	6	00:58.23	878		E	
FSA006	1364	Tanita Sada	Free State	7	00:60.20	829		E	
LIM017	1833	Kristin Van Niekerk	Limpopo	8	00:60.86	813		E	

163		G-15 Girls - Sub-Youth : 400 m					Final		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
GAN202	346	Madrie Strydom	Athletics Gauteng North	1	00:56.75	918		E	
GAN204	362	Mariska van Dyk	Athletics Gauteng North	2	00:57.63	894		E	
WCP186	2242	Catharina Vries	Western Cape	3	00:57.73	891		E	
GAU026	1611	Cindy van Ahlefeldt	Gauteng	4	00:58.05	882		E	
GAU027	1613	Jana van der Merwe	Gauteng	5	00:58.06	882		E	
GAU011	1506	Kelsey Kotze	Gauteng	6	00:58.23	878		E	
FSA006	1364	Tanita Sada	Free State	7	00:60.20	829		E	
LIM017	1833	Kristin Van Niekerk	Limpopo	8	00:60.86	813		E	

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G-15 Girls - Sub-Youth

194	G-15	Girls - Sub-Youth : 800 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU027	1613	Jana van der Merwe	Gauteng	1	02:20.55	835		E	
MPU006	1858	Heideli Du Plessis	Mpumalanga	1	02:21.52	825		E	
NCP078	2025	Imke van Rooyen	Northern Cape Province	1	02:22.28	817		E	
LIM016	1829	Mart-Marie Van Der Merwe	Limpopo	1	02:22.63	813		E	
FSA006	1364	Tanita Sada	Free State	1	02:23.20	808		E	
ECA132	1192	Samantha Swartz	Eastern Cape	1	02:23.38	806		E	
GAU031	1630	Linmarie van Wyk	Gauteng	1	02:26.66	774		E	
NWP024	2410	Becker Sunique	North West Province	1	02:28.65	756		E	
LIM018	1838	Amore Venter	Limpopo	1	02:41.86	650		E	
CGA047	773	Janine J van Rensburg	Central Gauteng	2	02:19.59	846		E	
NWP005	2391	Nel Mia	North West Province	2	02:19.61	846		E	
WCP169	2082	Allison de Wet	Western Cape	2	02:20.50	836		E	
CGA059	863	Cevilia Stramrood	Central Gauteng	2	02:21.74	823		E	
WCP204	2246	Joslin Williams	Western Cape	2	02:26.21	778		E	
NCP069	1983	Letitia Human	Northern Cape Province	2	02:26.40	776		E	
FSF025	113	Madelein le Roux	Free State Athletics	2	02:27.41	767		E	
TRA060	505	Ncumisa Mendwana	Transkei	2	02:35.09	701		E	
CGA044	755	Carla du Randt	Central Gauteng	3	02:17.15	874		E	
GAU014	1543	Mirriam Merina	Gauteng	3	02:17.21	873		E	
GAN208	145	Marzanne Alridge	Athletics Gauteng North	3	02:17.50	870		E	
GAN207	180	Dimpo Diale	Athletics Gauteng North	3	02:20.19	839		E	
GAN206	270	Sibongile Mjele	Athletics Gauteng North	3	02:21.06	830		E	
NWP006	2392	Gouws Nadine	North West Province	3	02:23.19	808		E	
MPU008	1891	Zeleney Louw	Mpumalanga	3	02:24.39	796		E	
GAN209	269	Babette Minnaar	Athletics Gauteng North	3	02:26.23	778		E	
GAU001	1414	Jessica Aylward	Gauteng	3	02:29.00	752		E	
TRA059	525	Zisanda Sirayi	Transkei	3	02:35.29	699		E	

330	G-15	Girls - Sub-Youth : 800 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU027	1613	Jana van der Merwe	Gauteng	1	02:11.88	941		E	
GAU014	1543	Mirriam Merina	Gauteng	2	02:13.30	922		E	
NWP005	2391	Nel Mia	North West Province	3	02:14.44	907		E	
CGA044	755	Carla du Randt	Central Gauteng	4	02:16.71	879		E	
GAN208	145	Marzanne Alridge	Athletics Gauteng North	5	02:17.85	866		E	
CGA047	773	Janine J van Rensburg	Central Gauteng	6	02:17.97	864		E	
MPU006	1858	Heideli Du Plessis	Mpumalanga	7	02:22.01	820		E	

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G-15 Girls - Sub-Youth

70	G-15	Girls - Sub-Youth : 1500 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU032	1636	Carin Viljoen	Gauteng	1	04:51.20	887		E	
WCP169	2082	Allison de Wet	Western Cape	1	04:55.23	865		E	
FSA008	1324	Makhantshe Monelo	Free State	1	05:00.37	838		E	
GAU002	1415	Salvation Babedi	Gauteng	1	05:03.49	823		E	
MPU002	1849	Inge Brewis	Mpumalanga	1	05:10.25	791		E	
ECA135	1208	Phumeza Yonga	Eastern Cape	1	05:10.49	790		E	
LIM008	1771	Seipati Makwaeba	Limpopo	1	05:11.48	785		E	
CNW070	82	Barkas Storm	Central North West	1	05:11.77	784		E	
KZN038	1685	Nonkanyiso Manukuza	Kwazulu Natal	1	05:16.96	761		E	
GAU014	1543	Mirriam Merina	Gauteng	2	04:03.71	1323		E	R
GAU028	1615	Nicole van der Merwe	Gauteng	2	04:48.14	905		E	
GAU001	1414	Jessica Aylward	Gauteng	2	04:54.45	869		E	
NCP078	2025	Imke van Rooyen	Northern Cape Province	2	05:01.62	832		E	
FSA007	1271	Sibongile Hlangjwa	Free State	2	05:06.59	808		E	
KZN039	1731	Nondumiso Zikhali	Kwazulu Natal	2	05:14.31	773		E	
NWP007	2393	Cilliers Danielle	North West Province	2	05:14.34	772		E	
ECA130	1185	Nolwazi Sonjica	Eastern Cape	2	05:20.11	748		E	
WCP198	2182	Madelein Nel	Western Cape	2	05:21.01	744		E	

156	G-15	Girls - Sub-Youth : 1500 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU032	1636	Carin Viljoen	Gauteng	1	04:37.84	971		E	
GAU014	1543	Mirriam Merina	Gauteng	2	04:38.85	964		E	
GAU028	1615	Nicole van der Merwe	Gauteng	3	04:40.56	953		E	
GAU001	1414	Jessica Aylward	Gauteng	5	04:48.14	905		E	
GAU002	1415	Salvation Babedi	Gauteng	6	04:52.50	880		E	
WCP169	2082	Allison de Wet	Western Cape	8	04:55.05	866		E	
NCP078	2025	Imke van Rooyen	Northern Cape Province	9	05:00.08	840		E	
FSA008	1324	Makhantshe Monelo	Free State	10	05:00.89	836		E	
FSA007	1271	Sibongile Hlangjwa	Free State	11	05:06.37	809		E	
MPU002	1849	Inge Brewis	Mpumalanga	12	05:09.73	793		E	

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G-15 Girls - Sub-Youth

110	G-15	Girls - Sub-Youth : 90 m Hurdles					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU018	1570	Thea Penberthy	Gauteng	1	00:12.93	979		E	
GAU020	1575	Lee-Chelle Pottas	Gauteng	1	00:13.41	930		E	
WCP180	2190	Jodri Oosthuizen	Western Cape	1	00:13.70	903		E	
NCP077	2028	Lezaan van Rooyen	Northern Cape Province	1	00:14.90	807		E	
NWP001	2387	Zandra Vermeulen	North West Province	2	00:13.22	949		E	
WCP175	2164	Manilinde Maritz	Western Cape	2	00:13.22	949		E	
WPI012	1070	Janke van Wyk	Athletics Western Prov	2	00:13.82	892		E	
MPU012	1920	Marchelle Nortje	Mpumalanga	2	00:13.86	888		E	
MPU004	1854	Carmen Cronje	Mpumalanga	2	00:13.92	883		E	
LIM001	1738	Jessica Booyens	Limpopo	2	00:14.16	863		E	
NWP008	2394	Prinsloo Eslene	North West Province	3	00:13.45	926		E	
GAU005	1460	Micayla du Toit	Gauteng	3	00:13.54	917		E	
FSA009	1399	Maryna van Wyk	Free State	3	00:13.72	901		E	
FSA010	1396	Leandri van Rensburg	Free State	3	00:13.78	896		E	
GAN214	361	Bernike van Dyk	Athletics Gauteng North	3	00:13.96	880		E	
MPU011	1917	Njabuliso Ngomane	Mpumalanga	3	00:14.31	851		E	
ECA120	1125	Shanna - Lee Koen	Eastern Cape	3	00:15.79	748		E	
WCP171	2087	Nienka du Toit	Western Cape	4	00:13.17	954		E	
GAU022	1580	Ju-Mari Robertson	Gauteng	4	00:13.58	914		E	
GAN213	344	Chantelle Strauss	Athletics Gauteng North	4	00:13.76	897		E	
LIM011	1805	Marizelle Pretorius	Limpopo	4	00:13.91	884		E	
GAN212	296	Ella Osae	Athletics Gauteng North	4	00:14.00	876		E	
NCP076	2009	Michelle Rademeyer	Northern Cape Province	4	00:14.68	823		E	

141	G-15	Girls - Sub-Youth : 90 m Hurdles					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU018	1570	Thea Penberthy	Gauteng	1	00:12.89	983		E	
WCP175	2164	Manilinde Maritz	Western Cape	2	00:13.05	966		E	
NWP001	2387	Zandra Vermeulen	North West Province	3	00:13.12	959		E	
GAU005	1460	Micayla du Toit	Gauteng	4	00:13.20	951		E	
WCP171	2087	Nienka du Toit	Western Cape	5	00:13.33	938		E	
GAU020	1575	Lee-Chelle Pottas	Gauteng	6	00:13.41	930		E	
GAU022	1580	Ju-Mari Robertson	Gauteng	7	00:13.70	903		E	
NWP008	2394	Prinsloo Eslene	North West Province	8	00:14.27	854		E	

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G-15 Girls - Sub-Youth

240	G-15	Girls - Sub-Youth : 300 m Hurdles					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN216	388	Wilmarie Weyers	Athletics Gauteng North	1	00:44.42	900		E	
GAN211	212	Hestia Hanekom	Athletics Gauteng North	1	00:44.77	891		E	
LIM006	1760	Lina Kunutu	Limpopo	1	00:47.10	836		E	
ECA114	1094	Maryke Dalton	Eastern Cape	1	00:50.86	761		E	
VAT071	589	Elme Rothman	Vaal Triangle	1	00:58.94	637		E	
GAU018	1570	Thea Penberthy	Gauteng	2	00:44.60	895		E	
GAN200	206	Jeanelle Griesel	Athletics Gauteng North	2	00:44.71	892		E	
WCP175	2164	Manilinde Maritz	Western Cape	2	00:45.69	868		E	
FSA005	1230	Hesmari Coetzee	Free State	2	00:46.40	852		E	
CNW068	41	Denise Hartman	Central North West	2	00:47.51	827		E	
MPU012	1920	Marchelle Nortje	Mpumalanga	2	00:48.36	809		E	
CGA052	823	Zandile Mndiniso	Central Gauteng	2	00:50.45	769		E	
VAT068	563	Celest le Roux	Vaal Triangle	2	00:55.77	681		E	
NWP008	2394	Eslene Prinsloo	North West Province	3	00:44.87	888		E	
GAN213	344	Chantelle Strauss	Athletics Gauteng North	3	00:45.28	878		E	
GAU022	1580	Ju-Mari Robertson	Gauteng	3	00:46.01	861		E	
GAU025	1588	Corien Schoonwinkel	Gauteng	3	00:47.38	830		E	
NCP077	2028	Lezaan van Rooyen	Northern Cape Province	3	00:48.21	812		E	
NWP025	2411	Migan Lingensfelder	North West Province	3	00:48.35	810		E	
MPU004	1854	Carmen Cronje	Mpumalanga	3	00:50.41	770		E	
LIA009	999	Magriet Jordaan	Limpopo Athletics	3	00:51.15	756		E	

321	G-15	Girls - Sub-Youth : 300 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN216	388	Wilmarie Weyers	Athletics Gauteng North	1	00:43.70	919		E	
GAN200	206	Jeanelle Griesel	Athletics Gauteng North	2	00:43.88	914		E	
GAN211	212	Hestia Hanekom	Athletics Gauteng North	3	00:44.15	907		E	
GAU018	1570	Thea Penberthy	Gauteng	4	00:44.72	892		E	
WCP175	2164	Manilinde Maritz	Western Cape	5	00:44.92	887		E	
GAN213	344	Chantelle Strauss	Athletics Gauteng North	6	00:46.07	859		E	
NWP008	2394	Eslene Prinsloo	North West Province	7	00:46.31	854		E	
GAU022	1580	Ju-Mari Robertson	Gauteng	8	00:46.89	841		E	

125	G-15	Girls - Sub-Youth : 5000 m Walk					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP205	2076	Leandre Daniels	Western Cape	1	28:52.99	897		E	
NWP021	2407	Filane Semakalene	North West Province	2	29:55.11	881		E	
GAU021	1577	Rachelle Pretorius	Gauteng	3	30:05.96	879		E	
WCP206	2124	Chante Hoffeldt	Western Cape	4	30:17.44	876		E	
CGA302	2260	Maxine Klinkenberg	Central Gauteng	5	30:21.90	875		E	
CNW069	28	Rene du Plessis	Central North West	6	31:25.78	860		E	
FSA039	1393	Annieka vd Westhuizen	Free State	7	31:25.99	860		E	
WCP176	2171	Delia Meyer	Western Cape	8	33:23.45	835		E	
WCP207	2108	Pauline Graaff	Western Cape	9	34:51.32	817		E	

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24	G-15 Girls - Sub-Youth : High Jump						Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU012	1507	Marne Kriedeman	Gauteng	1	1.60	790	E		
GAN219	356	Danielle van den Berg	Athletics Gauteng North	2	1.60	790	E		
GAN218	374	Renate van Tonder	Athletics Gauteng North	2	1.60	790	E		
FSA027	1328	Jackie Muller	Free State	4	1.60	790	E		
FSA025	1308	Mcayla Minnie	Free State	4	1.60	790	E		
WCP197	2135	Geraldine King	Western Cape	6	1.60	790	E		
CGA055	842	Bianca Odendaal	Central Gauteng	7	1.55	728	E		
WCP168	2065	Ami Claasen	Western Cape	8	1.55	728	E		
ECA127	1173	Mariska Pieters	Eastern Cape	9	1.55	728	E		
NWP009	2395	Tanya V Deventer	North West Province	10	1.55	728	E		
GAU003	1440	Danielle Carstens	Gauteng	11	1.55	728	E		
NWP010	2396	Bernnete Oosthuizen	North West Province	12	1.50	666	E		
GAN217	307	Mieke Pretorius	Athletics Gauteng North	13	1.50	666	E		
FSA028	1408	Leonie Wehrmeyer	Free State	14	1.50	666	E		
CGA054	840	Cara Nosworthy	Central Gauteng	15	1.45	603	E		
FSA026	1262	Mari Greyling	Free State	15	1.45	603	E		
KZN026	1722	Chanel Stone	Kwazulu Natal	15	1.45	603	E		
WCP189	2115	Claudia Hall	Western Cape	15	1.45	603	E		
LIM002	1743	Michelle Chipalana	Limpopo	19	1.45	603	E		
LIM004	1752	Ilanie Heystell	Limpopo	19	1.45	603	E		
GAN214	361	Bernike van Dyk	Athletics Gauteng North	19	1.45	603	E		
MPU009	1893	Tintswalo Mabaso	Mpumalanga	19	1.45	603	E		
LIM012	1808	Tanya Prinsloo	Limpopo	23	1.45	603	E		
NCP065	1962	Mariska Blom	Northern Cape Province	24	1.45	603	E		
FSA196	1327	Isabel Muller	Free State	25	1.45	603	E		
ECA133	1196	Desiree Van Wyk	Eastern Cape	26	1.40	540	E		

173	G-15 Girls - Sub-Youth : High Jump						Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU012	1507	Marne Kriedeman	Gauteng	1	1.70	912	E		
FSA025	1308	Mcayla Minnie	Free State	2	1.70	912	E		
WCP197	2135	Geraldine King	Western Cape	3	1.65	851	E		
WCP168	2065	Ami Claasen	Western Cape	4	1.60	790	E		
GAU003	1440	Danielle Carstens	Gauteng	5	1.55	728	E		
ECA127	1173	Mariska Pieters	Eastern Cape	6	1.55	728	E		
FSA027	1328	Jackie Muller	Free State	6	1.55	728	E		
CGA055	842	Bianca Odendaal	Central Gauteng	8	1.55	728	E		
GAN218	374	Renate van Tonder	Athletics Gauteng North	9	1.55	728	E		
GAN219	356	Danielle van den Berg	Athletics Gauteng North	10	1.50	666	E		

175	G-15 Girls - Sub-Youth : Pole Vault						Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP184	2210	Kaithlyn Sparks	Western Cape	1	3.13	811	E	R	
FSA035	1376	Bianca Steyn	Free State	2	2.70	534	E		
FSA036	1409	Tharina Welthagen	Free State	3	2.60	468	E		
FSA037	1377	Monnica Steyn	Free State	4	2.50	400	E		
WCP195	2069	Rozanne Compion	Western Cape	5	2.40	332	E		
FSA038	1281	Esli Lamley	Free State	6	2.30	263	E		

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172	G-15	Girls - Sub-Youth : Long Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA036	1030	Carla Johnson	Western Province	1	5.92	1007	2.1	E	R
GAN211	212	Hestia Hanekom	Athletics Gauteng North	2	5.62	900		E	
MPU012	1920	Marchelle Nortje	Mpumalanga	3	5.56	878		E	
GAU034	1645	Carla Werth	Gauteng	4	5.53	867		E	
GAN201	318	Subrina Schlesinger	Athletics Gauteng North	5	5.50	856		E	
WCP174	2158	Gezelle Magerman	Western Cape	6	5.42	826		E	
WCP196	2131	Jody Johannes	Western Cape	7	5.40	819		E	
NWP011	2397	Kruger Eljone	North West Province	8	5.39	815		E	
GAN221	321	Somien Schutte	Athletics Gauteng North	9	5.23	756		E	
CGA308	2261	Luzandre van Zyl	Central Gauteng	10	5.20	745		E	
ECA129	1181	Cayla Seddon	Eastern Cape	11	5.18	737		E	
GAU024	1585	Lizandi Schoeman	Gauteng	12	5.15	726		E	
FSA004	1361	Carlize Roets	Free State	13	5.14	722		E	
GAN222	231	Marne Kruger	Athletics Gauteng North	14	5.12	715		E	
FSA029	1235	Sollie Cronje	Free State	15	5.11	711		E	
LIM012	1808	Tanya Prinsloo	Limpopo	16	5.11	711		E	
MPU003	1852	Laniel Claassen	Mpumalanga	17	5.08	700		E	
CNW071	16	Rudine Botha	Central North West	18	5.07	696		E	
GAU029	1624	Megan van Rooyen	Gauteng	19	5.01	674		E	
WCP170	2084	Emma Douglas	Western Cape	20	4.96	655		E	
ECA118	1115	Maruska J Van Rensburg	Eastern Cape	21	4.86	617		E	
FSA031	1241	Carla Dippenaar	Free State	22	4.83	606		E	
NWP026	2412	Leandri Oosthuizen	North West Province	23	4.81	598		E	
NWP012	2398	Smith Jocinda	North West Province	24	4.79	591		E	
ECA124	1159	Ambre Nakas	Eastern Cape	25	4.78	587		E	
NCP073	2001	K Motshabi	Northern Cape Province	26	4.76	579		E	
LIM006	1760	Lina Kunutu	Limpopo	27	4.70	557		E	
FSA030	1342	Moleboheng Pherane	Free State	28	4.70	557		E	
SWD035	468	Charney Williams	South Western Districts	29	4.65	537		E	
SWD036	450	Anria Jordaan	South Western Districts	30	4.52	487		E	

133	G-15	Girls - Sub-Youth : Triple Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU024	1585	Lizandi Schoeman	Gauteng	1	10.90	814	1.5	E	
GAU029	1624	Megan van Rooyen	Gauteng	2	10.83	802		E	
FSA032	1320	Molebogo Molefe	Free State	3	10.81	798		E	
ECA118	1115	Maruska J Van Rensburg	Eastern Cape	4	10.59	758		E	
FSA033	1403	Suane van Zyl	Free State	5	10.52	745		E	
GAN221	321	Somien Schutte	Athletics Gauteng North	6	10.49	739		E	
GAU008	1477	Dana Hagen	Gauteng	7	10.37	717		E	
ECA117	1105	Tayla Gardiner	Eastern Cape	8	10.18	682		E	
FSA034	1297	Hendra Marx	Free State	9	10.03	654		E	
KZN056	1673	Danell Kleynhans	Kwazulu Natal	10	9.99	647		E	
NWP013	2399	Pieterse E	North West Province	11	9.90	630		E	
SWD038	464	Kayla Thirriion	South Western Districts	12	9.83	617		E	
NWP014	2400	Van Zyl Corina	North West Province	13	9.63	579		E	
WCP172	2143	Sarah Krumbock	Western Cape	14	9.40	536		E	
LIM007	1770	Shanduwe Makhura	Limpopo	15	9.39	534		E	

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284	G-15	Girls - Sub-Youth : Shot Put					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU007	1472	Leandri Geel	Gauteng	1	14.20	937		E	R
GAU033	1643	Monique Wagner	Gauteng	2	13.82	929		E	
GAU030	1625	Wine van Rooyen	Gauteng	3	13.37	921		E	
ECA119	1118	Anneka Kapp	Eastern Cape	4	13.34	920		E	
KZN057	1701	Meagan Nell	Kwazulu Natal	5	13.15	917		E	
NWP015	2401	Nel Linda	North West Province	5	13.15	917		E	
LIM010	1803	Johane Pistorius	Limpopo	7	0.13	0		E	
BOL072	671	Angeline Smit	Boland	8	12.52	905		E	
LIM019	1839	Rirhandzu Xikwambana	Limpopo	9	12.30	901		E	
GAN224	195	Dorelde Erasmus	Athletics Gauteng North	10	12.28	901		E	

104	G-15	Girls - Sub-Youth : Discus Throw					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU007	1472	Leandri Geel	Gauteng	1	43.18	1006		E	R
GAU016	1563	Ashley Nieuwenhuzen	Gauteng	2	41.10	982		E	
WCP183	2206	Angeline Smit	Western Cape	3	39.21	963		E	
LIM010	1803	Johane Pistorius	Limpopo	4	38.46	956		E	
ECA119	1118	Anneka Kapp	Eastern Cape	5	36.79	941		E	
GAU035	1649	Jasmine Ziegelmeier	Gauteng	6	34.96	925		E	
NWP017	2403	Botha Cornelia	North West Province	7	33.88	916		E	
NCP075	2008	Lize POTTas	Northern Cape Province	8	33.85	916		E	
NWP028	2414	Pretorius Diane	North West Province	9	31.46	892		E	
FSA017	1255	Imke Fourie	Free State	10	31.17	887		E	
FSA013	1226	Marlie Campher	Free State	11	30.33	872		E	
LIM005	1758	Soretha Kruger	Limpopo	12	29.58	858		E	
VAT077	555	Simone Jacobs	Vaal Triangle	13	29.04	847		E	
NWP018	2404	Gouws Larissa	North West Province	14	28.62	839		E	
CGA049	784	Danae Kloppers	Central Gauteng	15	28.58	838		E	
FSA016	1229	Esmari Coetzee	Free State	16	12.15	422		E	
TRA062	529	Siphosihle Vusweni	Transkei	17	18.03	602		E	

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219	G-15	Girls - Sub-Youth : Javelin				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP192	2234	Jo-Anne van Dyk	Western Cape	1	49.19	987	E	R
NCP153	2418	Janke Steenkamp	Northern Cape Province	2	43.01	930	E	
GAU004	1452	Amone de Wet	Gauteng	3	40.49	909	E	
NWP020	2406	Welmarie Wessels	North West Province	4	40.11	907	E	
FSA020	1219	Sunel Botha	Free State	5	38.76	891	E	
FSA018	1254	Chandre Fouche	Free State	6	37.96	877	E	
WCP185	2235	Carlien van Eeden	Western Cape	7	37.79	874	E	
CGA046	765	Kimberly Hand	Central Gauteng	8	37.42	868	E	
NWP015	2401	Nel Linda	North West Province	9	37.23	864	E	
FSA019	1392	Line van der Watt	Free State	10	37.03	861	E	
FSA021	1227	Izel Cilliers	Free State	11	36.38	849	E	
SWD033	459	Cecilia Strydom	South Western Districts	12	36.30	848	E	
MPU014	1931	Genevieve Procter Parker	Mpumalanga	13	36.29	848	E	
GAN230	285	Ronel Naude	Athletics Gauteng North	14	36.28	847	E	
GAN231	183	Chanel Dippenaar	Athletics Gauteng North	15	36.18	846	E	
BOI037	714	Petra Moolman	Boland Individual	16	36.17	845	E	
WCP210	2102	Aneke Germishuys	Western Cape	17	35.21	828	E	
GAN229	187	Danielle du Plooy	Athletics Gauteng North	18	35.18	827	E	
GAU010	1504	Michaela Kok	Gauteng	19	35.09	826	E	
GAU017	1568	Natasha Oeschger	Gauteng	20	34.71	819	E	
ECA112	1086	Eliska Buchner	Eastern Cape	21	34.46	814	E	
NWP029	2415	Van Zyl Christone	North West Province	22	34.39	813	E	
ECA115	1101	Elmore Ferreira	Eastern Cape	23	33.23	791	E	
NWP030	2416	De Koker H	North West Province	24	32.20	771	E	

18	G-15	Girls - Sub-Youth : Hammer Throw				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA122	1148	Nadia Meiring	Eastern Cape	1	48.98	921	E	R
ECA111	1080	Bianca Blom	Eastern Cape	2	48.83	921	E	R
FSA012	1279	Rozanne Kruger	Free State	3	47.79	916	E	R
ECA113	1092	Margaretha Cumming	Eastern Cape	4	41.45	873	E	R
FSA022	1248	Elizma Eksteen	Free State	5	40.12	859	E	R
FSA023	1274	Jennifer J van Vuuren	Free State	6	38.53	842	E	R
WCP178	2179	Carla Mulder	Western Cape	7	38.12	837	E	R
ECA128	1178	Duane Rosslee	Eastern Cape	9	37.33	829	E	R
WCP179	2187	Tilanie Oettle	Western Cape	10	37.29	828	E	R
MPU016	1943	Alisia vd Merwe	Mpumalanga	11	30.48	747	E	
FSA024	1387	Tazlin Trout	Free State	12	29.14	729	E	

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G-17 Girls - Youth

33	G-17	Girls - Youth : 100 m		Heats					
				Athlete	Team	Place	Performance	Table point	Wind
GAU058	1528	Tebogo Mamathu	Gauteng	1	1	00:11.86	941	1.5	E
KZN053	1686	Shanice Marnice	Kwazulu Natal	1	2	00:12.22	876	1.5	E
NCP058	2015	Amore Serfontein	Northern Cape Province	1	3	00:12.41	845	1.5	E
CGA021	744	Nisea Coetsee	Central Gauteng	1	4	00:12.74	796	1.5	E
MPU020	1864	Anzel Fourie	Mpumalanga	1	5	00:13.00	761	1.5	E
VAT050	551	Carlien Heunis	Vaal Triangle	1	6	00:13.15	741	1.5	E
NWP032	2357	Nel Ariane	North West Province	2	1	00:12.06	904	4.2	E
MPU025	1879	Celeste Joubert	Mpumalanga	2	2	00:12.38	850	4.2	E
CNW064	90	Nicole vd Walt	Central North West	2	3	00:12.54	825	4.2	E
LIM052	1815	Liezel Scholtz	Limpopo	2	4	00:00.00	0	1258	E
GAN158	278	Jonine Moller	Athletics Gauteng North	2	5	00:12.79	789	4.2	E
MPU032	1928	Ingrid Potgieter	Mpumalanga	2	6	00:13.21	734	4.2	E
CGA035	835	Hope Ngwenya	Central Gauteng	2	7	00:13.25	729	4.2	E
WCP208	2181	Shannon Naude	Western Cape	3	1	00:12.46	837	0	E
LIM045	1775	Tanya Marais	Limpopo	3	2	00:12.55	824	0	E
FSA040	1381	Lizelle Struwig	Free State	3	3	00:12.67	806	0	E
VAT052	561	Natasha Kotzee	Vaal Triangle	3	4	00:12.74	796		E
LIA004	1004	Albertina Mabotja	Limpopo Athletics	3	5	00:13.37	715	0	E
KZA014	975	Slindile Ngcobo	Kwazulu Natal Athletics	3	6	00:13.64	683	0	E
GAN155	188	Simone du Plooy	Athletics Gauteng North	4	1	00:12.36	853	1.4	E
KZN082	1713	Beamarie Schutte	Kwazulu Natal	4	2	00:12.41	845	1.4	E
GAN156	279	Reabetswe Moloji	Athletics Gauteng North	4	3	00:12.55	824	1.4	E
GAU051	1491	Annuscka J van vuuren	Gauteng	4	4	00:12.67	806	1.4	E
CGA040	871	Christin Thomas	Central Gauteng	4	5	00:12.71	800	1.4	E
ECA104	1189	Zanri Strydom	Eastern Cape	4	6	00:12.82	785	1.4	E
VAT049	568	Lara Maree	Vaal Triangle	4	7	00:13.46	704	1.4	E
GAU064	1599	Carina Swiegers	Gauteng	5	1	00:12.17	884	2.8	E
WCP153	2178	Cathy-Ann Morkel	Western Cape	5	2	00:12.40	847	2.8	E
VAT048	586	Leandri Potgieter	Vaal Triangle	5	3	00:12.46	837	2.8	E
ECA103	1188	Imke Steyn	Eastern Cape	5	4	00:12.60	816	2.8	E
GAU054	1496	Olivia Jordaan	Gauteng	5	5	00:12.70	802	2.8	E
KZA002	951	Claudia Griessel	Kwazulu Natal Athletics	5	6	00:13.15	741	2.8	E
TRA050	481	Zizile Jojo	Transkei	5	7	00:13.26	728	2.8	E
TRA051	493	Akhona Mangxa	Transkei	5	8	00:14.87	561	2.8	E

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G-17 Girls - Youth

119	G-17	Girls - Youth : 100 m				Semi-Finals			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP032	2357	Nel Ariane	North West Province	1	00:12.14	889	0.4	E	
WCP153	2178	Cathy-Ann Morkel	Western Cape	1	00:12.37	851	0.4	E	
GAN156	279	Reabetswe Moloji	Athletics Gauteng North	1	00:12.57	821	0.4	E	
WCP208	2181	Shannon Naude	Western Cape	1	00:12.63	812	0.4	E	
NCP058	2015	Amore Serfontein	Northern Cape Province	1	00:12.66	807	0.4	E	
ECA103	1188	Imke Steyn	Eastern Cape	1	00:12.85	781	0.4	E	
CGA040	871	Christin Thomas	Central Gauteng	1	00:12.88	777	0.4	E	
GAU058	1528	Tebogo Mamathu	Gauteng	2	00:11.96	922	1.7	E	
MPU025	1879	Celeste Joubert	Mpumalanga	2	00:12.50	831	1.7	E	
KZN053	1686	Shanice Marnice	Kwazulu Natal	2	00:12.58	819	1.7	E	
GAU054	1496	Olivia Jordaan	Gauteng	2	00:12.82	785	1.7	E	
ECA104	1189	Zanri Strydom	Eastern Cape	2	00:12.96	766	1.7	E	
GAU051	1491	Annuscka J van vuuren	Gauteng	2	00:12.98	763	1.7	E	
VAT048	586	Leandri Potgieter	Vaal Triangle	2	00:13.03	757	1.7	E	
GAU064	1599	Carina Swiegers	Gauteng	3	00:12.32	859	1.7	E	
GAN155	188	Simone du Plooy	Athletics Gauteng North	3	00:12.38	850	1.7	E	
KZN082	1713	Beamarie Schutte	Kwazulu Natal	3	00:12.41	845	1.7	E	
VAT052	561	Natasha Kotzee	Vaal Triangle	3	00:12.65	809	1.7	E	
LIM045	1775	Tanya Marais	Limpopo	3	00:12.68	805	1.7	E	
FSA040	1381	Lizelle Struwig	Free State	3	00:12.79	789	1.7	E	
CGA021	744	Nisea Coetsee	Central Gauteng	3	00:12.87	778	1.7	E	

188	G-17	Girls - Youth : 100 m				Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	1528	Tebogo Mamathu	Gauteng	1	00:11.86	941	3.1	E	
NWP032	2357	Nel Ariane	North West Province	2	00:12.01	913	3.1	E	
GAN155	188	Simone du Plooy	Athletics Gauteng North	3	00:12.25	871	3.1	E	
KZN082	1713	Beamarie Schutte	Kwazulu Natal	4	00:12.31	861	3.1	E	
GAU064	1599	Carina Swiegers	Gauteng	5	00:12.31	861	3.1	E	
MPU025	1879	Celeste Joubert	Mpumalanga	6	00:12.38	850	3.1	E	
WCP153	2178	Cathy-Ann Morkel	Western Cape	7	00:12.39	848	3.1	E	
GAN156	279	Reabetswe Moloji	Athletics Gauteng North	8	00:12.55	824	3.1	E	

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G-17 Girls - Youth

229	G-17	Girls - Youth : 200 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIA004	1004	Albertina Mabotja	Limpopo Athletics	6	00:27.56	729		E	
NWP032	2357	Nel Ariane	North West Province	1	00:25.18	864		E	
ECA103	1188	Imke Steyn	Eastern Cape	1	00:25.48	844		E	
GAU051	1491	Annuscka J van vuuren	Gauteng	1	00:26.14	804		E	
CGA020	737	Gillian Booyesen	Central Gauteng	1	00:26.45	787		E	
EPA032	892	Simone Barkhuizen	Eastern Province	1	00:27.05	754		E	
AMP010	412	Nicola Schoeman	Athletics Mpumalanga	1	00:27.76	719		E	
GAU058	1528	Tebogo Mamathu	Gauteng	2	00:24.33	925		E	
WCP160	2119	Robin Haupt	Western Cape	2	00:25.17	865		E	
GAU052	1493	Bianca Jones	Gauteng	2	00:25.19	863		E	
WCP208	2181	Shannon Naude	Western Cape	2	00:25.46	846		E	
GAU054	1496	Olivia Jordaan	Gauteng	2	00:26.47	786		E	
VAT054	548	Ame Grobler	Vaal Triangle	2	00:27.21	746		E	
MPU025	1879	Celeste Joubert	Mpumalanga	3	00:25.54	841		E	
LIM052	1815	Liezel Scholtz	Limpopo	3	00:25.76	827		E	
NCP058	2015	Amore Serfontein	Northern Cape Province	3	00:25.78	826		E	
MPU020	1864	Anzel Fourie	Mpumalanga	3	00:26.75	770		E	
TRA050	481	Zizile Jojo	Transkei	3	00:27.14	750		E	
GAN155	188	Simone du Plooy	Athletics Gauteng North	4	00:24.84	887		E	
FSA040	1381	Lizelle Struwig	Free State	4	00:25.53	841		E	
LIM045	1775	Tanya Marais	Limpopo	4	00:25.58	838		E	
NWP061	2386	Ileze Van Rooyen	North West Province	4	00:26.37	791		E	
VAT050	551	Carlien Heunis	Vaal Triangle	4	00:26.71	772		E	
KZA002	951	Claudia Griessel	Kwazulu Natal Athletics	4	00:27.26	744		E	
CGA035	835	Hope Ngwenya	Central Gauteng	4	00:27.61	726		E	
GAN159	326	Janet Seeliger	Athletics Gauteng North	5	00:24.70	897		E	
KZN053	1686	Shanice Marnice	Kwazulu Natal	5	00:25.13	867		E	
VAT052	561	Natasha Kotzee	Vaal Triangle	5	00:25.73	829		E	
FSA041	1213	Sune Alberts	Free State	5	00:26.02	811		E	
CGA021	744	Nisea Coetsee	Central Gauteng	5	00:26.12	806		E	
NCP059	2022	Elsa van Blerk	Northern Cape Province	5	00:27.32	741		E	

277	G-17	Girls - Youth : 200 m					Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	1528	Tebogo Mamathu	Gauteng	1	00:24.59	905	1.7	E	
NWP032	2357	Nel Ariane	North West Province	1	00:25.07	871		E	
ECA103	1188	Imke Steyn	Eastern Cape	1	00:25.38	851		E	
VAT052	561	Natasha Kotzee	Vaal Triangle	1	00:25.53	841		E	
FSA040	1381	Lizelle Struwig	Free State	1	00:25.56	839		E	
LIM045	1775	Tanya Marais	Limpopo	1	00:25.79	825		E	
MPU025	1879	Celeste Joubert	Mpumalanga	1	00:25.87	820		E	
FSA041	1213	Sune Alberts	Free State	1	00:26.00	813		E	
GAN159	326	Janet Seeliger	Athletics Gauteng North	2	00:24.41	918	0.6	E	
GAN155	188	Simone du Plooy	Athletics Gauteng North	2	00:24.60	904	0.6	E	
KZN053	1686	Shanice Marnice	Kwazulu Natal	2	00:24.95	880	0.6	E	
GAU052	1493	Bianca Jones	Gauteng	2	00:25.16	865	0.6	E	
WCP160	2119	Robin Haupt	Western Cape	2	00:25.17	865	0.6	E	
WCP208	2181	Shannon Naude	Western Cape	2	00:25.58	838	0.6	E	
NCP058	2015	Amore Serfontein	Northern Cape Province	2	00:25.69	831	0.6	E	
LIM052	1815	Liezel Scholtz	Limpopo	2	00:26.17	803	0.6	E	

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351		G-17 Girls - Youth : 200 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU058	1528	Tebogo Mamathu	Gauteng	1	00:24.54	909	-2.1	E	
GAN159	326	Janet Seeliger	Athletics Gauteng North	2	00:25.13	867	-2.1	E	
GAN155	188	Simone du Plooy	Athletics Gauteng North	3	00:25.18	864	-2.1	E	
KZN053	1686	Shanice Marnice	Kwazulu Natal	4	00:25.30	856	-2.1	E	
NWP032	2357	Nel Ariane	North West Province	5	00:25.71	830	-2.1	E	
GAU052	1493	Bianca Jones	Gauteng	6	00:25.74	828	-2.1	E	
WCP160	2119	Robin Haupt	Western Cape	7	00:26.08	808	-2.1	E	
ECA103	1188	Imke Steyn	Eastern Cape	8	00:26.32	794	-2.1	E	

48		G-17 Girls - Youth : 400 m					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
ECA100	1170	Nina Olivier	Eastern Cape	1	00:00.00	0		E	
FSA041	1213	Sune Alberts	Free State	1	00:00.00	0		E	
FSA043	1217	Dzunisani Bolyi	Free State	1	00:00.00	0		E	
BOL067	674	Helene Swanepoel	Boland	1	00:00.00	0		E	
GAN159	326	Janet Seeliger	Athletics Gauteng North	1	00:00.00	0		E	
NCP052	1982	Anna-Marie Hugo	Northern Cape Province	1	00:00.00	0		E	
WCP161	2134	Simone Kapp	Western Cape	1	00:00.00	0		E	
NWP034	2359	Goitseona Ramonye	North West Province	1	00:00.00	0		E	
GAU064	1599	Carina Swiegers	Gauteng	1	00:00.00	0		E	

166		G-17 Girls - Youth : 400 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN159	326	Janet Seeliger	Athletics Gauteng North	1	00:54.90	959		E	
GAU064	1599	Carina Swiegers	Gauteng	2	00:55.58	938		E	
BOL067	674	Helene Swanepoel	Boland	3	00:56.14	921		E	
FSA041	1213	Sune Alberts	Free State	4	00:57.22	890		E	
WCP161	2134	Simone Kapp	Western Cape	5	00:57.83	874		E	
FSA043	1217	Dzunisani Bolyi	Free State	6	00:58.23	863		E	
NWP034	2359	Goitseona Ramonye	North West Province	7	00:58.43	858		E	
ECA100	1170	Nina Olivier	Eastern Cape	8	00:59.57	830		E	

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G-17 Girls - Youth

202	G-17	Girls - Youth : 800 m		Heats					
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP162	2142	Zani Kruger	Western Cape	3	02:14.90	850		E	
GAN160	345	Lize Strydom	Athletics Gauteng North	1	02:15.12	847		E	
GAU048	1469	Duanne Fourie	Gauteng	1	02:15.42	844		E	
GAN163	363	Aynslee van Graan	Athletics Gauteng North	1	02:16.00	837		E	
WCP141	2199	Alexandra Quenet	Western Cape	1	02:19.04	804		E	
CGA039	862	Karin Steinman	Central Gauteng	1	02:22.71	768		E	
TRA052	482	Sinazo Kalvas	Transkei	1	02:32.94	679		E	
FSA074	1400	Arne van Zyl	Free State	1	02:34.13	670		E	
BOI034	710	Marise Malherbe	Boland Individual	2	02:13.17	870		E	
GAU047	1467	Lizerie Ferreira	Gauteng	2	02:13.51	866		E	
KZA005	959	Gena Lofstrand	Kwazulu Natal Athletics	2	02:15.30	845		E	
MPU022	1874	Mareli Hiemstra	Mpumalanga	2	02:15.60	842		E	
CGA026	775	Susanna Jonker	Central Gauteng	2	02:20.10	794		E	
GAN162	289	Maryke Nel	Athletics Gauteng North	2	02:21.76	777		E	
LIM040	1741	Chantel Bredenkamp	Limpopo	2	02:25.13	745		E	
GAU063	1594	Monique Stander	Gauteng	3	02:13.56	866		E	
GAU038	1435	Nicole Breuker	Gauteng	3	02:14.89	850		E	
WCP166	2228	Icarien van de Venter	Western Cape	3	02:18.40	811		E	
NCP061	2024	Anri van Rooyen	Northern Cape Province	3	02:18.47	810		E	
WCP130	2049	Christine Bosch	Western Cape	3	02:19.34	801		E	
CGA028	779	Sanna Kgosi	Central Gauteng	3	02:27.97	720		E	
NWP035	2360	Marais Claunine	North West Province	3	02:30.97	695		E	
ECA098	1161	Zenande Ndzungu	Eastern Cape	3	00:23.19	0		E	R

359	G-17	Girls - Youth : 800 m		Final					
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	1594	Monique Stander	Gauteng	1	02:06.21	964		E	R
BOI034	710	Marise Malherbe	Boland Individual	2	02:10.57	903		E	
GAU047	1467	Lizerie Ferreira	Gauteng	3	02:10.93	898		E	
KZA005	959	Gena Lofstrand	Kwazulu Natal Athletics	4	02:14.06	860		E	
GAN160	345	Lize Strydom	Athletics Gauteng North	5	02:15.02	848		E	
WCP162	2142	Zani Kruger	Western Cape	6	02:20.44	790		E	
GAU048	1469	Duanne Fourie	Gauteng	7	02:23.82	757		E	
GAU038	1435	Nicole Breuker	Gauteng	8	02:28.64	714		E	

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G-17 Girls - Youth

72	G-17	Girls - Youth : 1500 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN163	363	Aynslee van Graan	Athletics Gauteng North	1	04:43.99	858		E	
WCP162	2142	Zani Kruger	Western Cape	1	04:45.27	851		E	
GAU047	1467	Lizerie Ferreira	Gauteng	1	04:45.34	851		E	
CGA036	838	Nasiphi Nobnangaye	Central Gauteng	1	04:49.17	830		E	
WCP133	2145	Laura Labuschagne	Western Cape	1	04:51.42	819		E	
MPU028	1889	Jada Linstrom	Mpumalanga	1	04:57.97	787		E	
LIM040	1741	Chantel Bredekamp	Limpopo	1	05:06.18	750		E	
GAN192	264	Marne Mentz	Athletics Gauteng North	1	05:07.76	743		E	
CGA025	774	Jessica Jacobs	Central Gauteng	1	05:09.54	735		E	
ECA097	1146	Nocawe Mdingawe	Eastern Cape	1	05:16.75	706		E	
WPA035	1039	Pamella Mtshemla	Western Province	1	05:17.27	704		E	
KZN025	1669	Klara Hartman	Kwazulu Natal	1	05:18.15	700		E	
GAU063	1594	Monique Stander	Gauteng	2	04:45.38	851		E	
GAU061	1589	Thandi Sehohle	Gauteng	2	04:47.07	841		E	
NWP036	2361	Dyonki Luleka	North West Province	2	04:47.82	837		E	
GAN165	255	Thandeka Manzana	Athletics Gauteng North	2	04:47.86	837		E	
CGA026	775	Susanna Jonker	Central Gauteng	2	04:51.57	818		E	
NCP061	2024	Anri van Rooyen	Northern Cape Province	2	04:59.81	778		E	
ECA099	1165	Vuyiseka Nkumenge	Eastern Cape	2	05:04.27	758		E	
FSA195	1276	Elzanne Kleynhans	Free State	2	05:27.41	666		E	

158	G-17	Girls - Youth : 1500 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	1594	Monique Stander	Gauteng	1	04:23.95	987		E	
GAU047	1467	Lizerie Ferreira	Gauteng	2	04:35.67	907		E	
GAN163	363	Aynslee van Graan	Athletics Gauteng North	3	04:38.97	887		E	
WCP162	2142	Zani Kruger	Western Cape	4	04:41.67	871		E	
GAU061	1589	Thandi Sehohle	Gauteng	5	04:51.63	818		E	
NWP036	2361	Dyonki Luleka	North West Province	6	04:53.66	808		E	
GAN165	255	Thandeka Manzana	Athletics Gauteng North	7	04:53.94	806		E	
WCP133	2145	Laura Labuschagne	Western Cape	8	04:54.37	804		E	
MPU028	1889	Jada Linstrom	Mpumalanga	9	04:56.78	792		E	
CGA026	775	Susanna Jonker	Central Gauteng	10	04:59.23	781		E	
CGA036	838	Nasiphi Nobnangaye	Central Gauteng	12	05:01.56	770		E	

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G-17 Girls - Youth

236	G-17	Girls - Youth : 3000 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU070	1637	Carina Viljoen	Gauteng	1	09:48.22	1000		E	
GAN194	332	Tshegofatso Sethakgoe	Athletics Gauteng North	2	09:49.91	996		E	
WCP162	2142	Zani Kruger	Western Cape	3	09:53.05	990		E	
GAU072	1614	Nicole van der Merwe	Gauteng	4	09:54.05	988		E	
CGA045	759	Tharien Erasmus	Central Gauteng	5	09:58.00	980		E	
GAU061	1589	Thandi Sehole	Gauteng	6	10:26.35	929		E	
NWP036	2361	Dyonki Luleka	North West Province	7	10:29.04	924		E	
GAU043	1457	Nokuthula Dlamini	Gauteng	8	10:31.91	919		E	
GAU036	1427	Baipidi Bokadie	Gauteng	9	10:38.78	908		E	
GAN166	385	Simone Verwey	Athletics Gauteng North	10	10:39.12	907		E	
CGA025	774	Jessica Jacobs	Central Gauteng	11	10:42.23	902		E	
CGA029	787	Minke Kruger	Central Gauteng	12	10:43.12	901		E	
MPU041	1954	Madri Wiid	Mpumalanga	13	10:48.81	892		E	
ECA099	1165	Vuyiseka Nkumenge	Eastern Cape	14	10:51.11	888		E	
CGA048	778	Robyn Kaltenbrunn	Central Gauteng	15	10:56.94	880		E	
GAN193	176	Krystal de Berg	Athletics Gauteng North	16	11:07.68	864		E	
ECA097	1146	Nocawe Mdingawe	Eastern Cape	17	11:08.25	863		E	
ECA096	1138	Zandiswa Manqo	Eastern Cape	18	11:09.45	861		E	
KZN010	1658	Sonto Dlamini	Kwazulu Natal	19	11:13.09	856		E	
GAN167	330	Vivienne Senekal	Athletics Gauteng North	20	11:14.42	854		E	
EPA035	916	Jammi-Lee Schlemmer	Eastern Province	21	11:21.04	845		E	
NCP050	1967	Bronwym Brown	Northern Cape Province	22	11:24.09	841		E	
KZN025	1669	Klara Hartman	Kwazulu Natal	23	11:25.18	840		E	
MPU037	1938	Alicia Smith	Mpumalanga	24	11:28.89	835		E	
LIM047	1784	Hilda Molokomme	Limpopo	25	11:33.70	828		E	
ECA091	1093	Emihle Cutwana	Eastern Cape	26	11:34.72	827		E	

111 G-17 Girls - Youth : 100 m Hurdles

Heats

		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN169	250	Jeanelle Loubser	Athletics Gauteng North	1	00:14.06	921		E	
GAU069	1631	Cornelia Venter	Gauteng	2	00:14.09	919		E	
GAU055	1508	D'jane Kriedemann	Gauteng	3	00:14.16	912		E	
KZN082	1713	Beamarie Schutte	Kwazulu Natal	4	00:14.44	888		E	
GAU052	1493	Bianca Jones	Gauteng	5	00:14.55	879		E	
GAN171	214	Leah Haynes	Athletics Gauteng North	6	00:14.61	874		E	
CGA024	766	Barbara Hattingh	Central Gauteng	7	00:14.64	872		E	
CNW064	90	Nicole vd Walt	Central North West	8	00:14.67	869		E	

145 G-17 Girls - Youth : 100 m Hurdles

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN169	250	Jeanelle Loubser	Athletics Gauteng North	1	00:14.06	921		E	
GAU069	1631	Cornelia Venter	Gauteng	2	00:14.09	919		E	
GAU055	1508	D'jane Kriedemann	Gauteng	3	00:14.16	912		E	
KZN082	1713	Beamarie Schutte	Kwazulu Natal	4	00:14.44	888		E	
GAU052	1493	Bianca Jones	Gauteng	5	00:14.55	879		E	
GAN171	214	Leah Haynes	Athletics Gauteng North	6	00:14.61	874		E	
CGA024	766	Barbara Hattingh	Central Gauteng	7	00:14.64	872		E	
CNW064	90	Nicole vd Walt	Central North West	8	00:14.67	869		E	

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G-17 Girls - Youth

242	G-17	Girls - Youth : 400 m Hurdles					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWP039	2364	Visagie Tabitha	North West Province	1	00:62.14	918		E	
BOL067	674	Helene Swanepoel	Boland	1	00:62.31	915		E	
GAU062	1593	Aascan Sonnekus	Gauteng	1	00:63.05	901		E	
FSA045	1362	Lize-Louise Roets	Free State	1	00:68.56	812		E	
VAT062	560	Lize Koolmees	Vaal Triangle	1	00:70.27	788		E	
VAT060	532	Corien Blanche	Vaal Triangle	1	00:71.07	777		E	
FSA042	1272	Izanne Jacobs	Free State	2	00:66.23	847		E	
ECA095	1131	Megan Lake	Eastern Cape	2	00:67.58	826		E	
CGA031	815	Loren-Lee Mcdonnell	Central Gauteng	2	00:67.71	824		E	
VAT061	583	Melissa Olivier	Vaal Triangle	2	00:69.20	803		E	
LIM043	1764	Amandri Le Roux	Limpopo	2	00:69.55	798		E	
GAU055	1508	D'jane Kriedemann	Gauteng	3	00:64.09	883		E	
NWP033	2358	Badenhorst Line	North West Province	3	00:64.37	878		E	
GAN172	202	Chrizanne Forssman	Athletics Gauteng North	3	00:65.05	866		E	
NCP052	1982	Anna-Marie Hugo	Northern Cape Province	3	00:69.05	805		E	
VAT056	549	Linne Groenewald	Vaal Triangle	3	00:70.51	785		E	
EPA036	894	Adri Burger	Eastern Province	3	00:72.43	759		E	
KZA007	981	Carmen Potgieter	Kwazulu Natal Athletics	3	00:72.73	756		E	
BOL056	609	Este Burger	Boland	4	00:63.79	888		E	
GAN169	250	Jeanelle Loubser	Athletics Gauteng North	4	00:64.47	876		E	
GAN161	246	Chrystal Liebenberg	Athletics Gauteng North	4	00:64.74	872		E	
MPU035	1934	Tanie Rheeder	Mpumalanga	4	00:66.92	836		E	
LIM053	1837	Simone Van Wyk	Limpopo	4	00:67.98	820		E	
GAN173	201	Chante Finger	Athletics Gauteng North	4	00:69.55	798		E	

323	G-17	Girls - Youth : 400 m Hurdles					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
BOL067	674	Helene Swanepoel	Boland	1	00:59.94	963		E	
GAU055	1508	D'jane Kriedemann	Gauteng	2	00:60.82	944		E	
NWP039	2364	Visagie Tabitha	North West Province	3	00:61.75	926		E	
GAU062	1593	Aascan Sonnekus	Gauteng	4	00:62.14	918		E	
BOL056	609	Este Burger	Boland	5	00:62.41	913		E	
GAN169	250	Jeanelle Loubser	Athletics Gauteng North	6	00:62.79	906		E	
FSA042	1272	Izanne Jacobs	Free State	7	00:64.31	879		E	
NWP033	2358	Badenhorst Line	North West Province	8	00:66.40	844		E	

107	G-17	Girls - Youth : 2000 m Steeple					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN168	238	Olivia Labuschagne	Athletics Gauteng North	1	07:11.10	998		E N	
GAN188	236	Alicia Labuschagne	Athletics Gauteng North	2	07:14.40	990		E N	
GAN189	239	Sindy Labuschagne	Athletics Gauteng North	3	07:14.72	989		E N	
GAU093	1545	Nomsa Mngomezulu	Gauteng	4	07:41.85	925		E N	
FSA084	1284	Tankiso Lepolisa	Free State	5	07:57.86	891		E N	
GAU087	1505	Mary Komane	Gauteng	6	08:04.86	877		E N	
CGA034	833	Mpho Ndlovu	Central Gauteng	7	08:05.81	876		E N	
CGA033	826	Mmatseko Monareng	Central Gauteng	8	08:06.16	875		E N	
ECA101	1172	Carla Petzer	Eastern Cape	9	08:27.58	836		E N	
WCP136	2160	Annereen Malan	Western Cape	10	08:38.20	819		E N	
CGA037	839	Mashinini Nombulelo	Central Gauteng	11	08:41.57	813		E N	
FSA048	1290	Khetho Maila	Free State	12	08:46.00	806		E N	
NWP037	2362	Suzan Kruger	North West Province	13	09:01.96	782		E N	

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G-17 Girls - Youth

123	G-17	Girls - Youth : 5000 m Walk					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP154	2189	Anel Oosthuizen	Western Cape	1	26:07.81	937		E	
BOL064	640	Chanice Klink	Boland	2	26:08.24	937		E	
FSA073	1398	Crysha van Wyk	Free State	3	27:54.06	906		E	
CGA301	2258	Phelokazi Gcolotela	Central Gauteng	4	27:55.12	906		E	
GAU042	1455	Udelle de Winnaar	Gauteng	5	28:14.39	900		E	
FSA072	1371	Tertia Smit	Free State	6	28:23.73	898		E	
KZN009	1650	Yolanda Appel	Kwazulu Natal	7	28:28.31	897		E	
KZA012	945	Louise Currie	Kwazulu Natal Athletics	8	29:00.21	888		E	
WCP146	2230	Chrizaan vd Walt	Western Cape	9	29:38.92	879		E	
WCP134	2149	Angelique le Roux	Western Cape	10	30:09.55	871		E	
CNW066	32	Sonri Erasmus	Central North West	11	30:25.72	867		E	
GAN190	390	Juane Wiid	Athletics Gauteng North	12	30:38.44	864		E	

129	G-17	Girls - Youth : High Jump					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA034	1032	Mia Labuscshagne	Western Province	1	1.60	711		E	
GAN175	167	Calli Camacho	Athletics Gauteng North	1	1.60	711		E	
GAU056	1510	Zandri Kruger	Gauteng	1	1.60	711		E	
GAU044	1458	Julia du Plessis	Gauteng	1	1.60	711		E	
MPU023	1875	Marlize Higgens	Mpumalanga	5	1.60	711		E	
ECA093	1121	Lindsay Killeen	Eastern Cape	6	1.60	711		E	
WCP148	2241	Taylia Visagie	Western Cape	7	1.60	711		E	
FSA301	1222	Mareza Brink	Free State	8	1.60	711		E	
BOL065	606	Karla Bronn	Boland	8	1.60	711		E	
NWP041	2366	Nieman Jean-Marie	North West Province	8	1.60	711		E	
FSA061	1296	Alice Maree	Free State	11	1.55	651		E	
GAN303	157	Izelle Botha	Athletics Gauteng North	11	1.55	651		E	
WCP152	2125	Elmarie Hurter	Western Cape	11	1.55	651		E	
NWP052	2377	Liebenberg Elri	North West Province	11	1.55	651		E	
NWP040	2365	Cloete Anna	North West Province	11	1.55	651		E	
VAT065	552	Charlene Jackson	Vaal Triangle	11	1.55	651		E	
MPU038	1939	Inge Talke	Mpumalanga	11	1.55	651		E	
GAN174	334	Fourie Sheri	Athletics Gauteng North	18	1.55	651		E	
NCP060	2026	Leone van Rooyen	Northern Cape Province	18	1.55	651		E	
AMP010	412	Nicola Schoeman	Athletics Mpumalanga	18	1.55	651		E	
GAN176	384	Zelia-Mari Verster	Athletics Gauteng North	21	1.55	651		E	
MPU036	1936	Evelyn Rose Rothballer	Mpumalanga	22	1.50	591		E	
MPU031	1913	Thelma Ndebele	Mpumalanga	23	1.50	591		E	
GAU059	1569	Desre Oosthuisen	Gauteng	24	1.45	530		E	

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G-17		Girls - Youth						
282	G-17	Girls - Youth : High Jump					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU044	1458	Julia du Plessis	Gauteng	1	1.88	1054	E	R
MPU023	1875	Marlize Higgens	Mpumalanga	2	1.75	888	E	
WPA034	1032	Mia Labuscshagne	Western Province	3	1.75	888	E	
GAU056	1510	Zandri Kruger	Gauteng	4	1.65	770	E	
BOL065	606	Karla Bronn	Boland	5	1.65	770	E	
WCP148	2241	Taylia Visagie	Western Cape	5	1.65	770	E	
FSA301	1222	Mareza Brink	Free State	7	1.60	711	E	
NWP041	2366	Nieman Jean-Marie	North West Province	7	1.60	711	E	
GAN175	167	Calli Camacho	Athletics Gauteng North	9	1.60	711	E	
ECA093	1121	Lindsay Killeen	Eastern Cape	10	1.55	651	E	
135	G-17	Girls - Youth : Pole Vault					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA068	1407	Mar-Lize Vos	Free State	1	3.50	877	E	
FSA069	1344	Surika Piater	Free State	2	3.30	759	E	
FSA070	1333	Jannike Nel	Free State	3	3.20	700	E	
FSA071	1303	Carlien Meyburg	Free State	4	3.00	580	E	
WCP138	2185	Natasha Obermeyer	Western Cape	4	3.00	580	E	
ECA105	1190	Zenda - Lee Strydom	Eastern Cape	6	2.80	458	E	
WCP142	2208	Timna Snijman	Western Cape	7	2.60	333	E	
WCP164	2183	Nadia Nell	Western Cape	8	2.40	204	E	
196	G-17	Girls - Youth : Long Jump					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN159	326	Janet Seeliger	Athletics Gauteng North	1	6.12	970	1.0	E
GAU064	1599	Carina Swiegers	Gauteng	2	5.87	886	E	
WPI008	1067	Samantha Ross	Athletics Western Prov	3	5.71	830	E	
GAU039	1441	Zinzi Chabangu	Gauteng	4	5.65	809	E	
GAU068	1620	Stefani van Niekerk	Gauteng	5	5.62	798	E	
FSA063	1259	Christi-Mari Gerber	Free State	6	5.59	788	E	
WCP148	2241	Taylia Visagie	Western Cape	7	5.56	777	E	
NCP058	2015	Amore Serfontein	Northern Cape Province	8	5.38	713	E	
WCP131	2058	Monet Brundyn	Western Cape	9	5.37	710	E	
WCP150	2051	Deone Bouwer	Western Cape	10	5.37	710	E	
KZN052	1672	Gabriella Kahts	Kwazulu Natal	11	4.36	341	E	
GAN197	359	Ane vd Westhuizen	Athletics Gauteng North	12	5.33	696	E	
CGA024	766	Barbara Hattingh	Central Gauteng	13	5.31	689	E	
KZA004	955	Kelly Jacquire	Kwazulu Natal Athletics	14	5.30	685	E	
FSA062	1338	Danielle Olls	Free State	15	5.23	660	E	
GAN177	245	Nadine Lewis	Athletics Gauteng North	16	5.22	656	E	
FSA064	1383	Chanice Swartz	Free State	17	5.21	653	E	
GAN199	215	Megan Haynes	Athletics Gauteng North	18	5.07	603	E	
CNW063	98	Megan Weyers	Central North West	19	5.07	603	E	
AMP010	412	Nicola Schoeman	Athletics Mpumalanga	20	4.99	574	E	
GAN196	298	Zahne Pienaar	Athletics Gauteng North	21	4.92	548	E	
GAN178	253	Beverly Maartin	Athletics Gauteng North	22	4.72	475	E	
NWP042	2367	V/D Bergh Zanelle	North West Province	23	4.70	468	E	
KZN024	1651	Venessa Atkinson	Kwazulu Natal	24	4.64	446	E	
LIM049	1804	Estee Pretorius	Limpopo	25	4.56	416	E	
VAT063	550	Monique Hatem	Vaal Triangle	26	4.10	241	E	

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345	G-17	Girls - Youth : Triple Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU039	1441	Zinzi Chabangu	Gauteng	1	11.74	876		E	
WCP160	2119	Robin Haupt	Western Cape	2	11.26	792		E	
ECA106	1194	Simone Vd Merwe	Eastern Cape	3	11.04	753		E	
NWP043	2368	Van Staden Riekie	North West Province	4	11.00	746		E	
NWP044	2369	Mosehle Thato	North West Province	5	11.00	746		E	
FSA066	1360	Andrea Richards	Free State	6	10.73	699		E	
FSA064	1383	Chanice Swartz	Free State	7	10.70	693		E	
GAU057	1511	Deidre Laurens	Gauteng	8	10.57	670		E	
FSA065	1293	Kghomotso Mamburu	Free State	9	10.53	663		E	
WCP129	2048	Nelrine Beyers	Western Cape	10	10.39	638		E	
NWP057	2382	Heyneke Sune	North West Province	11	10.32	626		E	
LIM046	1776	Lebogo Marongoa	Limpopo	12	10.26	615		E	
GAN177	245	Nadine Lewis	Athletics Gauteng North	13	10.22	608		E	
WCP157	2221	Simone Theunissen	Western Cape	14	10.61	677		E	
GAU066	1605	Chantelle Theron	Gauteng	15	10.13	592		E	
NWP053	2378	Becker C	North West Province	16	10.11	588		E	
GAU065	1604	Nadine Theesen	Gauteng	17	10.07	581		E	
MPU030	1903	Itumeleng Mashego	Mpumalanga	18	10.00	568		E	
KZN024	1651	Venessa Atkinson	Kwazulu Natal	19	0.01	0		E	
KZN036	1690	Kylie Mc Cloughlin	Kwazulu Natal	20	9.89	548		E	
VAT064	567	Carmen Marais	Vaal Triangle	21	9.66	507		E	
MPU039	1941	Janeta vd Linde	Mpumalanga	22	9.59	494		E	
NWP058	2383	Keebine Didintle	North West Province	23	9.53	483		E	
FSA067	1309	Bongile Mkolonzi	Free State	24	9.46	470		E	
MPU018	1850	Almi Broekman	Mpumalanga	25	9.44	466		E	

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G-17		Girls - Youth							
198	G-17	Girls - Youth : Shot Put					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU053	1495	Lezaan Jordaan	Gauteng	1	17.52	978		E	R
GAU046	1461	Geraldine Duvenhage	Gauteng	2	17.19	971		E	R
ECA109	1206	Yolande Willemse	Eastern Cape	3	14.65	924		E	
GAU073	1436	Wanzel Breytenbach	Gauteng	4	14.53	922		E	
NWP045	2370	Visagie Sanrie	North West Province	5	14.07	914		E	
GAN180	192	Somari Els	Athletics Gauteng North	6	13.81	909		E	
NWP046	2371	Margaretha Benade	North West Province	7	13.67	907		E	
BOL071	636	Boudine Jordaan	Boland	8	12.97	888		E	
GAN181	186	Su-Mari du Plessis	Athletics Gauteng North	9	12.69	878		E	
KZN017	1655	Bianca Conradie	Kwazulu Natal	10	12.69	878		E	
FSA051	1301	Emmerentia Meintjies	Free State	11	12.68	877		E	
WCP145	2224	Tarinka Truter	Western Cape	12	12.67	877		E	
GAU049	1476	Marista Greyling	Gauteng	13	12.67	877		E	
NWP055	2380	Visser Marizane	North West Province	14	12.60	874		E	
LIM041	1747	Marne Du Bruyn	Limpopo	15	12.51	870		E	
WCP140	2191	Anne Otto	Western Cape	16	12.22	859		E	
EPA039	925	Emma Ellis	Eastern Province	17	12.17	857		E	
MPU040	1948	Adriana Venter	Mpumalanga	18	11.95	848		E	
NCP055	1996	Nikita Manzana	Northern Cape Province	19	11.85	844		E	
CGA038	853	Susan Scholtz	Central Gauteng	20	11.85	844		E	
SWD028	442	Ilze Fourie	South Western Districts	21	11.84	843		E	
BOL059	666	Nicolene Ras-Muller	Boland	22	11.78	841		E	
ECA089	1075	Nadine Barnard	Eastern Cape	23	11.74	839		E	
NWP054	2379	Le Roux Rencha	North West Province	24	11.60	833		E	
MPU021	1873	Nadine Henrico	Mpumalanga	25	11.57	832		E	
GAN182	229	Twanette Koekemoer	Athletics Gauteng North	26	11.50	829		E	
FSA049	1244	Kete Donovan	Free State	27	11.47	828		E	
MPU034	1932	Monique Rautenbach	Mpumalanga	28	11.45	827		E	
NWP059	2384	Chantelle Grobler	North West Province	29	11.30	821		E	
FSF027	108	Wilmie Greyling	Free State Athletics	30	11.23	818		E	

30		G-17 Girls - Youth : Discus Throw							
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU046	1461	Geraldine Duvenhage	Gauteng	1	46.30	973		E	
GAN180	192	Somari Els	Athletics Gauteng North	2	43.57	951		E	
GAU053	1495	Lezaan Jordaan	Gauteng	3	40.81	930		E	
GAN185	227	Carmen Kilian	Athletics Gauteng North	4	40.48	927		E	
KZN017	1655	Bianca Conradie	Kwazulu Natal	5	40.04	924		E	
GAN184	217	Riette Heyns	Athletics Gauteng North	6	39.12	917		E	
NWP047	2372	Du Preez Hanri	North West Province	7	38.77	915		E	
GAU050	1487	Mandie Human	Gauteng	8	37.52	906		E	
MPU033	1927	Elizma Potgieter	Mpumalanga	9	35.45	881		E	
WCP137	2167	Nielke Matthee	Western Cape	10	35.16	876		E	
ECA109	1206	Yolande Willemse	Eastern Cape	11	34.89	872		E	
FSA068	1407	Mar-Lize Vos	Free State	12	34.81	870		E	
WCP139	2186	Feline Oettle	Western Cape	13	34.41	864		E	
EPA040	919	Tania Swanepoel	Eastern Province	14	34.14	859		E	
LIM041	1747	Marne Du Bruyn	Limpopo	15	30.50	797		E	
NCP062	2029	Michaela van Vuuren	Northern Cape Province	16	29.48	779		E	

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G-17 Girls - Youth

367	G-17	Girls - Youth : Javelin					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU071	1646	Megan Wilke	Gauteng	1	51.18	952		E	
NWP049	2374	Van Zyl Sanie	North West Province	2	49.37	938		E	
GAN186	378	Mandi Venter	Athletics Gauteng North	3	49.14	936		E	
CNW062	25	Michaela de Witt	Central North West	4	48.13	929		E	
GAU037	1429	Bianca Botes	Gauteng	5	45.52	911		E	
SWD028	442	Ilze Fourie	South Western Districts	7	41.75	866		E	
NWP050	2375	Koekemoer Gerna	North West Province	8	41.71	865		E	
GAU041	1453	Danielle de Wet	Gauteng	9	41.48	862		E	
WCP151	2098	Zane Fourie	Western Cape	10	40.83	851		E	
ECA093	1121	Lindsay Killeen	Eastern Cape	11	40.57	847		E	
VAT058	559	Shereza Keeve	Vaal Triangle	12	40.49	846		E	
MPU029	1901	Jana Maritz	Mpumalanga	13	40.15	840		E	
WCP155	2212	Anri Steyn	Western Cape	14	38.90	820		E	
NCP053	1989	Jana Kirsten	Northern Cape Province	15	38.73	817		E	
AMP003	404	Chelsea Boshoff	Athletics Mpumalanga	16	38.56	814		E	
CNW061	76	Christelle Scholtz	Central North West	17	38.28	810		E	
MPU024	1876	Marize J v Rensburg	Mpumalanga	18	37.74	801		E	
GAN187	172	Danielle Coetzee	Athletics Gauteng North	19	37.73	800		E	
FSA054	1345	Theane Pieterse	Free State	20	36.63	782		E	

69	G-17	Girls - Youth : Hammer Throw					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA102	1187	Mieke Stander	Eastern Cape	1	56.45	929		E	R
ECA094	1126	Simone Kommer	Eastern Cape	2	55.11	923		E	R
GAU037	1429	Bianca Botes	Gauteng	3	52.85	914		E	R
FSA055	1263	Stefanie Greyling	Free State	4	52.51	913		E	R
FSA056	1334	Saira-Lee Nel	Free State	5	48.62	895		E	R
ECA107	1195	Ciska Van Rensburg	Eastern Cape	6	47.02	880		E	
NWP048	2373	Conradie Mariette	North West Province	7	44.56	857		E	
FSA058	1223	Jenet Brummer	Free State	8	44.34	855		E	
WCP144	2216	Charne Swart	Western Cape	9	42.33	836		E	
WCP156	2217	Sandra Swart	Western Cape	10	42.08	833		E	
WCP139	2186	Feline Oettle	Western Cape	11	40.72	820		E	
FSF028	111	Jennifer Knoetze	Free State Athletics	12	39.57	808		E	
GAU040	1451	Suzaan de Klerk	Gauteng	13	38.03	792		E	
EPA041	930	Simone Leschinsky	Eastern Province	14	37.76	789		E	
ECA089	1075	Nadine Barnard	Eastern Cape	15	37.21	783		E	
MPU040	1948	Adriana Venter	Mpumalanga	16	37.17	783		E	
GAN198	360	Rudiana vd Westhuizen	Athletics Gauteng North	17	36.50	775		E	

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W-19 Women - Junior

41	W-19 Women - Junior : 100 m		Heats						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
CGA016	879	Chante van Tonder	Central Gauteng	1	00:11.88	900	3.5	E	
GAN129	358	Zanri van der Merwe	Athletics Gauteng North	1	00:11.90	896	3.5	E	
FSA075	1278	Elizmarie Kriel	Free State	1	00:11.98	882	3.5	E	
GAN130	312	Jade Roman	Athletics Gauteng North	1	00:12.03	874	3.5	E	
WCP108	2073	Tamryn Cupido	Western Cape	1	00:12.35	822	3.5	E	
GAU106	1635	Sue-Ellen Vermaak	Gauteng	1	00:12.60	786	3.5	E	
KZN050	1708	Erin Passmore	Kwazulu Natal	1	00:12.67	776	3.5	E	
NWP062	2341	Uldri Vd Merwe	North West Province	1	00:12.67	776	3.5	E	
FSA199	1260	Suselina Geysler	Free State	1	00:12.99	734	3.5	E	
CNW057	42	Liezl Hechter	Central North West	2	00:11.87	902	3.5	E	
WPA029	1057	Stacey Welsch	Western Province	2	00:12.01	877	3.5	E	
CNW055	11	Marinelze Ackerman	Central North West	2	00:12.50	800	3.5	E	
GAN131	173	Donne Coetzer	Athletics Gauteng North	2	00:12.59	787	3.5	E	
MPU051	1906	Melinda Meiring	Mpumalanga	2	00:12.86	751	3.5	E	
VAT036	541	Charne du Toit	Vaal Triangle	2	00:13.31	695	3.5	E	
LIM076	1781	Shiela Mokati	Limpopo	2	00:13.47	677	3.5	E	
VAT037	599	Nicole White	Vaal Triangle	2	00:13.51	673	3.5	E	
NCP048	2023	Philippa vd Merwe	Northern Cape Province	3	00:11.65	943	3.5	E	
WCP128	2192	Nabeelah Parker	Western Cape	3	00:11.82	911	3.5	E	
GAU096	1560	Amanda Nagel	Gauteng	3	00:11.89	898	3.5	E	
GAU102	1601	Natasha Te Baerts	Gauteng	3	00:12.38	818	3.5	E	
ECA077	1116	Merissa J Van Rensburg	Eastern Cape	3	00:12.56	792	3.5	E	
FSF030	132	Nicole Sharrock	Free State Athletics	3	00:12.67	776	3.5	E	
FSA087	1273	Elrie J van Rensburg	Free State	3	00:12.75	765	3.5	E	

190	W-19 Women - Junior : 100 m		Final						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP128	2192	Nabeelah Parker	Western Cape	1	00:11.78	918	0.9	E	
NCP048	2023	Philippa vd Merwe	Northern Cape Province	2	00:11.89	898	0.9	E	
GAN129	358	Zanri van der Merwe	Athletics Gauteng North	3	00:11.94	889	0.9	E	
CGA016	879	Chante van Tonder	Central Gauteng	4	00:11.94	889	0.9	E	
CNW057	42	Liezl Hechter	Central North West	5	00:12.00	879	0.9	E	
FSA075	1278	Elizmarie Kriel	Free State	6	00:12.01	877	0.9	E	
WPA029	1057	Stacey Welsch	Western Province	7	00:12.03	874	0.9	E	
GAU096	1560	Amanda Nagel	Gauteng	8	00:12.18	849	0.9	E	

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W-19		Women - Junior						Heats		
231	W-19	Women - Junior : 200 m								
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record		
KZA016	978	Justine Palframan	Kwazulu Natal Athletics	1	00:24.85	857		E		
GAN133	389	Stephanie Wicksell	Athletics Gauteng North	1	00:24.94	851		E		
GAU075	1417	Inari Basson	Gauteng	1	00:25.29	829		E		
GAU085	1494	Charlize Jonker	Gauteng	1	00:25.31	828		E		
NWP063	2342	Welman Shireen	North West Province	1	00:25.91	792		E		
FSF030	132	Nicole Sharrock	Free State Athletics	1	00:26.36	767		E		
NCP049	2030	A van Wyk	Northern Cape Province	1	00:26.77	745		E		
CNW057	42	Liezl Hechter	Central North West	2	00:24.40	888		E		
NCP048	2023	Philippa vd Merwe	Northern Cape Province	2	00:24.77	863		E		
WPA030	1058	Mareike Wolhuter	Western Province	2	00:25.17	837		E		
KZN050	1708	Erin Passmore	Kwazulu Natal	2	00:25.84	796		E		
EPA028	909	Lisa Luckman	Eastern Province	2	00:26.35	767		E		
VAT037	599	Nicole White	Vaal Triangle	2	00:27.89	690		E		
GAU096	1560	Amanda Nagel	Gauteng	3	00:25.35	825		E		
GAN131	173	Donne Coetzer	Athletics Gauteng North	3	00:25.59	811		E		
ECA077	1116	Merissa J Van Rensburg	Eastern Cape	3	00:25.85	795		E		
NCP047	2016	Lize-Marie Smit	Northern Cape Province	3	00:26.90	738		E		
MPU051	1906	Melinda Meiring	Mpumalanga	3	00:27.00	733		E		
CGA016	879	Chante van Tonder	Central Gauteng	4	00:24.63	872		E		
WCP128	2192	Nabeelah Parker	Western Cape	4	00:24.63	872		E		
GAN132	294	Petunia Obisi	Athletics Gauteng North	4	00:25.46	818		E		
LIA010	1012	Christelle Pretorius	Limpopo Athletics	4	00:27.05	731		E		
LIM076	1781	Shiela Mokati	Limpopo	4	00:28.09	681		E		
TRA038	530	Nondzukiso Xhala	Transkei	4	00:29.50	621		E		
TRA039	476	Sinelizwi Gilana	Transkei	4	00:31.20	557		E		

285		Women - Junior : 200 m						Semi-Finals		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record		
KZA016	978	Justine Palframan	Kwazulu Natal Athletics	1	00:23.98	920	0.2	E	R	
CGA016	879	Chante van Tonder	Central Gauteng	1	00:24.23	901		E		
GAN133	389	Stephanie Wicksell	Athletics Gauteng North	1	00:24.34	893		E		
NCP048	2023	Philippa vd Merwe	Northern Cape Province	1	00:24.35	892		E		
GAN132	294	Petunia Obisi	Athletics Gauteng North	1	00:25.12	840		E		
GAU075	1417	Inari Basson	Gauteng	1	00:25.37	824		E		
KZN050	1708	Erin Passmore	Kwazulu Natal	1	00:25.49	817		E		
NWP063	2342	Welman Shireen	North West Province	1	00:25.94	790		E		
CNW057	42	Liezl Hechter	Central North West	2	00:24.19	904	1.3	E		
GAU096	1560	Amanda Nagel	Gauteng	2	00:24.52	880	1.3	E		
WPA030	1058	Mareike Wolhuter	Western Province	2	00:24.67	869	1.3	E		
WCP128	2192	Nabeelah Parker	Western Cape	2	00:24.71	867	1.3	E		
GAN131	173	Donne Coetzer	Athletics Gauteng North	2	00:25.28	830	1.3	E		
GAU085	1494	Charlize Jonker	Gauteng	2	00:25.49	817	1.3	E		
ECA077	1116	Merissa J Van Rensburg	Eastern Cape	2	00:25.47	818	1.3	E		

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W-19		Women - Junior							
355	W-19	Women - Junior : 200 m						Final	
Athlete	Team	Place	Performance	Table point	Wind	H/E	Record		
KZA016 978	Justine Palframan	Kwazulu Natal Athletics	1	00:23.63	947	E	R		
GAN133 389	Stephanie Wicksell	Athletics Gauteng North	2	00:24.57	876	E			
CGA016 879	Chante van Tonder	Central Gauteng	3	00:24.61	874	E			
CNW057 42	Liezl Hechter	Central North West	4	00:24.74	865	E			
NCP048 2023	Philippa vd Merwe	Northern Cape Province	5	00:24.85	857	E			
GAU096 1560	Amanda Nagel	Gauteng	6	00:25.45	819	E			
WPA030 1058	Mareike Wolhuter	Western Province	7	00:25.54	814	E			
50	W-19	Women - Junior : 400 m						Heats	
Athlete	Team	Place	Performance	Table point	Wind	H/E	Record		
GAU103 1616	Maritsa vd Westhuizen	Gauteng	1	1	00:57.04	869	E		
GAU085 1494	Charlize Jonker	Gauteng	1	2	00:57.35	861	E		
GAU075 1417	Inari Basson	Gauteng	1	3	00:57.37	860	E		
FSA076 1349	Chantelle Prinsloo	Free State	1	4	00:60.24	792	E		
NCP049 2030	A van Wyk	Northern Cape Province	1	5	00:61.48	765	E		
ECA082 1162	Kayla Nell	Eastern Cape	1	6	00:62.88	737	E		
WPA030 1058	Mareike Wolhuter	Western Province	2	1	00:56.03	897	E		
GAN132 294	Petunia Obisi	Athletics Gauteng North	2	2	00:57.30	862	E		
GAN134 381	Adel Vermaak	Athletics Gauteng North	2	3	00:58.38	835	E		
NWP063 2342	Welman Shireen	North West Province	2	4	00:58.44	833	E		
NCP047 2016	Lize-Marie Smit	Northern Cape Province	2	5	00:59.41	810	E		
MPU046 1890	Annabel Louw	Mpumalanga	2	6	00:62.80	738	E		
MPU045 1872	Gerianne Hammersma	Mpumalanga	2	7	00:62.82	738	E		
KZA016 978	Justine Palframan	Kwazulu Natal Athletics	3	1	00:57.06	868	E		
GAN133 389	Stephanie Wicksell	Athletics Gauteng North	3	2	00:57.34	861	E		
CGA007 771	Danel Holton	Central Gauteng	3	3	00:57.78	850	E		
WCP107 2057	Suzaan Broodryk	Western Cape	3	4	00:58.12	841	E		
BOL039 673	Lise Steyn	Boland	3	5	00:58.86	823	E		
LIM078 1801	Helene Peens	Limpopo	3	6	00:61.46	765	E		
TRA046 486	Aphiwe Mabengwana	Transkei	3	7	00:65.11	695	E		
168	W-19	Women - Junior : 400 m						Final	
Athlete	Team	Place	Performance	Table point	Wind	H/E	Record		
KZA016 978	Justine Palframan	Kwazulu Natal Athletics	1	00:53.51	974	E	R		
GAN133 389	Stephanie Wicksell	Athletics Gauteng North	2	00:55.35	916	E			
WPA030 1058	Mareike Wolhuter	Western Province	3	00:55.99	898	E			
GAU075 1417	Inari Basson	Gauteng	4	00:56.88	873	E			
GAU103 1616	Maritsa vd Westhuizen	Gauteng	5	00:57.03	869	E			
GAN132 294	Petunia Obisi	Athletics Gauteng North	6	00:57.13	867	E			
CGA007 771	Danel Holton	Central Gauteng	7	00:57.96	845	E			
GAU085 1494	Charlize Jonker	Gauteng	8	00:58.42	834	E			

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W-19 Women - Junior

205	W-19	Women - Junior : 800 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA010	802	Thato Makhafola	Central Gauteng	1	02:19.61	786		E	
LIM074	1757	Michelle Kruger	Limpopo	1	02:20.70	775		E	
KZN051	1667	Kelly Fletcher	Kwazulu Natal	1	02:22.60	757		E	
WCP107	2057	Suzaan Broodryk	Western Cape	1	02:23.22	751		E	
FSA078	1266	Marlie Hattingh	Free State	1	02:24.41	740		E	
MPU043	1859	Lize-Marie Du Plessis	Mpumalanga	1	02:41.91	603		E	
GAN134	381	Adel Vermaak	Athletics Gauteng North	2	02:15.56	828		E	
GAU100	1597	Isabella Strydom	Gauteng	2	02:16.41	819		E	
KZN049	1718	Lushano Smit	Kwazulu Natal	2	02:17.33	809		E	
NWP064	2343	Nobengazi Makopo	North West Province	2	02:24.49	739		E	
GAU077	1421	Chante Bester	Gauteng	2	02:25.20	733		E	
TRA044	513	Nontle Ndovela	Transkei	2	02:33.16	667		E	
CGA001	735	Brigette Bezuidenhout	Central Gauteng	2	02:33.72	662		E	
BOL040	635	Sunel Jacobs	Boland	3	02:20.32	779		E	
CGA012	847	Jolene Rabie	Central Gauteng	3	02:22.96	753		E	
WCP121	2238	Esme van Wageningen	Western Cape	3	02:23.38	749		E	
GAU081	1446	Nomsa Cossa	Gauteng	3	02:24.55	739		E	
ECA081	1160	Asisipho Ndzawombi	Eastern Cape	3	02:36.65	640		E	

361	W-19	Women - Junior : 800 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA010	802	Thato Makhafola	Central Gauteng	1	02:09.28	904		E	
GAU100	1597	Isabella Strydom	Gauteng	2	02:10.52	888		E	
BOL040	635	Sunel Jacobs	Boland	3	02:12.67	862		E	
GAN134	381	Adel Vermaak	Athletics Gauteng North	4	02:14.39	842		E	
KZN049	1718	Lushano Smit	Kwazulu Natal	5	02:18.47	797		E	
LIM074	1757	Michelle Kruger	Limpopo	6	02:19.54	786		E	
CGA012	847	Jolene Rabie	Central Gauteng	7	02:23.13	752		E	
KZN051	1667	Kelly Fletcher	Kwazulu Natal	8	02:25.80	727		E	

96	W-19	Women - Junior : 1500 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP046	1985	T Itumeleng	Northern Cape Province	1	04:48.72	800		E	
MPU055	1957	Glenrose Xaba	Mpumalanga	1	04:49.13	798		E	
GAU077	1421	Chante Bester	Gauteng	1	04:49.14	798		E	
GAU082	1447	Murendwa Davhana	Gauteng	1	04:49.52	796		E	
FSA078	1266	Marlie Hattingh	Free State	1	04:49.73	795		E	
GAN136	364	Kyla van Graan	Athletics Gauteng North	1	04:51.07	788		E	
GAN135	328	Carmen Seesink	Athletics Gauteng North	1	05:17.85	674		E	
TRA040	517	Avela Nkweba	Transkei	1	05:32.34	623		E	
CGA010	802	Thato Makhafola	Central Gauteng	2	04:47.01	808		E	
GAU100	1597	Isabella Strydom	Gauteng	2	04:48.46	801		E	
NWP064	2343	Nobengazi Makopo	North West Province	2	04:51.01	789		E	
ECA085	1183	Thabisa Sirhayi	Eastern Cape	2	04:51.32	787		E	
CGA006	764	Zandile Hadebe	Central Gauteng	2	04:52.61	781		E	
CGA001	735	Brigette Bezuidenhout	Central Gauteng	2	05:01.78	739		E	
TRA201	2429	Andisiwe Manyala	Transkei	2	05:18.56	672		E	
KZN081	1719	Aneke Smith	Kwazulu Natal	2	05:22.18	658		E	
LIM077	1797	Viarence Nkuna	Limpopo	2	05:22.97	655		E	

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161	W-19	Women - Junior : 1500 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA010	802	Thato Makhafola	Central Gauteng	1	04:35.11	873		E	
GAU100	1597	Isabella Strydom	Gauteng	2	04:38.68	853		E	
NWP064	2343	Nobengazi Makopo	North West Province	3	04:38.68	853		E	
GAN136	364	Kyla van Graan	Athletics Gauteng North	4	04:54.39	773		E	
MPU055	1957	Glenrose Xaba	Mpumalanga	5	04:56.86	761		E	
CGA006	764	Zandile Hadebe	Central Gauteng	6	04:58.21	755		E	
FSA078	1266	Marlie Hattingh	Free State	7	05:03.23	733		E	
GAU077	1421	Chante Bester	Gauteng	8	05:04.89	726		E	

365	W-19	Women - Junior : 3000 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA018	873	Sylvia Tshetlanyane	Central Gauteng	1	10:05.21	942		E	
MPU055	1957	Glenrose Xaba	Mpumalanga	2	10:15.10	924		E	
CGA006	764	Zandile Hadebe	Central Gauteng	3	10:22.67	911		E	
ECA085	1183	Thabisa Sirhayi	Eastern Cape	4	10:29.04	901		E	
ECA075	1112	Khonhzeni Gwegwa	Eastern Cape	5	10:34.79	891		E	
GAN136	364	Kyla van Graan	Athletics Gauteng North	6	10:41.36	881		E	
GAU101	1598	Michelle Strydom	Gauteng	7	11:00.27	853		E	
TRA044	513	Nontle Ndovela	Transkei	8	11:10.50	839		E	
WCP118	2229	Janey vd Merwe	Western Cape	9	11:14.86	833		E	
CGA017	883	Chante Venter	Central Gauteng	10	11:20.34	826		E	
KZN016	1656	Balile Dlamini	Kwazulu Natal	11	11:28.62	815		E	
CGA002	739	Lauren Botha	Central Gauteng	12	11:35.13	807		E	
LIM071	1737	Selina Baloyi	Limpopo	13	11:53.93	784		E	
NWP065	2344	Meyer Luane	North West Province	14	12:06.86	769		E	
KZA015	973	Mbali Mokoena	Kwazulu Natal Athletics	15	12:13.13	762		E	

256	W-19	Women - Junior : 5000 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA018	873	Sylvia Tshetlanyane	Central Gauteng	1	17:29.27	933		E	N
FSA077	1240	Sylvia Dibakwane	Free State	2	19:26.42	829		E	N
CGA017	883	Chante Venter	Central Gauteng	3	19:29.41	827		E	N
TRA105	2428	Vuyokazi Gebe	Transkei	4	19:32.00	825		E	N
FSA079	1326	Puleng Motaung	Free State	5	19:46.17	814		E	N
CGA215	2432	Ketumetsi Disipi	Central Gauteng	6	20:06.14	799		E	N
FSA080	1318	Mamello Molaoa	Free State	7	20:21.88	788		E	N
KZA018	944	Slindile Chili	Kwazulu Natal Athletics	8	21:08.19	758		E	N

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114	W-19	Women - Junior : 100 m Hurdles						Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NWP066	2345	Blom Jumane	North West Province	1	1	00:14.33	938	1.3	E	
WPA031	1052	Tanya van den Berg	Western Province	1	2	00:14.51	922		E	
GAN138	288	Lexi Nel	Athletics Gauteng North	1	3	00:15.18	866		E	
GAU076	1420	Helga Wendy Bensusan	Gauteng	1	4	00:15.30	857		E	
FSF032	101	Liriska Botha	Free State Athletics	1	5	00:15.38	851		E	
FSA082	1225	Donnika Butler	Free State	1	6	00:15.42	848		E	
FSA075	1278	Elizmarie Kriel	Free State	2	1	00:14.64	910	0.8	E	
GAU107	1638	Marissa Viljoen	Gauteng	2	2	00:14.94	885		E	
CNW056	39	Danielle Greyling	Central North West	2	3	00:15.28	859		E	
VAT039	591	Anlee Snyman	Vaal Triangle	2	4	00:15.48	844		E	
WCP126	2079	Michaela Davids	Western Cape	2	5	00:16.34	786		E	
AMP006	407	June Geysler	Athletics Mpumalanga	2	6	00:17.60	714		E	
CGA005	761	Kayla Gilbert	Central Gauteng	3	1	00:14.21	949	0.7	E	
GAU078	1426	Shani Bodenstein	Gauteng	3	2	00:14.56	917		E	
GAU095	1551	Ilse Moolman	Gauteng	3	3	00:14.98	882		E	
CGA004	750	Martha Diamond	Central Gauteng	3	4	00:15.71	828		E	
FSA081	1243	Geraldine Doller	Free State	3	5	00:15.84	819		E	
LIM073	1749	Chrisna Du Plessis	Limpopo	3	6	00:15.98	809		E	
ECA074	1095	Sunel De Beer	Eastern Cape	3	7	00:16.23	793		E	

147	W-19	Women - Junior : 100 m Hurdles						Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
CGA005	761	Kayla Gilbert	Central Gauteng	1	00:14.09	960	2.9	E		
FSF032	101	Liriska Botha	Free State Athletics	2	00:14.23	947	2.9	E		
FSA075	1278	Elizmarie Kriel	Free State	3	00:14.34	937	2.9	E		
WPA031	1052	Tanya van den Berg	Western Province	4	00:14.38	933	2.9	E		
GAU078	1426	Shani Bodenstein	Gauteng	5	00:14.39	932	2.9	E		
GAU095	1551	Ilse Moolman	Gauteng	6	00:14.71	904	2.9	E		
GAN138	288	Lexi Nel	Athletics Gauteng North	7	00:15.03	878	2.9	E		
GAU107	1638	Marissa Viljoen	Gauteng	8	00:15.10	872	2.9	E		

243	W-19	Women - Junior : 400 m Hurdles						Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WPA026	1027	Ané Fourie	Western Province	1	1	00:62.07	909		E	
NWP067	2346	Bylevelدت Zandri	North West Province	1	2	00:65.21	854		E	
GAU083	1449	Danielle de Jongh	Gauteng	1	3	00:65.59	848		E	
LIM074	1757	Michelle Kruger	Limpopo	1	4	00:66.99	826		E	
FSA083	1386	Amy Thampson	Free State	1	5	00:71.23	766		E	
LIM079	1809	Nadine Prinsloo	Limpopo	1	6	00:72.32	752		E	
VAT040	580	Izelle Neuhoff	Vaal Triangle	2	1	00:62.47	901		E	
CNW053	54	Charmaine Lemmer	Central North West	2	2	00:65.59	848		E	
ECA087	1204	Helge Willemse	Eastern Cape	2	3	00:66.99	826		E	
MPU044	1860	Marissa Du Preez	Mpumalanga	2	4	00:67.17	823		E	
CGA012	847	Jolene Rabie	Central Gauteng	2	5	00:69.34	792		E	
FSA081	1243	Geraldine Doller	Free State	2	6	00:70.46	776		E	
GAU095	1551	Ilse Moolman	Gauteng	3	1	00:62.98	892		E	
FSF032	101	Liriska Botha	Free State Athletics	3	2	00:64.69	862		E	
BOI029	727	Anriette Smit	Boland Individual	3	3	00:66.53	833		E	
NWP068	2347	Campher Martha	North West Province	3	4	00:66.56	832		E	
WCP115	2133	Rozaan Joubert	Western Cape	3	5	00:69.66	787		E	
CGA015	877	Almerie van der Walt	Central Gauteng	3	6	00:69.73	786		E	

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325	W-19	Women - Junior : 400 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA026	1027	Ané Fourie	Western Province	1	00:60.16	946		E	
GAU095	1551	Ilse Moolman	Gauteng	2	00:61.34	923		E	
FSF032	101	Liriska Botha	Free State Athletics	3	00:63.12	890		E	
CNW053	54	Charmaine Lemmer	Central North West	4	00:64.37	869		E	
GAU083	1449	Danielle de Jongh	Gauteng	5	00:64.41	868		E	
NWP067	2346	Byleveldt Zandri	North West Province	6	00:64.72	863		E	

13	W-19	Women - Junior : 3000 m Steeple					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU094	1547	Moroesi Mohapi	Gauteng	1	11:40.75	911		E	N
GAN154	199	Angelique Faasen	Athletics Gauteng North	2	12:13.88	867		E	N
FSA085	1307	Thandi Mhlahu	Free State	3	12:16.60	864		E	N
NWP075	2354	Hofman Ashley	North West Province	4	12:23.56	855		E	N
NWP065	2344	Meyer Luane	North West Province	5	13:08.54	805		E	N
CGA011	816	Nokuthula Mdhuli	Central Gauteng	6	13:09.38	804		E	N

1	W-19	Women - Junior : 10000 m Walk					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA014	856	Rose Shabalala	Central Gauteng	1	56:19.30	958		E	
NWP077	2356	Kganyego Amelia	North West Province	2	59:52.70	928		E	
GAU088	1512	Caseline Lekala	Gauteng	3	63:56.00	897		E	
KZN008	1679	Thembekile Madonsela	Kwazulu Natal	4	67:11.00	875		E	

222	W-19	Women - Junior : High Jump					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA013	850	Chanell Range	Central Gauteng	1	00:00.00	0		E	
WPA027	1021	Valentina da Rocha	Western Province	1	00:00.00	0		E	
BOL045	618	Marcelle du Plessis	Boland	1	00:00.00	0		E	
GAN152	367	Amore van Noordwyk	Athletics Gauteng North	1	00:00.00	0		E	
GAN140	325	Frances Seeliger	Athletics Gauteng North	1	00:00.00	0		E	
WCP127	2176	Shannon Molotane	Western Cape	1	00:00.00	0		E	
NWP069	2348	Bester Marizanne	North West Province	1	00:00.00	0		E	
NWP076	2355	Koch Aletta	North West Province	1	00:00.00	0		E	
GAU080	1443	Maria Claassens	Gauteng	1	00:00.00	0		E	
GAU084	1490	Chantele J van Rensburg	Gauteng	1	00:00.00	0		E	
GAU079	1430	Bonnita Botha	Gauteng	1	00:00.00	0		E	
MPU049	1904	Lentsamana Matau	Mpumalanga	1	00:00.00	0		E	
CNW051	26	Kim Dippenaar	Central North West	1	00:00.00	0		E	

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W-19		Women - Junior							
344	W-19	Women - Junior : High Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA027	1021	Valentina da Rocha	Western Province	1	1.65	716		E	
WCP127	2176	Shannon Molotane	Western Cape	2	1.65	716		E	
BOL045	618	Marcelle du Plessis	Boland	3	1.60	658		E	
CNW051	26	Kim Dippenaar	Central North West	4	1.55	599		E	
CGA013	850	Chanell Range	Central Gauteng	4	1.55	599		E	
GAN152	367	Amore van Noordwyk	Athletics Gauteng North	4	1.55	599		E	
GAN140	325	Frances Seeliger	Athletics Gauteng North	4	1.55	599		E	
NWP076	2355	Koch Aletta	North West Province	4	1.55	599		E	
GAU080	1443	Maria Claassens	Gauteng	4	1.55	599		E	
GAU084	1490	Chantele J van Rensburg	Gauteng	4	1.55	599		E	
GAU079	1430	Bonnita Botha	Gauteng	4	1.55	599		E	
MPU049	1904	Lentsamana Matau	Mpumalanga	4	1.55	599		E	
NWP069	2348	Bester Marizanne	North West Province	13	1.55	599		E	
68	W-19	Women - Junior : Pole Vault					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP114	2068	Jameson Colin	Western Cape	1	3.50	793		E	
BOL050	670	Mariska Smit	Boland	2	3.30	680		E	
WCP110	2104	Nadia Gilliomee	Western Cape	3	3.20	623		E	
WCP109	2100	Kulthoom Gaidien	Western Cape	4	3.20	623		E	
WPI006	1063	Kiah Payne	Athletics Western Prov	5	2.40	139		E	
149	W-19	Women - Junior : Long Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP106	2053	Maryke Brits	Western Cape	1	6.06	883	2.9	E	
GAN129	358	Zanri van der Merwe	Athletics Gauteng North	2	6.00	863		E	
WCP108	2073	Tamryn Cupido	Western Cape	3	5.77	785		E	
WCP117	2184	Audrey-Kay Noble	Western Cape	4	5.67	750		E	
GAU109	1647	Leandri Willis	Gauteng	5	5.63	737		E	
GAU102	1601	Natasha Te Baerts	Gauteng	6	5.57	716		E	
CNW057	42	Liezl Hechter	Central North West	7	5.52	699		E	
GAN142	348	Danel Swanepoel	Athletics Gauteng North	8	5.47	682		E	
GAN141	317	Natasha Roux	Athletics Gauteng North	9	5.32	630		E	
GAU079	1430	Bonnita Botha	Gauteng	10	5.30	623		E	
CGA004	750	Martha Diamond	Central Gauteng	11	5.29	620		E	
MPU052	1912	Dineo Mwenya	Mpumalanga	12	5.28	616		E	
LIM081	1835	Marianne Van Rensburg	Limpopo	13	5.24	602		E	
KZA300	948	Celine Donnelly	Kwazulu Natal Athletics	14	5.21	592		E	
VAT045	576	Klara Muller	Vaal Triangle	15	5.12	560		E	
FSA087	1273	Elrie J van Rensburg	Free State	16	5.11	557		E	
GAU074	1416	Leandri Badenhorst	Gauteng	17	5.04	532		E	
ECA077	1116	Merissa J Van Rensburg	Eastern Cape	18	4.92	490		E	
TRA048	490	Sibahle Magade	Transkei	19	4.22	234		E	

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W-19		Women - Junior							
64	W-19	Women - Junior : Triple Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA027	1021	Valentina da Rocha	Western Province	1	12.74	981		E	
WCP113	2123	Mandolene Hermanus	Western Cape	2	11.48	762		E	
MPU050	1905	Zinhle Mbuyane	Mpumalanga	3	11.45	757		E	
GAU076	1420	Helga Wendy Bensusan	Gauteng	4	11.37	743		E	
VAT045	576	Klara Muller	Vaal Triangle	5	11.29	729		E	
MPU052	1912	Dineo Mwenya	Mpumalanga	6	11.22	717		E	
NWP068	2347	Campher Martha	North West Province	7	11.17	709		E	
WCP125	2071	Candice Cozette	Western Cape	8	11.00	680		E	
GAN143	308	Sone Pretorius	Athletics Gauteng North	9	10.97	675		E	
LIM081	1835	Marianne Van Rensburg	Limpopo	10	10.84	652		E	
CNW054	61	Carina Meyer	Central North West	11	10.80	645		E	
MPU047	1895	Zanele Mabuza	Mpumalanga	12	10.23	547		E	
NWP069	2348	Bester Marizanne	North West Province	13	10.08	520		E	
VAT047	596	Tania van Wyk	Vaal Triangle	14	9.67	448		E	
279	W-19	Women - Junior : Shot Put					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN144	194	Charlene Engelbrecht	Athletics Gauteng North	1	13.28	931		E	
ECA080	1149	Cecile Meyer	Eastern Cape	2	13.20	929		E	
EPA029	917	Ischke Senekal	Eastern Province	3	13.11	928		E	
ECA088	1205	Kara Willemse	Eastern Cape	4	12.44	914		E	
GAU090	1518	Chante Loots	Gauteng	5	12.21	910		E	
GAN145	382	Marga Vermaak	Athletics Gauteng North	6	11.97	905		E	
FSA086	1388	Rene van Aswegen	Free State	7	11.58	895		E	
GAU092	1526	Susan Malan	Gauteng	8	11.53	893		E	
MPU048	1898	Colette Malherbe	Mpumalanga	9	11.48	890		E	
NWP071	2350	Donelize De Winnaar	North West Province	10	11.37	886		E	
CNW049	71	Rachelle Pottas	Central North West	11	11.05	871		E	
WPA028	1028	Anneline Gerstner	Western Province	12	10.90	865		E	
GAU099	1590	Monica Serfontein	Gauteng	13	10.69	855		E	
GAN147	341	Chante Steyn	Athletics Gauteng North	14	10.63	852		E	
MPU054	1944	Marne vd Merwe	Mpumalanga	15	10.57	849		E	
WCP211	2243	Anne-Marie J van Rensburg	Western Cape	16	10.47	845		E	
LIM075	1778	Jessica Mcutrie	Limpopo	17	10.26	835		E	
NCP045	1971	Estelle Crouse	Northern Cape Province	18	8.96	771		E	

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W-19		Women - Junior						
53	W-19	Women - Junior : Discus Throw					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
EPA029	917	Ischke Senekal	Eastern Province	1	49.80	968	E	R
GAN148	266	Simone Meyer	Athletics Gauteng North	2	64.24	1009	E	R
GAN145	382	Marga Vermaak	Athletics Gauteng North	3	42.60	917	E	
GAN144	194	Charlene Engelbrecht	Athletics Gauteng North	4	41.90	913	E	
NWP071	2350	Donelize De Winnaar	North West Province	5	40.58	904	E	
MPU042	1845	Belinda Boer	Mpumalanga	6	40.16	901	E	
GAN149	170	Marle Clack	Athletics Gauteng North	7	37.86	869	E	
FSA089	1250	Allison Espach	Free State	8	36.54	850	E	
LIM072	1739	Leandri Botha	Limpopo	9	36.10	843	E	
CNW049	71	Rachelle Pottas	Central North West	10	35.75	837	E	
ECA088	1205	Kara Willemse	Eastern Cape	11	35.55	834	E	
GAU090	1518	Chante Loots	Gauteng	12	35.36	831	E	
EPA030	913	Maureen Pennels	Eastern Province	13	33.98	810	E	
WCP120	2236	Stephanie van Rooyen	Western Cape	14	33.22	798	E	
CGA008	788	Nanda Kruger	Central Gauteng	15	33.04	795	E	
WPA028	1028	Anneline Gerstner	Western Province	16	33.01	794	E	
BOL051	677	Anuschka Teklenburg	Boland	17	31.38	767	E	
GAU099	1590	Monica Serfontein	Gauteng	18	31.28	765	E	
MPU054	1944	Marne vd Merwe	Mpumalanga	19	30.51	752	E	
GAU092	1526	Susan Malan	Gauteng	20	2.73	0	E	
341	W-19	Women - Junior : Javelin					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP124	2043	Zandri Bailey	Western Cape	1	44.43	875	E	
GAU086	1499	Larushka Joubert	Gauteng	2	44.28	872	E	
WCP111	2110	Marina Griebenaauw	Western Cape	3	43.36	858	E	
CNW048	50	Janike Kotze	Central North West	4	42.77	849	E	
CNW060	87	Leandri Swiegers	Central North West	5	39.65	801	E	
FSF034	106	Janica Geldenhuis	Free State Athletics	6	39.24	794	E	
GAN150	290	Zhane Nel	Athletics Gauteng North	7	38.84	788	E	
ECA084	1179	Arné Rust	Eastern Cape	8	35.76	736	E	
GAU098	1586	Madore Scholtz	Gauteng	9	35.44	731	E	
LIM080	1812	Lactacia Rasebotsa	Limpopo	10	35.09	725	E	
MPU053	1929	Melony Potgieter	Mpumalanga	11	33.29	693	E	
GAU105	1621	Helena van Rensburg	Gauteng	12	33.19	692	E	
GAU097	1567	Simone O'Connell	Gauteng	13	31.57	662	E	
NWP072	2351	Murray Manine	North West Province	14	28.23	598	E	
199	W-19	Women - Junior : Hammer Throw					Final	
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA072	1084	Amy Botes	Eastern Cape	1	48.70	965	E	
NWP074	2353	Minnaar Marne	North West Province	2	46.73	954	E	
GAU090	1518	Chante Loots	Gauteng	3	44.23	940	E	
WCP119	2233	Anke van Dyk	Western Cape	4	41.27	924	E	
ECA073	1089	Margo Coetzee	Eastern Cape	5	41.12	923	E	
CNW050	95	Sunette Voigt	Central North West	6	40.38	919	E	
CGA008	788	Nanda Kruger	Central Gauteng	7	36.66	898	E	
WCP112	2120	Cheve Havenga	Western Cape	8	31.44	833	E	

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B-15 Boys - Sub-Youth

32	B-15 Boys - Sub-Youth : 100 m		Heats						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP075	2078	Jason Davids	Western Cape	1	00:11.32	842	6.1	E	
GAU145	1626	Berend van Staden	Gauteng	1	00:11.33	840	6.1	E	
GAU122	1497	Chistiaan Joubert	Gauteng	1	00:11.39	828	6.1	E	
FSA091	1319	Elvis Molefe	Free State	1	00:11.39	828	6.1	E	
NCP042	2036	Ruaan Willemse	Northern Cape Province	1	00:11.40	826	6.1	E	
GAN081	277	Jaco Moller	Athletics Gauteng North	1	00:11.64	781	6.1	E	
ECA049	1083	Curwin Bosch	Eastern Cape	1	00:11.71	769	6.1	E	
GAN084	297	Stean Pienaar	Athletics Gauteng North	1	00:11.77	758	6.1	E	
CGA104	837	Nhlakanipho Nkambule	Central Gauteng	1	00:11.98	724	6.1	E	
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	2	00:11.18	871	3.6	E	
GAU129	1541	Moahloli Mbobo	Gauteng	2	00:11.35	836	3.6	E	
MPU057	1842	Jeandré Bekker	Mpumalanga	2	00:11.41	824	3.6	E	
NCP028	1970	Xavier Cloete	Northern Cape Province	2	00:11.57	794	3.6	E	
MPU056	1841	Hercules Aucamp	Mpumalanga	2	00:11.57	794	3.6	E	
NWP078	2320	Sherman Reynders	North West Province	2	00:11.63	783	3.6	E	
GAU140	1602	Hugo Terblanche	Gauteng	2	00:11.66	778	3.6	E	
FSA093	1366	Katleho Sedikane	Free State	2	00:11.73	765	3.6	E	
TRA027	480	Sinalo Jim	Transkei	2	00:11.81	752	3.6	E	
FSA090	1353	Ronald Rakaku	Free State	3	00:11.10	889	1.8	E	
GAN082	241	Pierre Lange	Athletics Gauteng North	3	00:11.33	840	1.8	E	
NCP043	2035	Jo-Lythen Willemse	Northern Cape Province	3	00:11.35	836	1.8	E	
FSA092	1330	Brian Myeni	Free State	3	00:11.35	836	1.8	E	
WPA017	1043	Sherman Parrish	Western Province	3	00:11.45	816	1.8	E	
NWP097	2339	Van Huysteen Joe	North West Province	3	00:11.57	794	1.8	E	
ECA047	1073	Kwesi Ansah	Eastern Cape	3	00:11.73	765	1.8	E	
GAN085	243	Thapelo Legodi	Athletics Gauteng North	3	00:12.68	622	1.8	E	

118	B-15 Boys - Sub-Youth : 100 m		Semi-Finals						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA090	1353	Ronald Rakaku	Free State	1	00:11.28	850	1.4	E	
GAU122	1497	Chistiaan Joubert	Gauteng	1	00:11.37	832	1.4	E	
GAN082	241	Pierre Lange	Athletics Gauteng North	1	00:11.39	828	1.4	E	
NCP042	2036	Ruaan Willemse	Northern Cape Province	1	00:11.65	779	1.4	E	
MPU057	1842	Jeandré Bekker	Mpumalanga	1	00:12.04	714	1.4	E	
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	2	00:11.23	860	1.6	E	
GAU129	1541	Moahloli Mbobo	Gauteng	2	00:11.28	850	1.6	E	
WPA017	1043	Sherman Parrish	Western Province	2	00:11.42	822	1.6	E	
WCP075	2078	Jason Davids	Western Cape	2	00:11.44	818	1.6	E	
FSA091	1319	Elvis Molefe	Free State	2	00:11.47	813	1.6	E	
FSA092	1330	Brian Myeni	Free State	2	00:11.47	813	1.6	E	

186	B-15 Boys - Sub-Youth : 100 m		Final						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	1	00:11.06	898		E	
FSA090	1353	Ronald Rakaku	Free State	2	00:11.15	878		E	
GAU129	1541	Moahloli Mbobo	Gauteng	3	00:11.38	830		E	
GAN082	241	Pierre Lange	Athletics Gauteng North	4	00:11.39	828		E	
GAU122	1497	Chistiaan Joubert	Gauteng	5	00:11.40	826		E	
FSA091	1319	Elvis Molefe	Free State	6	00:11.42	822		E	
WPA017	1043	Sherman Parrish	Western Province	7	00:11.46	814		E	
WCP075	2078	Jason Davids	Western Cape	8	00:11.48	811		E	

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B-15 Boys - Sub-Youth

227	B-15	Boys - Sub-Youth : 200 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	1	00:22.79	819		E	
ECA045	1071	Deverone Adams	Eastern Cape	1	00:23.03	799		E	
NCP043	2035	Jo-Lythen Willemse	Northern Cape Province	1	00:23.29	778		E	
GAN086	302	Ruan Potgieter	Athletics Gauteng North	1	00:23.68	748		E	
KZN048	1678	Bongumusa Madlala	Kwazulu Natal	1	00:23.90	732		E	
LIM034	1823	Jacques Skeen	Limpopo	1	00:23.91	731		E	
MPU056	1841	Hercules Aucamp	Mpumalanga	1	00:24.11	717		E	
FSA090	1353	Ronald Rakaku	Free State	2	00:22.66	830		E	
FSA093	1366	Katleho Sedikane	Free State	2	00:23.61	753		E	
MPU076	1953	Brandon Weyers	Mpumalanga	2	00:23.62	752		E	
NWP082	2324	Bothma Alwyn	North West Province	2	00:23.68	748		E	
GAU119	1480	Ruan Henning	Gauteng	2	00:23.90	732		E	
GAN085	243	Thapelo Legodi	Athletics Gauteng North	2	00:25.74	613		E	
LIM037	1832	Arno Van Heerden	Limpopo	3	00:22.97	804		E	
FSA091	1319	Elvis Molefe	Free State	3	00:23.18	787		E	
WPA017	1043	Sherman Parrish	Western Province	3	00:23.29	778		E	
ECA049	1083	Curwin Bosch	Eastern Cape	3	00:23.44	766		E	
GAU115	1444	Charlie Coetzer	Gauteng	3	00:23.83	737		E	
GAU136	1578	Ivan Prinsloo	Gauteng	3	00:23.87	734		E	
TRA028	526	Somilanathi Somsila	Transkei	3	00:24.52	689		E	
FSA092	1330	Brian Myeni	Free State	4	00:23.04	798		E	
WCP075	2078	Jason Davids	Western Cape	4	00:23.33	775		E	
GAU137	1587	Romeo Scholtz	Gauteng	4	00:23.73	744		E	
NWP078	2320	Sherman Reynders	North West Province	4	00:23.75	743		E	
WCP082	2130	Aquino Jeftha	Western Cape	4	00:24.38	698		E	

276	B-15	Boys - Sub-Youth : 200 m					Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	1	00:22.56	839		E	
LIM037	1832	Arno Van Heerden	Limpopo	1	00:22.88	811		E	
FSA091	1319	Elvis Molefe	Free State	1	00:23.03	799		E	
WCP075	2078	Jason Davids	Western Cape	1	00:23.14	790		E	
MPU076	1953	Brandon Weyers	Mpumalanga	1	00:23.16	788		E	
GAN086	302	Ruan Potgieter	Athletics Gauteng North	1	00:23.58	755		E	
NWP082	2324	Bothma Alwyn	North West Province	1	00:23.69	747		E	
FSA090	1353	Ronald Rakaku	Free State	2	00:22.33	861		E	
ECA045	1071	Deverone Adams	Eastern Cape	2	00:22.99	802		E	
ECA049	1083	Curwin Bosch	Eastern Cape	2	00:23.20	785		E	
FSA092	1330	Brian Myeni	Free State	2	00:23.24	782		E	
WPA017	1043	Sherman Parrish	Western Province	2	00:23.41	768		E	
GAU137	1587	Romeo Scholtz	Gauteng	2	00:23.61	753		E	
FSA093	1366	Katleho Sedikane	Free State	2	00:23.98	726		E	
NWP078	2320	Sherman Reynders	North West Province	2	00:24.07	719		E	

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B-15 Boys - Sub-Youth

350	B-15 Boys - Sub-Youth : 200 m		Final					
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA090	1353	Ronald Rakaku	Free State	1	00:22.70	827	-3.0	E
GAN083	292	Jan-Hendrik Nieuwoudt	Athletics Gauteng North	2	00:23.06	796	-3.0	E
LIM037	1832	Arno Van Heerden	Limpopo	3	00:23.46	764	-3.0	E
ECA045	1071	Deverone Adams	Eastern Cape	4	00:23.55	758	-3.0	E
WCP075	2078	Jason Davids	Western Cape	5	00:23.60	754	-3.0	E
FSA091	1319	Elvis Molefe	Free State	6	00:23.76	742	-3.0	E
ECA049	1083	Curwin Bosch	Eastern Cape	7	00:23.76	742	-3.0	E
MPU076	1953	Brandon Weyers	Mpumalanga	8	00:24.01	724	-3.0	E

47	B-15 Boys - Sub-Youth : 400 m		Heats					
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU115	1444	Charlie Coetzer	Gauteng	1	1	00:52.02	807	E
GAN086	302	Ruan Potgieter	Athletics Gauteng North	1	2	00:52.15	802	E
WCP073	2062	Stefan Burger	Western Cape	1	3	00:52.21	800	E
ECA068	1171	Yaw Penxe	Eastern Cape	1	4	00:53.33	765	E
LIM021	1744	Renier De Jager	Limpopo	1	5	00:53.61	756	E
VAT025	594	Ruan Swanepoel	Vaal Triangle	1	6	00:53.78	751	E
NCP029	1968	Arno Cloete	Northern Cape Province	1	7	00:55.41	705	E
FSA094	1322	Karabelo Moleko	Free State	2	1	00:50.59	857	E
NCP028	1970	Xavier Cloete	Northern Cape Province	2	2	00:52.56	789	E
WCP096	2118	Weon Haupfleich	Western Cape	2	3	00:53.54	758	E
GAU136	1578	Ivan Prinsloo	Gauteng	2	4	00:53.57	757	E
GAN088	225	Brian Kekana	Athletics Gauteng North	2	5	00:57.04	662	E
GAN087	380	Runan Venter	Athletics Gauteng North	3	1	00:50.68	854	E
KZN005	1674	Sibusiso Kubheka	Kwazulu Natal	3	2	00:50.84	848	E
WCP077	2101	Ezra Geldenhuys	Western Cape	3	3	00:53.25	767	E
ECA057	1123	Werner Knoetze	Eastern Cape	3	4	00:53.38	763	E
MPU064	1884	Stephan Kruger	Mpumalanga	3	5	00:54.06	743	E
NWP079	2321	Jonker Gerhard	North West Province	3	6	00:54.08	742	E
KZN077	1698	Sabela Mthethwa	Kwazulu Natal	3	7	00:55.59	700	E
GAU137	1587	Romeo Scholtz	Gauteng	4	1	00:51.22	834	E
FSA095	1406	Lukas Visagie	Free State	4	2	00:51.51	824	E
KZN014	1714	Weldone Shabalala	Kwazulu Natal	4	3	00:51.92	810	E
KZN048	1678	Bongumusa Madlala	Kwazulu Natal	4	4	00:53.71	753	E
MPU065	1885	Beaumont Labuschagne	Mpumalanga	4	5	00:53.86	749	E
FSA097	1365	Thato Sebotsa	Free State	4	6	00:54.26	737	E
CGA109	884	Tshepo Vilakazi	Central Gauteng	4	7	00:54.94	718	E
GAN300	276	Dalton Moller	Athletics Gauteng North	5	1	00:49.99	881	E
FSA096	1269	Daniel Hendricks	Free State	5	2	00:51.33	831	E
ECA046	1072	Luxolo Adams	Eastern Cape	5	3	00:52.37	795	E
TRA027	480	Sinalo Jim	Transkei	5	4	00:52.42	794	E
NCP036	2000	T Mothale	Northern Cape Province	5	5	00:52.72	784	E
CGA104	837	Nhlakanipho Nkambule	Central Gauteng	5	6	00:53.15	770	E
KZN074	1671	Simphiwe Hlophe	Kwazulu Natal	5	7	00:54.12	741	E

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164	B-15	Boys - Sub-Youth : 400 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA094	1322	Karabelo Moleko	Free State	1	00:49.67	893		E	
GAN087	380	Runan Venter	Athletics Gauteng North	2	00:50.38	865		E	
GAN300	276	Dalton Moller	Athletics Gauteng North	3	00:51.20	835		E	
FSA095	1406	Lukas Visagie	Free State	4	00:51.41	828		E	
KZN005	1674	Sibusiso Kubheka	Kwazulu Natal	5	00:51.63	820		E	
GAU137	1587	Romeo Scholtz	Gauteng	6	00:51.63	820		E	
FSA096	1269	Daniel Hendricks	Free State	7	00:52.15	802		E	
GAU115	1444	Charlie Coetzer	Gauteng	8	00:56.17	685		E	

201	B-15	Boys - Sub-Youth : 800 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP036	2000	T Mothale	Northern Cape Province	1	02:02.18	806		E	
MPU062	1869	Gronighan Grobler	Mpumalanga	1	02:02.56	797		E	
GAU133	1564	Mandla Ntlumayo	Gauteng	1	02:05.64	729		E	
MPU060	1865	Louis Fourie	Mpumalanga	1	02:06.50	711		E	
GAU110	1412	Aphiwe Abasisa	Gauteng	1	02:04.67	749		E	
FSA100	1410	Jan-Louis Wessels	Free State	1	02:07.92	683		E	
ECA067	1169	André Ntombane	Eastern Cape	1	20:81.36	0		E	
WCP091	2042	Dylon Atson	Western Cape	1	02:10.44	637		E	
NWP080	2322	Makinita Thabo	North West Province	2	02:00.26	854		E	
NCP044	2037	Andrico Williams	Northern Cape Province	2	02:00.87	838		E	
LIM038	1827	Peter Tau	Limpopo	2	02:01.38	826		E	
GAN089	248	Tegan Lion-Cachet	Athletics Gauteng North	2	02:05.89	724		E	
TRA030	512	Wiseman Ndlalani	Transkei	2	02:05.91	723		E	
FSA094	1322	Karabelo Moleko	Free State	2	02:09.55	653		E	
VAT026	542	Abrie Ebershon	Vaal Triangle	2	02:12.48	602		E	
LIM032	1811	Alfred Ramotebele	Limpopo	2	02:16.35	540		E	
FSA099	1300	Mpumelelemo Mdi	Free State	3	02:00.59	846		E	
FSA098	1253	Lesley Fischat	Free State	3	02:01.32	827		E	
WCP095	2117	McMarshall Hartzenberg	Western Cape	3	02:02.21	805		E	
GAU120	1481	Heinrich Herbest	Gauteng	3	02:02.29	803		E	
KZN075	1693	Philani Mdlalose	Kwazulu Natal	3	02:05.42	733		E	
TRA303	2426	Luzako Zwakala	Transkei	3	02:14.55	568		E	
NCP029	1968	Arno Cloete	Northern Cape Province	3	02:16.06	545		E	

331	B-15	Boys - Sub-Youth : 800 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP080	2322	Makinita Thabo	North West Province	1	01:57.62	930		E	
FSA099	1300	Mpumelelemo Mdi	Free State	2	01:57.68	928		E	
LIM038	1827	Peter Tau	Limpopo	3	01:57.83	923		E	
NCP044	2037	Andrico Williams	Northern Cape Province	4	01:58.09	915		E	
FSA098	1253	Lesley Fischat	Free State	5	02:01.51	822		E	
WCP095	2117	McMarshall Hartzenberg	Western Cape	6	02:02.01	810		E	
NCP036	2000	T Mothale	Northern Cape Province	7	02:02.07	809		E	
MPU062	1869	Gronighan Grobler	Mpumalanga	8	02:03.22	782		E	

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71	B-15	Boys - Sub-Youth : 1500 m					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NCP044	2037	Andrico Williams	Northern Cape Province	1	04:05.92	959		E	
FSA101	1252	Armin Fillies	Free State	1	04:11.50	911		E	
GAU116	1470	Ikageng Gaorekwe	Gauteng	1	04:15.51	880		E	
GAU110	1412	Aphiwe Abasisa	Gauteng	1	04:16.85	870		E	
LIM038	1827	Peter Tau	Limpopo	1	04:17.89	862		E	
FSA098	1253	Lesley Fischat	Free State	1	04:18.76	856		E	
FSA099	1300	Mpumelelemo Mdi	Free State	1	04:19.74	849		E	
WCP100	2201	Ruwaldo Ratz	Western Cape	1	04:27.40	798		E	
ECA055	1119	Athi Khosi	Eastern Cape	1	04:32.74	765		E	
CGA108	881	Dylan vd Merwe	Central Gauteng	1	04:35.38	750		E	
LIM028	1788	James Mothapo	Limpopo	1	04:59.62	628		E	
GAU124	1500	Khanyile Khonco	Gauteng	2	04:16.87	869		E	
FSA100	1410	Jan-Louis Wessels	Free State	2	41:78.01	0		E	
KZN075	1693	Philani Mdlalose	Kwazulu Natal	2	04:17.34	866		E	
ECA062	1151	Thabile Mkhupheni	Eastern Cape	2	04:18.13	860		E	
NWP081	2323	Mosiane Reuben	North West Province	2	04:18.37	859		E	
KZN076	1717	Sibonelo Sithole	Kwazulu Natal	2	04:22.00	833		E	
WCP094	2107	Vuyolwetho Gqoko	Western Cape	2	04:30.85	776		E	
KZN028	1712	Aphiwe Sabela	Kwazulu Natal	2	04:36.03	746		E	
WCP091	2042	Dylon Atson	Western Cape	2	04:36.92	741		E	
LIM027	1765	Thomas Mabotja	Limpopo	2	04:39.91	725		E	
CGA103	836	Nksikhona Nhlapo	Central Gauteng	2	04:34.14	757		E	
NCP030	1972	Martin de Klerk	Northern Cape Province	2	04:59.59	628		E	

157	B-15	Boys - Sub-Youth : 1500 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NCP044	2037	Andrico Williams	Northern Cape Province	1	04:08.53	936		E	
GAU124	1500	Khanyile Khonco	Gauteng	2	04:13.75	893		E	
GAU116	1470	Ikageng Gaorekwe	Gauteng	3	04:16.09	875		E	
FSA101	1252	Armin Fillies	Free State	4	04:16.13	875		E	
FSA099	1300	Mpumelelemo Mdi	Free State	5	04:18.45	858		E	
FSA098	1253	Lesley Fischat	Free State	6	04:21.36	837		E	
GAU110	1412	Aphiwe Abasisa	Gauteng	7	04:23.54	823		E	
FSA100	1410	Jan-Louis Wessels	Free State	8	04:24.28	818		E	
KZN075	1693	Philani Mdlalose	Kwazulu Natal	9	04:26.43	804		E	

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368	B-15	Boys - Sub-Youth : 3000 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
KZN030	1660	Sibusiso Dlamini	Kwazulu Natal	1	09:05.38	915	E		
GAU116	1470	Ikageng Gaorekwe	Gauteng	2	09:05.44	914	E		
WCP100	2201	Ruwaldo Ratz	Western Cape	3	09:13.21	893	E		
FSA101	1252	Armin Fillies	Free State	4	09:14.59	889	E		
KZN076	1717	Sibonelo Sithole	Kwazulu Natal	5	09:22.66	868	E		
GAU128	1540	Tebogo Mbatha	Gauteng	6	09:23.35	867	E		
ECA066	1168	Ntsikelelo Ntibane	Eastern Cape	7	09:23.06	867	E		
GAU141	1603	Thabang Thebeagae	Gauteng	8	09:33.34	843	E		
WCP094	2107	Vuyolwetho Gqoko	Western Cape	9	09:39.87	829	E		
NWP081	2323	Mosiane Reuben	North West Province	10	09:42.11	824	E		
CGA108	881	Dylan vd Merwe	Central Gauteng	11	09:43.35	821	E		
ECA053	1107	Asakhe Gontsi	Eastern Cape	12	09:47.68	812	E		
ECA064	1154	Andile Motwani	Eastern Cape	13	09:53.18	801	E		
KZN037	1680	Kwanele Mafuleka	Kwazulu Natal	14	09:53.87	800	E		
NCP035	1999	M Mfiki	Northern Cape Province	15	09:55.42	797	E		
CGA098	753	Clement Dondolo	Central Gauteng	16	09:57.02	794	E		
WCP095	2117	McMarshall Hartzenberg	Western Cape	17	10:02.70	783	E		
LIM022	1745	Dennis Dihangwana	Limpopo	18	10:15.77	760	E		
KZN006	1696	Philani Mposula	Kwazulu Natal	19	10:22.92	748	E		
NCP031	1977	M Gaonathebe	Northern Cape Province	20	10:38.06	724	E		
NCP032	1984	Werner Isaacs	Northern Cape Province	21	11:01.75	689	E		

112	B-15	Boys - Sub-Youth : 100 m Hurdles					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU140	1602	Hugo Terblanche	Gauteng	3	00:13.61	893	E		
FSA105	1216	Hanno Bezuidenhout	Free State	4	00:13.83	869	E		
GAN093	203	Morne Fourie	Athletics Gauteng North	5	00:14.44	809	E		
NWP082	2324	Bothma Alwyn	North West Province	1	00:13.22	939	1.3	E	
GAU111	1413	Irvin Ali	Gauteng	1	00:13.23	938	1.3	E	
GAN084	297	Stean Pienaar	Athletics Gauteng North	1	00:13.33	926	1.3	E	
WCP071	2039	Keenan Abrahams	Western Cape	1	00:13.43	914	1.3	E	
GAN090	216	Brendan Heymans	Athletics Gauteng North	1	00:13.47	909	1.3	E	
CNW025	40	Hilgard Greyling	Central North West	1	00:14.15	837	1.3	E	
GAN104	193	Arnauld Emmanuel	Athletics Gauteng North	1	00:14.37	816	1.3	E	
FSA102	1220	Donovan Bouwer	Free State	2	00:13.84	868	1.7	E	
WCP097	2128	Jody Jansen	Western Cape	2	00:13.87	865	1.7	E	
NCP039	2010	Nico Roets	Northern Cape Province	2	00:14.89	770	1.7	E	
LIM029	1791	Maredi Mphahlele	Limpopo	2	00:15.32	735	1.7	E	
LIM020	1736	Mthethwa Baloyi	Limpopo	2	00:15.47	724	1.7	E	
WPA016	1055	Joshua Vermeulen	Western Province	3	00:13.60	894	0.7	E	
FSA104	1211	Francois Aggenbach	Free State	3	00:16.87	629	0.7	E	
GAN091	274	Kefilwe Mogoane	Athletics Gauteng North	3	00:14.27	825	0.7	E	
ECA061	1143	Xolile Mbali	Eastern Cape	3	00:15.11	752	0.7	E	
FSA103	1370	Masego Sesele	Free State	4	00:13.13	950	0	E	
WCP093	2080	Damian de Lange	Western Cape	4	00:13.36	922	0	E	

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146	B-15	Boys - Sub-Youth : 100 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP093	2080	Damian de Lange	Western Cape	1	00:13.15	948	4.4	E	
GAN084	297	Stean Pienaar	Athletics Gauteng North	2	00:13.20	942	4.4	E	
GAU111	1413	Irvin Ali	Gauteng	3	00:13.22	939	4.4	E	
NWP082	2324	Bothma Alwyn	North West Province	4	00:13.33	926	4.4	E	
WCP071	2039	Keenan Abrahams	Western Cape	5	00:13.43	914	4.4	E	
WPA016	1055	Joshua Vermeulen	Western Province	6	00:13.47	909	4.4	E	
FSA102	1220	Donovan Boucher	Free State	7	00:14.61	794	4.4	E	

241	B-15	Boys - Sub-Youth : 300 m Hurdles					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU066	1908	Goodman Mkhwanazi	Mpumalanga	1	1	00:39.93	873	E	
GAU121	1488	Wernich Human	Gauteng	1	2	00:40.15	859	E	
FSA106	1350	Nico Prinsloo	Free State	1	3	00:41.54	784	E	
LIM026	1766	Pillemon Madibilala	Limpopo	1	4	00:42.58	734	E	
NCP039	2010	Nico Roets	Northern Cape Province	1	5	00:44.14	668	E	
KZN077	1698	Sabela Mthethwa	Kwazulu Natal	1	6	00:44.70	646	E	
GAN092	300	Herman Potgieter	Athletics Gauteng North	2	1	00:41.23	800	E	
WPA016	1055	Joshua Vermeulen	Western Province	2	2	00:41.61	781	E	
WCP098	2161	Zhane Manual	Western Cape	2	3	00:41.81	771	E	
GAN093	203	Morne Fourie	Athletics Gauteng North	2	4	00:41.95	764	E	
MPU059	1861	Jacques Du Toit	Mpumalanga	2	5	00:42.15	754	E	
GAN091	274	Kefilwe Mogoane	Athletics Gauteng North	2	6	00:43.18	708	E	
LIM023	1746	Barend Ditle	Limpopo	2	7	00:43.26	704	E	
GAU118	1479	Petrus Hendricks	Gauteng	3	1	00:39.62	892	E	
GAU140	1602	Hugo Terblanche	Gauteng	3	2	00:40.59	834	E	
GAU111	1413	Irvin Ali	Gauteng	3	3	00:40.63	832	E	
GAN090	216	Brendan Heymans	Athletics Gauteng North	3	4	00:40.74	826	E	
ECA050	1085	Jerome Botha	Eastern Cape	3	5	00:41.42	790	E	
WCP086	2173	Wesley Meyer	Western Cape	3	6	00:42.24	750	E	
CGA101	785	Tristan Koekemoer	Central Gauteng	3	7	00:42.72	728	E	
GAN103	200	Nicholas Ferns	Athletics Gauteng North	3	8	00:43.66	687	E	
FSA105	1216	Hanno Bezuidenhout	Free State	4	1	00:39.57	895	E	
FSA095	1406	Lukas Visagie	Free State	4	2	00:40.53	838	E	
GAU126	1519	Erwin Loots	Gauteng	4	3	00:40.68	829	E	
WCP092	2044	Evan Barends	Western Cape	4	4	00:41.72	775	E	
KZN078	1720	G Smith	Kwazulu Natal	4	5	00:42.50	738	E	
MPU071	1930	Righ Potgieter	Mpumalanga	4	6	00:43.30	702	E	
CGA250	2267	Ruan Scheepers	Central Gauteng	4	7	00:44.85	640	E	
WCP101	2211	Marco Stassen	Western Cape	4	8	00:45.12	630	E	

322	B-15	Boys - Sub-Youth : 300 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU066	1908	Goodman Mkhwanazi	Mpumalanga	1	00:38.57	963		E	
FSA105	1216	Hanno Bezuidenhout	Free State	2	00:38.65	957		E	
GAU121	1488	Wernich Human	Gauteng	3	00:39.30	912		E	
GAU118	1479	Petrus Hendricks	Gauteng	4	00:39.48	901		E	
FSA095	1406	Lukas Visagie	Free State	5	00:40.10	862		E	
GAU140	1602	Hugo Terblanche	Gauteng	6	00:40.23	855		E	
GAN092	300	Herman Potgieter	Athletics Gauteng North	7	00:40.99	813		E	
GAU111	1413	Irvin Ali	Gauteng	8	00:41.07	808		E	

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126	B-15	Boys - Sub-Youth : 5000 m Walk					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU146	1634	Pierre Vermaak	Gauteng	1	25:58.33	946	E		
ECA063	1153	Buyile Mongezi	Eastern Cape	2	26:48.50	923	E		
NWP093	2335	Jacobs Jacques	North West Province	3	27:23.34	907	E		
WCP102	2159	Thandolwethu Magingxa	Western Cape	4	27:24.04	907	E		
KZN032	1706	Percival Nzuza	Kwazulu Natal	5	27:24.74	906	E		
WCP103	2197	Juandrey Pieterse	Western Cape	6	27:48.58	896	E		
WCP105	2127	Geraldo Jansen	Western Cape	7	27:50.67	895	E		
NWP094	2336	Segano Thapelo	North West Province	8	28:28.97	880	E		
KZN015	1703	Philasande Nkosi	Kwazulu Natal	9	28:29.00	880	E		
FSA124	1228	Janlu Classen	Free State	10	29:33.51	855	E		

58	B-15	Boys - Sub-Youth : High Jump					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA116	1232	Pieter-Christiaan Coetzer	Free State	1	1.75	621	E		
GAU135	1574	Ruan Potgieter	Gauteng	1	1.75	621	E		
KZN021	1652	Taylor Baydon	Kwazulu Natal	3	1.75	621	E		
ECA065	1155	Marvaan Mouton	Eastern Cape	4	1.75	621	E		
FSA115	1357	Rickert Redelinghuys	Free State	5	1.75	621	E		
WCP079	2112	Erik Groenewald	Western Cape	5	1.75	621	E		
GAU148	1644	Christiaan Wepener	Gauteng	5	1.75	621	E		
NCP033	1987	Denville Joseph	Northern Cape Province	8	1.75	621	E		
NWP084	2326	Du Preez Duan	North West Province	9	1.75	621	E		
LIM029	1791	Maredi Mphahlele	Limpopo	10	1.75	621	E		
VAT028	573	Karabo Motsiri	Vaal Triangle	11	1.70	568	E		
MPU067	1914	Mfundo Ndhlovu	Mpumalanga	12	1.70	568	E		
LIM024	1750	Rikus Fick	Limpopo	13	1.70	568	E		
FSA117	1239	Henco de Wet	Free State	14	1.70	568	E		
GAN093	203	Morne Fourie	Athletics Gauteng North	15	1.70	568	E		
GAN094	349	Etu Tengufumene	Athletics Gauteng North	16	1.65	515	E		
MPU068	1918	Karabo Nkambule	Mpumalanga	16	1.65	515	E		
CGA110	885	Simeon Visser	Central Gauteng	18	1.65	515	E		
CGA250	2267	Ruan Scheepers	Central Gauteng	19	1.65	515	E		
GAU111	1413	Irvin Ali	Gauteng	19	1.65	515	E		
CGA106	857	Reneil Singh	Central Gauteng	21	1.60	461	E		
VAT029	534	Durandt Bouwer	Vaal Triangle	21	1.60	461	E		

174	B-15	Boys - Sub-Youth : High Jump					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA115	1357	Rickert Redelinghuys	Free State	1	1.88	756	E		
NCP033	1987	Denville Joseph	Northern Cape Province	2	1.85	725	E		
GAU135	1574	Ruan Potgieter	Gauteng	3	1.80	673	E		
FSA116	1232	Pieter-Christiaan Coetzer	Free State	4	1.80	673	E		
GAU148	1644	Christiaan Wepener	Gauteng	5	1.75	621	E		
NWP084	2326	Du Preez Duan	North West Province	6	1.70	568	E		

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40	B-15	Boys - Sub-Youth : Pole Vault					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN095	162	Coleman Brits	Athletics Gauteng North	1	3.60	655		E	
FSA120	1224	Dean Bubb	Free State	2	3.40	550		E	
WCP088	2232	Lucas vd Watt	Western Cape	2	3.40	550		E	
FSA123	1247	Stafano Ekkerd	Free State	4	3.40	550		E	
WCP078	2103	William Gibbens	Western Cape	5	3.20	444		E	
FSA121	1214	Jonathan Allison	Free State	6	3.00	335		E	
WCP076	2097	Jean Fourie	Western Cape	7	3.00	335		E	
FSA122	1245	Gerrie du Plessis	Free State	8	3.00	335		E	
ECA048	1077	Heino Bezuidenhout	Eastern Cape	9	2.60	108		E	

310	B-15	Boys - Sub-Youth : Long Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA119	1261	Leighton Goodman	Free State	1	6.68	817	-0.4	E	
NCP042	2036	Ruaan Willemse	Northern Cape Province	2	6.41	736		E	
WCP081	2129	Kyle Jantjies	Western Cape	3	6.35	718		E	
GAU122	1497	Chistiaan Joubert	Gauteng	4	6.22	678		E	
NWP086	2328	Jacobus Bamberger	North West Province	5	6.16	660		E	
NWP085	2327	Grobler Jandre	North West Province	6	6.05	627		E	
LIM025	1753	Pierre Janse Van Vuuren	Limpopo	7	6.02	618		E	
MPU056	1841	Hercules Aucamp	Mpumalanga	8	6.00	612		E	
VAT023	557	Jared Jansen	Vaal Triangle	9	5.99	609		E	
GAU134	1571	Jesse Perez	Gauteng	10	5.99	609		E	
SWD018	438	Alan De Villiers	South Western Districts	11	5.97	602		E	
ECA045	1071	Deverone Adams	Eastern Cape	12	5.97	602		E	
WCP084	2151	Andell Loubser	Western Cape	13	5.85	566		E	
WPA017	1043	Sherman Parrish	Western Province	14	5.84	563		E	
GAU126	1519	Erwin Loots	Gauteng	15	5.76	538		E	
WPI004	1064	Troy Payne	Athletics Western Prov	16	5.70	519		E	
GAN097	234	Tshiamo Kutu	Athletics Gauteng North	17	5.66	507		E	
GAN096	235	Tshlanego Kutu	Athletics Gauteng North	18	5.63	498		E	
MPU063	1870	Marco Grobler	Mpumalanga	19	5.61	491		E	
MPU067	1914	Mfundo Ndhlovu	Mpumalanga	20	5.47	447		E	
CGA110	885	Simeon Visser	Central Gauteng	21	5.45	441		E	
FSA118	1295	Daniel Marais	Free State	22	5.41	429		E	
CGA106	857	Reneil Singh	Central Gauteng	23	5.32	400		E	

46	B-15	Boys - Sub-Youth : Triple Jump					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP090	2041	Aden Ajam	Western Cape	1	13.01	726		E	
GAU127	1527	Holiday Malepe	Gauteng	2	12.92	712		E	
GAU139	1600	Teboho Tau	Gauteng	3	12.82	698		E	
NWP086	2328	Jacobus Bamberger	North West Province	4	12.72	683		E	
ECA068	1171	Yaw Penxe	Eastern Cape	5	12.02	578		E	
GAN097	234	Tshiamo Kutu	Athletics Gauteng North	6	11.86	554		E	
GAU131	1559	Kutlwano Mxuma	Gauteng	7	11.72	533		E	

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131	B-15	Boys - Sub-Youth : Shot Put					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU144	1623	Jason van Rooyen	Gauteng	1	18.01	911	E		
NWP087	2329	Douglas Bruce Smith	North West Province	2	17.32	878	E		
GAN098	280	Viaan Mong	Athletics Gauteng North	3	16.76	844	E		
WCP080	2114	Wikus Groenewald	Western Cape	4	16.54	831	E		
WCP072	2046	Riaan Barnard	Western Cape	5	16.19	809	E		
FSA107	1363	Danie Rust	Free State	6	15.92	792	E		
GAN099	230	Phillip Krause	Athletics Gauteng North	7	15.85	787	E		
GAU125	1501	Kyle Klopper	Gauteng	8	15.65	775	E		
MPU072	1937	Raymond Smit	Mpumalanga	9	15.38	757	E		
WCP099	2170	Brian Meyer	Western Cape	10	15.33	754	E		
ECA060	1141	Malan Marais	Eastern Cape	11	15.21	746	E		
GAN100	315	Tristan Rothman	Athletics Gauteng North	12	15.13	741	E		
GAU142	1618	Ruben van Heerden	Gauteng	13	14.90	726	E		
KZN047	1666	Franco Erasmus	Kwazulu Natal	14	14.45	696	E		
NWP088	2330	Pieterse Martinus	North West Province	15	14.42	694	E		
MPU073	1945	Marthienus vd Merwe	Mpumalanga	16	14.40	693	E		
WCP089	2091	Renaldo Ferreira	Western Cape	17	14.32	688	E		
MPU070	1924	Christiaan J Oelofse	Mpumalanga	19	14.24	682	E		
FSA108	1277	Ryan Koen	Free State	20	13.93	661	E		
VAT030	533	Nicolai Botha	Vaal Triangle	21	13.00	596	E		
CGA099	762	Wesley Grant	Central Gauteng	22	12.47	558	E		

221	B-15	Boys - Sub-Youth : Discus Throw					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN098	280	Viaan Mong	Athletics Gauteng North	1	56.91	907	E		
WCP080	2114	Wikus Groenewald	Western Cape	2	26.58	275	E		
NWP089	2331	Stephan Henderson	North West Province	3	54.41	869	E		
NWP090	2332	Visser Michael	North West Province	4	35.84	507	E		
MPU073	1945	Marthienus vd Merwe	Mpumalanga	5	53.18	848	E		
WPI004	1064	Troy Payne	Athletics Western Prov	6	51.99	827	E		
WCP087	2200	Edgar Ramsauer	Western Cape	7	15.68	0	E		
FSA110	1384	David Theron	Free State	8	50.25	796	E		
GAU112	1419	Jacobs Bekker	Gauteng	9	49.96	791	E		
FSA194	1306	Wynand Meyer	Free State	10	49.31	779	E		
GAU144	1623	Jason van Rooyen	Gauteng	11	48.95	772	E		
GAU125	1501	Kyle Klopper	Gauteng	12	48.87	771	E		
GAU147	1639	Myburgh Viljoen	Gauteng	13	48.50	764	E		
WCP089	2091	Renaldo Ferreira	Western Cape	14	48.19	758	E		
LIM036	1831	Zw Van Deventer	Limpopo	15	47.95	754	E		
GAN101	240	Burger Lambrechts	Athletics Gauteng North	16	47.90	753	E		
GAU123	1498	Jaundre Jooubert	Gauteng	17	47.60	747	E		
GAN099	230	Phillip Krause	Athletics Gauteng North	18	46.84	733	E		
FSA107	1363	Danie Rust	Free State	19	46.66	730	E		
FSA109	1375	Knocks Stevens	Free State	20	46.44	725	E		
ECA060	1141	Malan Marais	Eastern Cape	21	45.44	706	E		
MPU077	1956	Derik Willemse	Mpumalanga	22	44.80	694	E		
VAT030	533	Nicolai Botha	Vaal Triangle	23	43.40	666	E		

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23	B-15	Boys - Sub-Youth : Javelin				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP085	2162	Gustav Marais	Western Cape	1	65.45	906	E	
NWP091	2333	Gouws Zander	North West Province	2	65.20	903	E	
WCP079	2112	Erik Groenewald	Western Cape	3	58.45	751	E	
GAU114	1431	Dylan Botha	Gauteng	4	57.48	729	E	
MPU057	1842	Jeandré Bekker	Mpumalanga	5	45.70	436	E	
NCP037	2003	G Nortje	Northern Cape Province	6	51.56	586	E	
GAN102	209	Johan Grobler	Athletics Gauteng North	7	50.32	555	E	
NWP098	2340	Le Roux Machiel	North West Province	8	49.65	538	E	
GAU121	1488	Wernich Human	Gauteng	9	48.63	512	E	
ECA056	1122	Denver Kleu	Eastern Cape	10	48.22	502	E	
FSA112	1405	Edrich Victor	Free State	11	47.65	487	E	
GAN100	315	Tristan Rothman	Athletics Gauteng North	12	47.48	483	E	
NWP092	2334	Botha Paul	North West Province	13	44.94	416	E	
CGA102	811	Daniel Mateus	Central Gauteng	14	41.88	333	E	
ECA071	1198	Ashley Versveld	Eastern Cape	15	43.43	375	E	
MPU058	1848	Werner Bouwer	Mpumalanga	16	42.05	338	E	
GAU117	1478	Chris Hemans	Gauteng	17	42.04	337	E	
LIM035	1830	Jarik Van Der Walt	Limpopo	18	40.98	308	E	
NWP096	2338	Wisee Eric	North West Province	19	39.38	262	E	
CGA097	732	St John Barnard	Central Gauteng	20	38.64	241	E	

155	B-15	Boys - Sub-Youth : Javelin				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP091	2333	Gouws Zander	North West Province	1	68.29	943	E	
WCP085	2162	Gustav Marais	Western Cape	2	66.61	921	E	
WCP079	2112	Erik Groenewald	Western Cape	3	61.87	830	E	
MPU057	1842	Jeandré Bekker	Mpumalanga	4	58.34	749	E	
GAU114	1431	Dylan Botha	Gauteng	5	56.34	702	E	
NCP037	2003	G Nortje	Northern Cape Province	6	53.37	630	E	
GAN102	209	Johan Grobler	Athletics Gauteng North	7	51.69	589	E	
ECA056	1122	Denver Kleu	Eastern Cape	8	50.12	550	E	
FSA112	1405	Edrich Victor	Free State	9	48.02	497	E	
NWP098	2340	Le Roux Machiel	North West Province	10	46.45	456	E	
GAN100	315	Tristan Rothman	Athletics Gauteng North	11	42.57	352	E	

143	B-15	Boys - Sub-Youth : Hammer Throw				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP080	2114	Wikus Groenewald	Western Cape	1	56.89	892	E	
WCP083	2132	Jacques Jordaan	Western Cape	2	55.52	877	E	
NWP089	2331	Stephan Henderson	North West Province	3	52.22	839	E	
FSA113	1289	Hugo Maartens	Free State	4	50.28	815	E	
GAU143	1622	Louis van Rensburg	Gauteng	5	50.10	813	E	
ECA070	1191	Roché Swanepoel	Eastern Cape	6	49.67	808	E	
WCP074	2066	Abri Coetzee	Western Cape	7	47.68	783	E	
FSA108	1277	Ryan Koen	Free State	8	47.37	779	E	
NWP087	2329	Douglas Bruce Smith	North West Province	9	45.73	758	E	
WCP089	2091	Renaldo Ferreira	Western Cape	10	42.02	708	E	
FSA114	1411	Ernie Weyers	Free State	11	37.96	649	E	
ECA051	1097	Duan Du Plessis	Eastern Cape	12	37.16	637	E	
GAU113	1423	Andre Bezuidenhout	Gauteng	13	31.52	545	E	
GAU123	1498	Jaundre Jooubert	Gauteng	14	30.32	524	E	

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B-17 Boys - Youth

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B-17 Boys - Youth

34	B-17	Boys - Youth : 100 m	Heats						
			Athlete	Team	Place	Performance	Table point	Wind	H/E
BOL009	665	Wesley Pindele	Boland	1	1	00:10.55	970	3.2	E
GAU189	1610	Walter Ungerer	Gauteng	1	2	00:10.59	959	3.2	E
WPA011	1023	Daylan Daniels	Western Province	1	3	00:10.75	919	3.2	E
NCP026	2031	Johan van Wyk	Northern Cape Province	1	4	00:10.79	909	3.2	E
NWP300	2296	Anele Nzwanzwa	North West Province	1	5	00:10.96	871	3.2	E
ECA036	1176	Irshaad Potgieter	Eastern Cape	1	6	00:10.98	866	3.2	E
BOI012	728	Shaun Stander	Boland Individual	1	7	00:11.03	855	3.2	E
GAN035	273	Lehlogonolo Mnguni	Athletics Gauteng North	1	8	00:11.17	827	3.2	E
NCP027	2033	Wilmo Vermeulen	Northern Cape Province	1	9	00:11.19	823	3.2	E
GAU184	1583	Sabela Samkelo	Gauteng	2	1	00:10.72	926	0.3	E
GAN042	283	Lesego Motlala	Athletics Gauteng North	2	2	00:10.99	864	0.3	E
LIM054	1742	Ernst Buys	Limpopo	2	3	00:11.00	862	0.3	E
MPU079	1851	Fumani Chauke	Mpumalanga	2	4	00:11.15	831	0.3	E
ECA018	1090	Maledi Cona	Eastern Cape	2	5	00:11.15	831	0.3	E
VAT082	595	Raymond van Sittert	Vaal Triangle	2	6	00:11.24	813	0.3	E
GAN043	223	Gerick Jooste	Athletics Gauteng North	2	7	00:11.32	798	0.3	E
KZN045	1723	Karl Terblanche	Kwazulu Natal	2	8	00:11.43	777	0.3	E
MPU090	1910	Thuto Mphogo	Mpumalanga	2	9	00:11.49	767	0.3	E
VAT081	558	Tshepiso Kabi	Vaal Triangle	2	10	00:11.50	765	0.3	E
GAU172	1529	Obakeng Maoka	Gauteng	3	1	00:10.78	912	2.4	E
MPU084	1877	Nelis J v Rensburg	Mpumalanga	3	2	00:10.84	898	2.4	E
GAN039	247	Jurie Linde	Athletics Gauteng North	3	3	00:10.85	895	2.4	E
LIM062	1785	Molefe Monama	Limpopo	3	4	00:11.10	841	2.4	E
NWP100	2297	Louw Jason	North West Province	3	5	00:11.21	819	2.4	E
LIA016	1009	Roche Nel	Limpopo Athletics	3	6	00:11.33	796	2.4	E
KZN020	1709	Keegan Paverd	Kwazulu Natal	3	7	00:00.00	0	2.4	E
TRA026	487	Unathi Macamba	Transkei	3	8	00:11.79	716	2.4	E
FSA125	1355	Nhlapo Ranthabane	Free State	4	1	00:10.67	939	2.7	E
WCP052	2180	Dewald Naude	Western Cape	4	2	00:10.94	875	2.7	E
VAT080	540	Damian de Freitas	Vaal Triangle	4	3	00:10.90	884	2.7	E
LIM070	1836	Arno Van Staden	Limpopo	4	4	00:11.09	843	2.7	E
CGA145	799	Mosolwa Mafuma	Central Gauteng	4	5	00:11.09	843	2.7	E
FSF001	131	Joseph Rhapitso	Free State Athletics	4	6	00:11.10	841	2.7	E
MPU094	1951	Fritz Weilbach	Mpumalanga	4	7	00:11.36	790	2.7	E
TRA016	484	Byl Leville Va Der	Transkei	4	8	00:11.62	744	2.7	E
LIA019	1007	Frank Modiba	Limpopo Athletics	4	9	00:11.92	696	2.7	E
GAU175	1533	Vuyani Masuku	Gauteng	5	1	00:10.70	931	0.2	E
WCP065	2174	Keenan Michau	Western Cape	5	2	00:10.74	921	0.2	E
GAU179	1552	Gosego Moroka	Gauteng	5	3	00:10.79	909	0.2	E
WPA012	1047	Tiaan Smit	Western Province	5	4	00:10.92	879	0.2	E
FSA128	1354	Thabiso Ramaisa	Free State	5	5	00:11.30	801	0.2	E
GAU171	1524	Lethuxolo Makhanya	Gauteng	5	6	00:11.33	796	0.2	E
NWP117	2314	Jonker Brendon	North West Province	5	7	00:11.45	774	0.2	E
NWN005	420	Karabo Katane	North West North	5	8	00:11.58	751	0.2	E
FSA126	1268	Llewellyn Hein	Free State	6	1	00:10.68	936	6.1	E
GAN038	156	Donovan Boshoff	Athletics Gauteng North	6	2	00:10.77	914	6.1	E
WCP034	2047	Mikael Bartlett	Western Cape	6	3	00:10.78	912	6.1	E
GAN037	316	Thando Roto	Athletics Gauteng North	6	4	00:10.82	902	6.1	E
WCP042	2090	Jason Faro	Western Cape	6	5	00:11.04	853		E
FSA127	1358	Eric Reinecke	Free State	6	6	00:11.08	845	6.1	E
GAN036	262	Kulwana Matlala	Athletics Gauteng North	6	7	00:11.10	841	6.1	E

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WCP064	2169	Jayden Mentoor	Western Cape	6	8	00:11.15	831	6.1	E
KZN003	1684	Zanemvula Manana	Kwazulu Natal	6	9	00:11.28	805	6.1	E
CGA139	741	Thomas Chigarico	Central Gauteng	6	10	00:11.74	724	6.1	E

120 B-17 Boys - Youth : 100 m

Semi-Finals

		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU175	1533	Vuyani Masuku	Gauteng	1	1	00:10.69	934	0.6	E
FSA126	1268	Llewellyn Hein	Free State	1	2	00:10.84	898	0.6	E
WPA012	1047	Tiaan Smit	Western Province	1	3	00:10.93	877	0.6	E
GAU179	1552	Gosego Moroka	Gauteng	1	4	00:10.94	875	0.6	E
MPU084	1877	Nelis J v Rensburg	Mpumalanga	1	5	00:11.06	849	0.6	E
GAN038	156	Donovan Boshoff	Athletics Gauteng North	1	6	00:11.08	845	0.6	E
GAN039	247	Jurie Linde	Athletics Gauteng North	1	7	00:11.15	831	0.6	E
NWP300	2296	Anele Nzwanzwa	North West Province	1	8	00:11.18	825	0.6	E
FSA125	1355	Nhlapo Ranthabane	Free State	2	1	00:10.67	939	0.6	E
WCP065	2174	Keenan Michau	Western Cape	2	2	00:10.78	912	0.6	E
GAU184	1583	Sabela Samkelo	Gauteng	2	3	00:10.80	907	0.6	E
WCP052	2180	Dewald Naude	Western Cape	2	4	00:10.97	868	0.6	E
VAT080	540	Damian de Freitas	Vaal Triangle	2	5	00:11.08	845	0.6	E
ECA036	1176	Irshaad Potgieter	Eastern Cape	2	6	00:11.26	809	0.6	E
BOL009	665	Wesley Pindele	Boland	3	1	00:10.68	936	0.8	E
GAU189	1610	Walter Ungerer	Gauteng	3	2	00:10.74	921	0.8	E
GAU172	1529	Obakeng Maoka	Gauteng	3	3	00:10.83	900	0.8	E
WPA011	1023	Daylan Daniels	Western Province	3	4	00:10.91	882	0.8	E
NCP026	2031	Johan van Wyk	Northern Cape Province	3	5	00:11.03	855	0.8	E
LIM054	1742	Ernst Buys	Limpopo	3	6	00:11.09	843	0.8	E
GAN042	283	Lesego Motlala	Athletics Gauteng North	3	7	00:11.15	831	0.8	E
BOI012	728	Shaun Stander	Boland Individual	3	8	00:11.19	823	0.8	E

189 B-17 Boys - Youth : 100 m

Final

		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA125	1355	Nhlapo Ranthabane	Free State	1	00:10.50	984	1.9	E	E
GAU175	1533	Vuyani Masuku	Gauteng	2	00:10.58	962	1.9	E	
GAU189	1610	Walter Ungerer	Gauteng	3	00:10.60	957	1.9	E	
GAU184	1583	Sabela Samkelo	Gauteng	4	00:10.67	939	1.9	E	
FSA126	1268	Llewellyn Hein	Free State	5	00:10.68	936	1.9	E	
WCP065	2174	Keenan Michau	Western Cape	6	00:10.72	926	1.9	E	
GAU172	1529	Obakeng Maoka	Gauteng	7	00:10.82	902	1.9	E	

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B-17 Boys - Youth

230	B-17	Boys - Youth : 200 m		Heats				
				Athlete	Team	Place	Performance	Table point
GAU189	1610	Walter Ungerer	Gauteng	1	1	00:21.59	889	E
FSA129	1267	Petr Havenga	Free State	1	2	00:21.83	865	E
VAT080	540	Damian de Freitas	Vaal Triangle	1	3	00:22.08	841	E
WCP034	2047	Mikael Bartlett	Western Cape	1	4	00:22.31	820	E
LIM070	1836	Arno Van Staden	Limpopo	1	5	00:22.47	806	E
GAN038	156	Donovan Boshoff	Athletics Gauteng North	2	1	00:21.46	902	E
GAU183	1581	Eckhardt Rossouw	Gauteng	2	2	00:21.85	863	E
NWP300	2296	Anele Nzwanzwa	North West Province	2	3	00:22.17	833	E
GNI123	2254	Quincy Vorster	Ath Gauteng North	2	4	00:22.18	832	E
GAN042	283	Lesego Motlala	Athletics Gauteng North	2	5	00:22.40	812	E
GAN043	223	Gerick Jooste	Athletics Gauteng North	2	6	00:22.40	812	E
ECA041	1193	Clinton Thorne	Eastern Cape	2	7	00:22.95	767	E
GAU184	1583	Sabela Samkelo	Gauteng	3	1	00:21.69	878	E
GAN041	146	Nantes Aucamp	Athletics Gauteng North	3	2	00:21.99	849	E
FSA130	1246	Johan du Toit	Free State	3	3	00:22.24	826	E
NWP101	2298	Moalusi Oratile	North West Province	3	4	00:22.27	824	E
CGA139	741	Thomas Chigarico	Central Gauteng	3	5	00:22.71	786	E
NWP117	2314	Jonker Brendon	North West Province	3	6	00:23.15	751	E
GAN039	247	Jurie Linde	Athletics Gauteng North	4	1	00:21.91	857	E
WCP052	2180	Dewald Naude	Western Cape	4	2	00:22.19	831	E
GAN040	372	Nicholas van Schalkwyk	Athletics Gauteng North	4	3	00:22.28	823	E
LIM062	1785	Molefe Monama	Limpopo	4	4	00:22.85	775	E
EPA009	918	Cornel Steyn	Eastern Province	4	5	00:22.91	770	E
WPI003	1065	Keagen Peters	Athletics Western Prov	4	6	00:23.37	735	E
GAU163	1484	Thokozani Hlatshwayo	Gauteng	4	7	00:23.45	729	E
TRA016	484	Byl Leville Va Der	Transkei	4	8	00:23.93	695	E
GAN044	327	Jon Seeliger	Athletics Gauteng North	5	1	00:21.54	894	E
CGA145	799	Mosolwa Mafuma	Central Gauteng	5	2	00:22.37	815	E
MPU090	1910	Thuto Mphogo	Mpumalanga	5	3	00:22.45	808	E
NCP015	1960	Ronald Arendse	Northern Cape Province	5	4	00:22.83	776	E
TRA026	487	Unathi Macamba	Transkei	5	5	00:24.00	690	E
TRA018	521	Mgcini Nyhanyahwe	Transkei	5	6	00:24.78	639	E
KZA036	947	Sandile Dlamini	Kwazulu Natal Athletics	6	1	00:22.46	807	E
VAT012	592	Daniel Steyn	Vaal Triangle	6	2	00:23.28	741	E
FSA125	1355	Nhlapo Ranthabane	Free State	7	1	00:21.60	888	E
BOL009	665	Wesley Pindele	Boland	7	2	00:22.08	841	E
FSA126	1268	Llewellyn Hein	Free State	7	3	00:22.22	828	E
CGA090	845	Michael Pita	Central Gauteng	7	4	00:22.31	820	E
ECA043	1207	Brian Wolmarans	Eastern Cape	7	5	00:22.51	803	E
NCP027	2033	Wilmo Vermeulen	Northern Cape Province	7	6	00:23.34	737	E

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B-17 Boys - Youth

278	B-17	Boys - Youth : 200 m					Semi-Finals			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU184	1583	Sabela Samkelo	Gauteng	1	00:21.53	895	2.2	E		
GAN044	327	Jon Seeliger	Athletics Gauteng North	1	00:21.68	879		E		
FSA126	1268	Llewellyn Hein	Free State	1	00:21.89	859		E		
GAN041	146	Nantes Aucamp	Athletics Gauteng North	1	00:22.04	845		E		
WCP034	2047	Mikael Bartlett	Western Cape	1	00:22.28	823		E		
CGA145	799	Mosolwa Mafuma	Central Gauteng	1	00:22.54	800		E		
MPU090	1910	Thuto Mphogo	Mpumalanga	1	00:22.85	775		E		
GAN038	156	Donovan Boshoff	Athletics Gauteng North	2	00:21.57	891	0.8	E		
GAN039	247	Jurie Linde	Athletics Gauteng North	2	00:22.04	845	0.8	E		
BOL009	665	Wesley Pindele	Boland	2	00:22.14	835	0.8	E		
FSA130	1246	Johan du Toit	Free State	2	00:22.15	835	0.8	E		
GAN040	372	Nicholas van Schalkwyk	Athletics Gauteng North	2	00:22.24	826	0.8	E		
WCP052	2180	Dewald Naude	Western Cape	2	00:22.26	825	0.8	E		
KZA036	947	Sandile Dlamini	Kwazulu Natal Athletics	2	00:22.52	802	0.8	E		
FSA125	1355	Nhlapo Ranthabane	Free State	3	00:21.35	914	2.5	E		
GAU189	1610	Walter Ungerer	Gauteng	3	00:21.49	899	2.5	E		
FSA129	1267	Petr Havenga	Free State	3	00:21.73	874	2.5	E		
GAU183	1581	Eckhardt Rossouw	Gauteng	3	00:21.95	853	2.5	E		
NWP101	2298	Moalusi Oratile	North West Province	3	00:22.10	839	2.5	E		
GNI123	2254	Quincy Vorster	Ath Gauteng North	3	00:22.23	827	2.5	E		
NWP300	2296	Anele Nzwanzwa	North West Province	3	00:22.30	821	2.5	E		
VAT080	540	Damian de Freitas	Vaal Triangle	3	00:22.44	809	2.5	E		

354	B-17	Boys - Youth : 200 m					Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU189	1610	Walter Ungerer	Gauteng	1	00:21.74	873		E		
FSA125	1355	Nhlapo Ranthabane	Free State	2	00:21.78	869		E		
GAN038	156	Donovan Boshoff	Athletics Gauteng North	3	00:22.01	847		E		
GAU184	1583	Sabela Samkelo	Gauteng	4	00:22.21	829		E		
FSA129	1267	Petr Havenga	Free State	5	00:22.37	815		E		
FSA126	1268	Llewellyn Hein	Free State	6	00:22.48	805		E		
GAN039	247	Jurie Linde	Athletics Gauteng North	7	00:22.49	805		E		
GAN044	327	Jon Seeliger	Athletics Gauteng North	8	00:22.77	781		E		

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B-17 Boys - Youth

49	B-17	Boys - Youth : 400 m				Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
NCP063	2034	M Vries	Northern Cape Province	7	00:00.00	0	E		
FSA131	1367	Gomotso Seekoei	Free State	1	00:49.31	867	E		
GAN040	372	Nicholas van Schalkwyk	Athletics Gauteng North	1	00:49.59	856	E		
BOI012	728	Shaun Stander	Boland Individual	1	00:50.50	823	E		
VAT082	595	Raymond van Sittert	Vaal Triangle	1	00:52.43	759	E		
CGA141	767	Courtney Heine-Wacker	Central Gauteng	1	00:52.57	755	E		
KZN046	1732	Mhlakanipho Zulu	Kwazulu Natal	2	00:43.49	1182	E	R	
FSA129	1267	Petr Havenga	Free State	2	00:48.07	918	E		
WCP048	2150	Alwyn Lombard	Western Cape	2	00:48.49	900	E		
KZA040	987	Sonwabiso Skhosana	Kwazulu Natal Athletics	2	00:48.65	894	E		
GAU160	1468	Brenden Fouche	Gauteng	2	00:50.98	806	E		
BOL013	659	Dueston Olivier	Boland	2	00:51.91	775	E		
ECA041	1193	Clinton Thorne	Eastern Cape	2	00:52.38	760	E		
WCP038	2063	Marco Buttner	Western Cape	3	00:49.34	866	E		
NWP102	2299	Swart Petrus	North West Province	3	00:49.49	860	E		
KZA036	947	Sandile Dlamini	Kwazulu Natal Athletics	3	00:50.50	823	E		
AMP007	406	Marko de Kock	Athletics Mpumalanga	3	00:51.87	777	E		
NCP022	2004	Christiaan Opperman	Northern Cape Province	3	00:52.25	765	E		
LIA022	1015	Andre Strauss	Limpopo Athletics	3	00:53.10	739	E		
GAN045	178	Echard de Goede	Athletics Gauteng North	4	00:49.15	873	E		
FSA133	1231	Willem Coetzee	Free State	4	00:49.65	854	E		
LIM058	1767	Kagiso Magongoa	Limpopo	4	00:50.59	820	E		
CGA083	807	Thato Masimini	Central Gauteng	4	00:51.45	790	E		
MPU080	1853	Jan Cornelius	Mpumalanga	4	00:52.11	769	E		
EPA010	920	Dylan van Wyk	Eastern Province	4	00:53.34	732	E		
NWN007	422	Ignis Labuschagne	North West North	4	00:53.69	721	E		
TRA018	521	Mgcini Nyhanyahwe	Transkei	4	00:54.21	707	E		
GAU153	1437	Stefan Bruwer	Gauteng	5	00:48.27	910	E		
GAN044	327	Jon Seeliger	Athletics Gauteng North	5	00:48.52	899	E		
ECA027	1124	Berend Koekemoer	Eastern Cape	5	00:49.62	855	E		
GAU159	1466	Khuco Fallert	Gauteng	5	00:50.03	840	E		
WCP066	2175	Wazier Mohammed	Western Cape	5	00:51.96	774	E		
NCP016	1961	Leon Becker	Northern Cape Province	5	00:52.30	763	E		
KZI001	995	Thabiso Nkonyeni	Kwazulu Natal Individual	5	00:53.34	732	E		

167	B-17	Boys - Youth : 400 m				Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA129	1267	Petr Havenga	Free State	1	00:47.23	957	E		
GAU153	1437	Stefan Bruwer	Gauteng	2	00:48.58	897	E		
GAN044	327	Jon Seeliger	Athletics Gauteng North	3	00:48.59	896	E		
WCP048	2150	Alwyn Lombard	Western Cape	4	00:48.72	891	E		
KZA040	987	Sonwabiso Skhosana	Kwazulu Natal Athletics	5	00:48.74	890	E		
FSA131	1367	Gomotso Seekoei	Free State	6	00:48.94	882	E		
GAN045	178	Echard de Goede	Athletics Gauteng North	7	00:49.49	860	E		
WCP038	2063	Marco Buttner	Western Cape	8	00:50.05	839	E		
NCP063	2034	M Vries	Northern Cape Province	9	00:51.67	783	E		

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203	B-17	Boys - Youth : 800 m		Heats					
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
BOL015	632	Llewellyn Groeneveld	Boland	1	1	01:55.95	878	E	
WCP061	2109	Luke Greeves	Western Cape	1	2	01:56.94	850	E	
FSA134	1283	Karabo Lechoko	Free State	1	3	01:57.19	843	E	
CGA085	809	Tshepo Matea	Central Gauteng	1	4	01:57.30	840	E	
GAN075	373	Wikus van Schalkwyk	Athletics Gauteng North	1	5	01:58.29	815	E	
CNW023	73	Johan Pyper	Central North West	1	6	02:02.90	710	E	
MPU086	1886	Jean Pierre Labuschagne	Mpumalanga	1	7	02:06.80	634	E	
GAU176	1535	Thabang Matiwane	Gauteng	2	1	01:56.71	856	E	
FSA132	1347	Bennie Prinsloo	Free State	2	2	01:56.83	853	E	
KZN073	1670	Vincent Hlatshwayo	Kwazulu Natal	2	3	01:57.30	840	E	
GAN079	190	Sive Dzahbirov	Athletics Gauteng North	2	4	01:59.75	779	E	
CGA094	875	Riaan van der Merwe	Central Gauteng	2	5	02:01.82	733	E	
KZA037	971	Thaba Mkhwanazi	Kwazulu Natal Athletics	2	6	02:03.82	691	E	
FSA136	1323	Samuel Molobeli	Free State	2	7	02:07.94	614	E	
ECA023	1103	Xolisa Fisanti	Eastern Cape	3	1	01:59.24	792	E	
GAU174	1532	Olebogang Masetle	Gauteng	3	2	02:01.84	732	E	
KZN065	1729	Sabelo Xaba	Kwazulu Natal	3	3	02:02.51	718	E	
EPA011	912	Christiaan Oliphant	Eastern Province	3	4	02:02.97	709	E	
NWP103	2300	Jaybee V Rooyen	North West Province	3	5	02:07.32	625	E	
GAU164	1489	Tiaan Jacobs	Gauteng	4	1	01:52.86	974	E	
NWP102	2299	Swart Petrus	North West Province	4	2	01:55.61	887	E	
WCP053	2220	Jan-Hendrik Theron	Western Cape	4	3	01:57.82	827	E	
NCP020	1998	Brian Meyer	Northern Cape Province	4	4	02:00.17	770	E	
GAN047	305	Dylan Pretorius	Athletics Gauteng North	4	5	02:02.47	719	E	
CGA088	827	Lehlogonolo Monong	Central Gauteng	4	6	02:02.88	710	E	
NWP120	2317	Martin Wynand	North West Province	4	7	02:03.56	696	E	
VAT014	556	Ivan Jansen	Vaal Triangle	4	8	02:04.06	686	E	
KZI001	995	Thabiso Nkonyeni	Kwazulu Natal Individual	4	9	02:05.33	662	E	
GAN076	207	Hendrik Grobbelaar	Athletics Gauteng North	4	10	02:06.12	647	E	

360	B-17	Boys - Youth : 800 m		Final					
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU164	1489	Tiaan Jacobs	Gauteng	1	01:51.23	1034		E	
FSA132	1347	Bennie Prinsloo	Free State	2	01:53.32	959		E	
BOL015	632	Llewellyn Groeneveld	Boland	3	01:54.75	913		E	
NWP102	2299	Swart Petrus	North West Province	4	01:54.93	908		E	
WCP061	2109	Luke Greeves	Western Cape	5	01:56.04	875		E	
FSA134	1283	Karabo Lechoko	Free State	6	01:58.41	812		E	

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B-17 Boys - Youth

95	B-17	Boys - Youth : 1500 m	Heats						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU178	1549	Tumisang Monnatlala	Gauteng	1	04:01.69	933		E	
KZN073	1670	Vincent Hlatshwayo	Kwazulu Natal	1	04:01.79	932		E	
CGA093	868	Siphiwe Tefo	Central Gauteng	1	04:01.85	931		E	
BOL014	662	Michael Pienaar	Boland	1	04:01.94	931		E	
CGA089	828	Edward Moshote	Central Gauteng	1	04:03.60	916		E	
FSA138	1321	Shuping Molehe	Free State	1	04:11.51	854		E	
FSA140	1346	Loyiso Pop	Free State	1	04:12.38	847		E	
GAN051	343	Arend Stoffberg	Athletics Gauteng North	1	04:13.91	837		E	
WCP051	2168	Thembaletu Mcashi	Western Cape	1	04:27.66	748		E	
NCP019	1992	O Leabile	Northern Cape Province	1	04:29.30	739		E	
KZN071	1716	Bandile Sithole	Kwazulu Natal	1	04:31.79	725		E	
GAU176	1535	Thabang Matiwane	Gauteng	2	04:00.02	948		E	
GAU174	1532	Olebogang Masetle	Gauteng	2	04:00.33	945		E	
FSA137	1294	Molemo Maqeba	Free State	2	00:00.00	0	40196	E	
ECA022	1100	Aphelele Fanekho	Eastern Cape	2	04:03.33	919		E	
ECA016	1082	Romeo Booysen	Eastern Cape	2	04:06.79	890		E	
GAU188	1609	Njabulo Tshabalala	Gauteng	2	04:07.17	887		E	
MPU091	1915	Tebogo Ndwandwe	Mpumalanga	2	41:14.97	0		E	
FSA139	1369	Moketsi Sekosana	Free State	2	04:15.77	824		E	
CNW019	46	Rickus Jacobs	Central North West	2	04:20.00	795		E	
MPU081	1866	Peter Gildenhuys	Mpumalanga	2	04:21.88	783		E	
GAN049	160	Lammert Braak	Athletics Gauteng North	2	04:23.83	771		E	
LIA021	1014	Adriaan Snyman	Limpopo Athletics	2	04:26.12	757		E	
NWP104	2301	Mientjies Ruan	North West Province	3	04:06.52	892		E	
KZA035	939	Lindokuhle Buthelezi	Kwazulu Natal Athletics	3	04:06.60	892		E	
BOL015	632	Llewellyn Groeneveld	Boland	3	04:06.96	889		E	
ECA014	1078	M Bhuqwana	Eastern Cape	3	04:07.95	881		E	
CNW015	65	Thabang Mosaiko	Central North West	3	04:08.29	878		E	
GAN048	275	Shelton Mokuena	Athletics Gauteng North	3	04:08.46	877		E	
GAN076	207	Hendrik Grobbelaar	Athletics Gauteng North	3	04:11.30	855		E	
KZN013	1692	Ntuthuko Mdakane	Kwazulu Natal	3	04:11.45	854		E	
GAN050	365	Coenraad van Huysteen	Athletics Gauteng North	3	04:12.06	850		E	
NWP105	2302	Mong Henry	North West Province	3	04:20.22	794		E	
LIM068	1828	Kgothatso Tefo	Limpopo	3	04:22.72	778		E	

160	B-17	Boys - Youth : 1500 m	Final						
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU176	1535	Thabang Matiwane	Gauteng	1	03:57.31	973		E	
GAU178	1549	Tumisang Monnatlala	Gauteng	2	03:58.57	961		E	
GAU174	1532	Olebogang Masetle	Gauteng	3	03:59.24	955		E	
BOL014	662	Michael Pienaar	Boland	4	04:00.88	940		E	
CGA093	868	Siphiwe Tefo	Central Gauteng	5	04:01.05	938		E	
ECA022	1100	Aphelele Fanekho	Eastern Cape	6	04:01.09	938		E	
BOL015	632	Llewellyn Groeneveld	Boland	7	04:04.96	905		E	
FSA137	1294	Molemo Maqeba	Free State	8	04:05.32	902		E	
CGA089	828	Edward Moshote	Central Gauteng	9	04:07.27	886		E	
KZA035	939	Lindokuhle Buthelezi	Kwazulu Natal Athletics	10	04:12.31	848		E	

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B-17 Boys - Youth

237	B-17	Boys - Youth : 3000 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU178	1549	Tumisang Monnatlala	Gauteng	1	08:35.91	957		E	
FSA137	1294	Molemo Maqeba	Free State	2	08:41.28	940		E	
ECA016	1082	Romeo Booysen	Eastern Cape	3	08:44.33	930		E	
LIM064	1796	Thabang Nkuna	Limpopo	4	08:46.45	924		E	
CNW015	65	Thabang Mosaiko	Central North West	5	08:51.33	909		E	
FSA138	1321	Shuping Molehe	Free State	6	08:54.85	899		E	
BOL014	662	Michael Pienaar	Boland	7	08:55.34	898		E	
CGA089	828	Edward Moshoele	Central Gauteng	8	08:59.49	886		E	
NWP106	2303	Lentswe Mere	North West Province	9	09:03.44	875		E	
CGA095	824	Sello Mokoena	Central Gauteng	10	09:06.17	868		E	
GAU161	1471	Themba Gcinisa	Gauteng	11	09:08.80	861		E	
ECA021	1099	Lizile Fadane	Eastern Cape	12	09:10.40	857		E	
CGA146	803	Mahlatse Makoasha	Central Gauteng	13	09:10.84	856		E	
WCP062	2148	Lee-Roy Lawrence	Western Cape	14	09:13.07	850		E	
ECA022	1100	Aphelele Fanekho	Eastern Cape	15	09:14.20	847		E	
WCP058	2075	Bruce-Lynn Damon	Western Cape	16	09:15.69	844		E	
GAN052	336	Hein Smith	Athletics Gauteng North	17	09:16.46	842		E	
WCP068	2223	Anthony Timoteus	Western Cape	18	09:24.74	822		E	
GAN055	301	Ivaan Potgieter	Athletics Gauteng North	19	09:25.53	820		E	
CGA143	791	Tshepo Leetto	Central Gauteng	20	09:27.19	816		E	
KZN071	1716	Bandile Sithole	Kwazulu Natal	21	09:51.07	764		E	
GAN053	267	Sibusiso Mfiki	Athletics Gauteng North	22	10:01.05	744		E	

115	B-17	Boys - Youth : 110 m Hurdles					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU172	1529	Obakeng Maoka	Gauteng	1	00:13.96	913	0.9	E	
WPA011	1023	Daylan Daniels	Western Province	1	00:14.42	864	0.9	E	
GAN059	251	Alban Louw	Athletics Gauteng North	1	00:14.56	851	0.9	E	
CNW024	27	Morne du Plessis	Central North West	1	00:15.20	793	0.9	E	
AGI006	395	Juan Joubert	Gauteng North Individual	1	00:15.24	789	0.9	E	
NWN101	2422	Anthony Kasozi-Matovu	North West North	1	00:15.39	777		E	
ECA037	1177	Earl Roses	Eastern Cape	1	00:16.37	703	0.9	E	
FSA142	1378	Ryno Steyn	Free State	2	00:13.86	925	1.1	E	
GAN057	287	Ernst Nel	Athletics Gauteng North	2	00:14.03	906	1.1	E	
WCP041	2089	Dylon Fairbridge	Western Cape	2	00:14.34	872	1.1	E	
MPU079	1851	Fumani Chauke	Mpumalanga	2	00:14.83	825	1.1	E	
VAT015	537	Zinzan Ceronio	Vaal Triangle	2	00:15.36	779	1.1	E	
KZN045	1723	Karl Terblanche	Kwazulu Natal	2	00:15.82	743	1.1	E	
WPA012	1047	Tiaan Smit	Western Province	3	00:13.61	955	-0.2	E	
GAU171	1524	Lethuxolo Makhanya	Gauteng	3	00:14.30	877	-0.2	E	
NWP107	2304	Viljoen Daniel	North West Province	3	00:14.50	856	-0.2	E	
AGI007	393	Marcus Bornman	Gauteng North Individual	3	00:14.90	819	-0.2	E	
GAN060	306	Frederich Pretorius	Athletics Gauteng North	4	00:14.23	884	0.5	E	
CGA087	817	Ruan Mentz	Central Gauteng	4	00:14.36	870		E	
GAU167	1503	Rugher Knox	Gauteng	4	00:14.96	813	0.5	E	

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148	B-17	Boys - Youth : 110 m Hurdles					Final		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
WPA012	1047	Tiaan Smit	Western Province	1	00:13.34	989	3.9	E R	
GAU172	1529	Obakeng Maoka	Gauteng	2	00:13.69	945	3.9	E	
FSA142	1378	Ryno Steyn	Free State	3	00:13.79	933	3.9	E	
GAN060	306	Frederich Pretorius	Athletics Gauteng North	4	00:14.01	908	3.9	E	
CGA087	817	Ruan Mentz	Central Gauteng	5	00:14.14	893	3.9	E	
WCP041	2089	Dylon Fairbridge	Western Cape	6	00:14.16	891	3.9	E	
GAN057	287	Ernst Nel	Athletics Gauteng North	7	00:14.21	886	3.9	E	
GAU171	1524	Lethuxolo Makhanya	Gauteng	8	00:14.28	879	3.9	E	

245	B-17	Boys - Youth : 400 m Hurdles					Heats		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
GAN060	306	Frederich Pretorius	Athletics Gauteng North	1	00:54.20	811		E	
NWN006	430	Paul Voster	North West North	1	00:54.39	803		E	
GAN062	313	Eugene Roodman	Athletics Gauteng North	1	00:54.48	800		E	
GAN061	351	Thekgang Thulare	Athletics Gauteng North	1	00:55.66	756		E	
GAN077	370	Estian van Rooijen	Athletics Gauteng North	1	00:55.91	747		E	
GAU166	1502	Micheal Knapp	Gauteng	1	00:56.56	724		E	
CGA087	817	Ruan Mentz	Central Gauteng	2	00:53.43	843		E	
GAU151	1433	Lihan Botha	Gauteng	2	00:54.21	811		E	
MPU080	1853	Jan Cornelius	Mpumalanga	2	00:55.65	756		E	
WCP049	2154	Frederick Louw	Western Cape	2	00:56.06	741		E	
WCP057	2219	Juan Terblanche	Western Cape	2	00:57.97	678		E	
KZN045	1723	Karl Terblanche	Kwazulu Natal	2	00:59.32	638		E	
NWP108	2305	Sipsma Hanco	North West Province	3	00:53.09	858		E	
GAU162	1483	Kevin Hinton	Gauteng	3	00:54.24	809		E	
LIM058	1767	Kagiso Magongoa	Limpopo	3	00:54.96	781		E	
FSA200	1359	Luan Reynders	Free State	3	00:55.94	746		E	
ECA038	1180	F-Jay Scholtz	Eastern Cape	3	00:56.42	729		E	
LIA020	1001	Christiaan Kruger	Limpopo Athletics	3	00:59.17	642		E	

327	B-17	Boys - Youth : 400 m Hurdles					Final		
Athlete		Team	Place	Performance	Table point	Wind	H/E	Record	
CGA087	817	Ruan Mentz	Central Gauteng	1	00:52.65	878		E	
GAN060	306	Frederich Pretorius	Athletics Gauteng North	2	00:52.96	864		E	
GAU162	1483	Kevin Hinton	Gauteng	3	00:53.17	854		E	
LIM058	1767	Kagiso Magongoa	Limpopo	4	00:54.14	813		E	
GAN062	313	Eugene Roodman	Athletics Gauteng North	5	00:54.38	804		E	
GAU151	1433	Lihan Botha	Gauteng	6	00:54.43	802		E	
NWN006	430	Paul Voster	North West North	7	00:55.81	750		E	
NWP108	2305	Sipsma Hanco	North West Province	8	00:56.26	734		E	

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108	B-17	Boys - Youth : 2000 m Steeple					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP104	2301	Mientjies Ruan	North West Province	1	05:56.27	974		E	
FSA137	1294	Molemo Maqeba	Free State	2	05:56.34	973		E	
GAU173	1530	Felix Mapfungautsi	Gauteng	3	06:04.03	941		E	
CGA140	748	Mafika Cunukelo	Central Gauteng	4	06:13.29	905		E	
GAU155	1442	Creel Chavalala	Gauteng	5	06:14.48	900		E	
CGA095	824	Sello Mokoena	Central Gauteng	6	06:15.11	898		E	
FSA139	1369	Moketsi Sekosana	Free State	7	06:25.62	861		E	
ECA026	1120	M Khwezi	Eastern Cape	8	06:27.77	854		E	
TRA023	502	Vuyisa Mdedelwa	Transkei	9	06:28.45	852		E	
CGA144	795	Siyabonga Mabena	Central Gauteng	10	06:29.64	848		E	
GAN054	323	Kutlwello Seakamela	Athletics Gauteng North	11	06:31.37	842		E	
KZN070	1689	Mthobisi Mbatha	Kwazulu Natal	12	06:34.12	833		E	
AGI005	400	Ian Slinger	Gauteng North Individual	13	06:34.59	832		E	
TRA024	518	Nicholas Nogudla	Transkei	14	06:36.29	827		E	
GAU180	1556	Tshepo Mquikela	Gauteng	15	06:39.45	817		E	
CGA084	808	Dumisani Masina	Central Gauteng	16	06:40.20	815		E	
GAN055	301	Ivaan Potgieter	Athletics Gauteng North	17	06:40.48	814		E	
KZN069	1683	Sandile Manana	Kwazulu Natal	18	06:41.62	810		E	
CGA094	875	Riaan van der Merwe	Central Gauteng	19	06:46.52	796		E	
WCP060	2095	Vincent Fortuin	Western Cape	20	07:01.91	754		E	

124	B-17	Boys - Youth : 10000 m Walk					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZA041	954	Ntozakhe Hlatswayo	Kwazulu Natal Athletics	1	54:43.31	910		E	
KZN064	1704	Lindokuhle Ntombela	Kwazulu Natal	2	55:12.60	904		E	
GAU181	1565	Ntoane Ntoane	Gauteng	3	55:42.95	897		E	
VAT079	535	Armand Burger	Vaal Triangle	4	56:52.63	883		E	
NWP122	2319	Wian Gunter	North West Province	5	56:35.26	887		E	
CGA092	855	Dannyboy Sehemo	Central Gauteng	6	58:51.17	860		E	
NWP116	2313	Kruger Franco	North West Province	7	60:33.37	841		E	

197	B-17	Boys - Youth : High Jump					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA142	790	Vernon Lategan	Central Gauteng	1	1.85	661		E	
FSA148	1221	Christo Brink	Free State	1	1.85	661		E	
FSA147	1212	Ruhan Alberts	Free State	1	1.85	661		E	
LIM055	1756	Juan Korff	Limpopo	1	1.85	661		E	
GAN064	369	Hartman van Rijn	Athletics Gauteng North	1	1.85	661		E	
GAN065	314	Jacques Rossouw	Athletics Gauteng North	1	1.85	661		E	
KZN044	1699	Ntandazo Mtshengu	Kwazulu Natal	1	1.85	661		E	
GAU168	1517	Mpho Links	Gauteng	1	1.85	661		E	
CNW014	67	Reuben Munz	Central North West	1	1.85	661		E	
WCP063	2157	Wesley Mack	Western Cape	10	1.85	661		E	
GAN063	368	Michael van Rensburg	Athletics Gauteng North	11	1.85	661		E	
GAU185	1595	Tiaan Steenkamp	Gauteng	11	1.85	661		E	
GAU154	1439	Burks Cairan	Gauteng	13	1.80	610		E	
VAT019	547	Brandon Greyling	Vaal Triangle	14	1.80	610		E	
NWP109	2306	Frederiks Roberts	North West Province	15	1.80	610		E	
VAT018	590	Marcell Smit	Vaal Triangle	16	1.75	559		E	
NWN008	427	Landri Roolvink	North West North	17	1.75	559		E	

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		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU185	1595	Tiaan Steenkamp	Gauteng	1	2.03	841		E	
LIM055	1756	Juan Korff	Limpopo	2	1.95	761		E	
GAU168	1517	Mpho Links	Gauteng	3	1.95	761		E	
FSA147	1212	Ruhan Alberts	Free State	4	1.95	761		E	
GAN065	314	Jacques Rossouw	Athletics Gauteng North	5	1.90	711		E	
KZN044	1699	Ntandazo Mtshengu	Kwazulu Natal	5	1.90	711		E	
WCP063	2157	Wesley Mack	Western Cape	5	1.90	711		E	
CGA142	790	Vernon Lategan	Central Gauteng	8	1.90	711		E	
FSA148	1221	Christo Brink	Free State	9	1.90	711		E	
GAN064	369	Hartman van Rijn	Athletics Gauteng North	10	1.85	661		E	
GAN063	368	Michael van Rensburg	Athletics Gauteng North	10	1.85	661		E	
CNW014	67	Reuben Munz	Central North West	12	1.85	661		E	

4	B-17	Boys - Youth : Pole Vault					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA152	1264	Fabio Grunet	Free State	1	4.60	954		E	
FSA154	1282	Neil le Roux	Free State	2	4.50	915		E	
FSA153	1249	Edmund Els	Free State	3	4.20	779		E	
FSA155	1391	Chris van der Merwe	Free State	4	3.60	494		E	
WCP036	2056	Wilhelm Bronn	Western Cape	4	3.60	494		E	

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56	B-17	Boys - Youth : Long Jump					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN068	155	Duwayne Boer	Athletics Gauteng North	1	7.68	1026	E		
GAN060	306	Frederich Pretorius	Athletics Gauteng North	2	7.23	894	E		
GAU182	1576	Ryan Pottinger	Gauteng	3	7.10	857	E		
NWP110	2307	Osuala John	North West Province	4	7.04	840	E		
WCP042	2090	Jason Faro	Western Cape	5	6.95	814	E		
GAN069	284	Jubilant Motlhake	Athletics Gauteng North	6	6.90	800	E		
WCP054	2106	Lorenzo Gordon	Western Cape	7	6.88	794	E		
GAU150	1425	Calvyn Blignaur	Gauteng	8	6.81	774	E		
ECA030	1135	Tsepho Mabitsela	Eastern Cape	9	6.79	768	E		
FSA150	1299	Simon Mbarane	Free State	10	6.68	737	E		
FSA149	1397	Jovan van Vuuren	Free State	11	6.64	725	E		
WCP045	2136	Jacqwin Klaase	Western Cape	12	6.60	714	E		
MPU089	1897	Jacques Malan	Mpumalanga	13	6.54	696	E		
CGA083	807	Thato Masimini	Central Gauteng	14	6.53	693	E		
GAU158	1456	Itumeleng Dikoko	Gauteng	15	6.53	693	E		
SWD017	436	Craig Cupido	South Western Districts	16	6.48	679	E		
NWP121	2318	Thambo K	North West Province	17	6.46	673	E		
FSA151	1317	Baholo Mokomo	Free State	18	6.43	664	E		
TRA018	521	Mgcini Nyhanyahwe	Transkei	19	6.24	609	E		
NCP017	1969	Gavian Cloete	Northern Cape Province	20	6.40	655	E		
LIM060	1774	Shaun Maphoroma	Limpopo	21	6.39	653	E		
MPU085	1881	Sifiso Khanye	Mpumalanga	22	6.36	644	E		
GAN078	324	Ritchi Sebastiao	Athletics Gauteng North	23	6.35	641	E		
NCP025	2019	Dimitrio Tieties	Northern Cape Province	24	6.35	641	E		
FSA147	1212	Ruhan Alberts	Free State	25	6.32	632	E		
GAN039	247	Jurie Linde	Athletics Gauteng North	26	6.32	632	E		
VAT016	574	Neo Mphuti	Vaal Triangle	27	6.29	623	E		
VAT082	595	Raymond van Sittert	Vaal Triangle	28	6.26	615	E		
LIM067	1817	Tumelo Seema	Limpopo	29	6.24	609	E		
CNW021	15	Stian Boshoff	Central North West	30	6.20	597	E		

343	B-17	Boys - Youth : Triple Jump					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WCP054	2106	Lorenzo Gordon	Western Cape	1	15.21	981	-1.5	E	
GAN069	284	Jubilant Motlhake	Athletics Gauteng North	2	14.82	917	E		
GAN068	155	Duwayne Boer	Athletics Gauteng North	3	14.72	902	E		
KZN043	1688	Lindokuhle Mateyisi	Kwazulu Natal	4	14.35	849	E		
NWP110	2307	Osuala John	North West Province	5	14.23	832	E		
FSA151	1317	Baholo Mokomo	Free State	6	13.34	706	E		
GAU170	1523	Khorro Makesha	Gauteng	7	13.33	558	E		
GAU158	1456	Itumeleng Dikoko	Gauteng	8	13.33	558	E		
MPU085	1881	Sifiso Khanye	Mpumalanga	9	13.22	533	E		
WCP070	2245	Kyle Wheeler	Western Cape	10	13.22	533	E		
ECA017	1087	Abongile Cewu	Eastern Cape	11	13.10	507	E		
MPU089	1897	Jacques Malan	Mpumalanga	12	13.00	485	E		
WCP059	2094	John Florence	Western Cape	13	13.00	485	E		
VAT017	571	Thabo Mautsoa	Vaal Triangle	14	12.77	435	E		
GAU169	1521	Lwazi Mabalisa	Gauteng	15	12.60	399	E		
GAN078	324	Ritchi Sebastiao	Athletics Gauteng North	16	12.29	334	E		
VAT016	574	Neo Mphuti	Vaal Triangle	17	11.62	198	E		

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36	B-17	Boys - Youth : Shot Put					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU156	1445	Ruan Combrinck	Gauteng	1	19.49	1001		E	R
WCP035	2054	Ruan Brits	Western Cape	2	18.73	971		E	
GAU152	1432	Kevin Botha	Gauteng	3	18.22	951		E	
KZA042	993	Zané Weir	Kwazulu Natal Athletics	5	17.17	913		E	
GAU165	1492	Danie j van Vuuren	Gauteng	6	16.68	893		E	
ECA039	1182	Ulrich Senekal	Eastern Cape	7	14.92	779		E	
LIM065	1807	Izak Prinsloo	Limpopo	8	14.71	764		E	
GAN072	319	Johan Scholtz	Athletics Gauteng North	9	14.44	746		E	
CGA096	876	Franco van den Berg	Central Gauteng	10	14.28	735		E	
EPA013	927	S Greyling	Eastern Province	11	13.93	711		E	
ECA020	1098	Stephan Ebersson	Eastern Cape	12	13.90	709		E	
NWP111	2308	Steenkamp Walt	North West Province	13	13.59	687		E	
MPU093	1946	Sarel van Zyl	Mpumalanga	14	13.11	652		E	

106	B-17	Boys - Youth : Discus Throw					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN073	150	Wihan Barnard	Athletics Gauteng North	1	52.49	900		E	
GAU156	1445	Ruan Combrinck	Gauteng	2	50.58	866		E	
WCP037	2059	Conrad Burger	Western Cape	3	49.00	836		E	
GAN072	319	Johan Scholtz	Athletics Gauteng North	4	47.87	815		E	
BOL021	620	Du Toit Erasmus	Boland	5	47.68	811		E	
FSA143	1305	Stefan Meyer	Free State	6	47.24	803		E	
KZA038	979	Roland Pienaar	Kwazulu Natal Athletics	7	46.71	792		E	
LIM069	1834	Sven Van Niekerk	Limpopo	8	46.27	784		E	
FSA156	1315	Theboho Mokhotu	Free State	9	45.79	774		E	
GAU186	1596	Brendin Strauss	Gauteng	10	45.11	761		E	
WCP056	2163	Daniel Maree	Western Cape	11	42.73	713		E	
ECA025	1114	Gerrit Huisamen	Eastern Cape	12	42.00	698		E	
NWP112	2309	Kriel Pieter	North West Province	13	39.08	636		E	
VAT021	539	Jaco Conradie	Vaal Triangle	14	38.87	631		E	
GAU191	1640	Gihard Visagie	Gauteng	15	38.82	630		E	
VAT020	600	Juan Williams	Vaal Triangle	16	35.61	558		E	
TRA025	498	Athenkosi Mavasa	Transkei	17	17.08	10		E	

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90	B-17	Boys - Youth : Javelin				Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP112	2309	Kriel Pieter	North West Province	1	68.40	842	E	
NWP119	2316	Le Roux C.A	North West Province	2	64.65	763	E	
WPA014	1046	Jeandre Slabbert	Western Province	3	64.48	760	E	
WCP067	2215	Tiaan Swanepoel	Western Cape	4	63.13	731	E	
WCP069	2225	Kobus vd Walt	Western Cape	5	62.49	717	E	
NWP118	2315	Basson L J	North West Province	6	61.97	706	E	
GAU152	1432	Kevin Botha	Gauteng	7	61.03	686	E	
WCP047	2147	Leon Laubser	Western Cape	8	60.45	673	E	
GAU157	1454	Dante de Wet	Gauteng	9	60.32	670	E	
ECA024	1111	Wynand' Grassman	Eastern Cape	10	59.34	649	E	
NWP115	2312	Maree D	North West Province	11	59.33	648	E	
GAU187	1606	Dustin Theron	Gauteng	12	58.87	638	E	
MPU092	1916	Marco Nel	Mpumalanga	13	56.92	595	E	
SWD014	439	Willem de Wet	South Western Districts	14	56.05	575	E	
SWD013	453	Marnus Meiring	South Western Districts	15	56.02	574	E	
ECA044	1209	Malan Zerwick	Eastern Cape	16	52.89	502	E	
LIM056	1759	Tertius Kruger	Limpopo	17	52.03	482	E	
FSA144	1404	Johan Vermaak	Free State	18	51.74	475	E	
CNW016	89	Marnus vd Merwe	Central North West	19	51.66	473	E	
VAT022	598	Andro Vosloo	Vaal Triangle	20	50.76	452	E	
ECA035	1174	Christian Pietersen	Eastern Cape	21	50.55	447	E	
MPU088	1892	Darius Louwrens	Mpumalanga	22	48.27	392	E	
FSA157	1385	Seef Theron	Free State	23	47.35	369	E	
TRA300	562	Meyer Le Matre	Transkei	24	45.34	318	E	

235	B-17	Boys - Youth : Javelin				Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP112	2309	Kriel Pieter	North West Province	1	76.87	968	E	
WCP067	2215	Tiaan Swanepoel	Western Cape	2	71.55	904	E	
ECA024	1111	Wynand' Grassman	Eastern Cape	3	70.74	890	E	
WPA014	1046	Jeandre Slabbert	Western Province	4	67.74	828	E	
GAU152	1432	Kevin Botha	Gauteng	5	67.38	821	E	
NWP118	2315	Basson L J	North West Province	6	66.02	792	E	
NWP119	2316	Le Roux C.A	North West Province	7	65.05	772	E	
GAU157	1454	Dante de Wet	Gauteng	8	62.50	718	E	
WCP069	2225	Kobus vd Walt	Western Cape	9	60.35	671	E	
WCP047	2147	Leon Laubser	Western Cape	10	59.93	662	E	
NWP115	2312	Maree D	North West Province	11	59.17	645	E	
GAU187	1606	Dustin Theron	Gauteng	12	46.38	345	E	

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B-17 Boys - Youth

319	B-17	Boys - Youth : Hammer Throw					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
FSA146	1291	Tshepang Makhethe	Free State	1	61.05	985	E		
ECA033	1158	Juan Muller	Eastern Cape	2	59.34	972	E		
ECA028	1132	Hendrik Louw	Eastern Cape	3	58.51	966	E		
CNW018	49	Anre Kotze	Central North West	4	54.83	939	E		
ECA019	1091	Allan Cumming	Eastern Cape	5	54.30	935	E		
FSA145	1286	Juhan Lodewyk	Free State	6	53.96	933	E		
EPA013	927	S Greyling	Eastern Province	7	50.80	910	E		
BOL021	620	Du Toit Erasmus	Boland	8	50.64	909	E		
SWD012	458	Hendri Storm	South Western Districts	9	49.38	900	E		
BOL022	648	Johan Louw	Boland	10	48.61	891	E		
WCP040	2088	Thomas du Toit	Western Cape	11	48.23	886	E		
EPA015	910	Vincent Meiring	Eastern Province	12	46.87	868	E		
CNW022	72	Stefan Pretorius	Central North West	13	46.07	858	E		
EPA014	904	Conrad Kapp	Eastern Province	14	45.73	854	E		
SWD013	453	Marnus Meiring	South Western Districts	15	45.17	847	E		
NWP113	2310	Vandru Vermeulen	North West Province	16	44.44	838	E		
GAU149	1424	Marno Bierman	Gauteng	17	43.05	820	E		
GAN074	233	Theuns Kruger	Athletics Gauteng North	18	31.61	674	E		

Result per Age

M-19 Men - Junior

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M-19 Men - Junior

42	M-19	Men - Junior : 100 m			Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU193	1422	Jaco Beukes	Gauteng	1	1	00:10.71	900	5.7	E
NWP123	2269	Rodney Madonsela	North West Province	1	2	00:10.78	884	5.7	E
ECA003	1127	Ntsika Kula	Eastern Cape	1	3	00:10.86	866	5.7	E
CNW012	13	Benoni Barnard	Central North West	1	4	00:10.88	861	5.7	E
ECA302	1079	Siphamandla Binga	Eastern Cape	1	5	00:10.95	846	5.7	E
CGA157	825	O-bakeng Molopyane	Central Gauteng	1	6	00:11.07	822	5.7	E
GAU207	1509	Lluwellyn Kruger	Gauteng	1	7	00:11.08	820	5.7	E
LIA011	1011	Tshepo Phosa	Limpopo Athletics	1	8	00:11.28	782	5.7	E
TRA002	524	Zukile Rubushe	Transkei	1	9	00:11.33	772	5.7	E
WPI002	1068	Fadhl Samuels	Athletics Western Prov	1	10	00:11.80	694	5.7	E
FSA159	1335	Siphello Ngqabaza	Free State	2	1	00:10.45	965	0.7	E
CGA151	758	Rudolph Erasmus	Central Gauteng	2	2	00:10.78	884	0.7	E
CNW009	22	Molliere Daffue	Central North West	2	3	00:10.82	875	0.7	E
FSA162	1233	Kevin Cosmo	Free State	2	4	00:10.98	840	0.7	E
KZN042	1707	Gerald Oberholzer	Kwazulu Natal	2	5	00:11.07	822	0.7	E
NCP009	1981	N Hoorriet	Northern Cape Province	2	6	00:11.19	798	0.7	E
KZA025	953	Quintin Hitge	Kwazulu Natal Athletics	2	7	00:11.23	791	0.7	E
LIM092	1782	Solly Mokwena	Limpopo	2	8	00:11.39	762	0.7	E
LIA013	1005	Malesela Mabotja	Limpopo Athletics	2	9	00:11.84	688	0.7	E
WPA007	1031	Angus Julies	Western Province	3	1	00:10.72	898	0.7	E
WCP024	2226	Reynard vd Nest	Western Cape	3	2	00:10.74	893	0.7	E
ECA006	1133	Daylyn Lundall	Eastern Cape	3	3	00:10.78	884	0.7	E
CGA200	2251	Choaro Motsoeneng	Central Gauteng	3	4	00:10.89	859		E
NWP124	2270	Slambert Roman	North West Province	3	5	00:11.02	832		E
MPU109	1919	Molefe Nokwane	Mpumalanga	3	6	00:11.15	806		E
NWN002	429	Obakeng Tihole	North West North	3	7	00:11.30	778		E
MPU096	1843	Bradley Bester	Mpumalanga	3	8	00:11.42	756		E
TRA003	479	Andisiwe Gwela	Transkei	3	9	00:11.76	700		E
FSA160	1312	Fana Mofokeng	Free State	4	1	00:10.52	947	1.0	E
WPA008	1019	Bradley Britz	Western Province	4	2	00:10.62	922		E
WCP002	2067	Keanon Coetzee	Western Cape	4	3	00:10.98	840		E
GAU237	1642	Tiaan Voster	Gauteng	4	4	00:11.01	834		E
NWC001	417	Luvade Waterboer	North Western Cape	4	5	00:11.43	755		E
VAT002	585	Thabo Phali	Vaal Triangle	4	6	00:11.46	749		E
GAN001	335	Akani Simbini	Athletics Gauteng North	5	1	00:10.55	939	0.5	E
WCP006	2085	Craig du Plessis	Western Cape	5	2	00:10.95	846	0.5	E
CGA152	760	Shawn Fransisco	Central Gauteng	5	3	00:11.12	812	0.5	E
NCP010	1990	A Klaaste	Northern Cape Province	5	4	00:11.15	806	0.5	E
CNW008	48	Ludwig Kasser	Central North West	5	5	00:11.19	798	0.5	E
NCP001	1959	R Andreas	Northern Cape Province	5	6	00:11.33	772	0.5	E
KZN019	1695	Ricolan Moonsamy	Kwazulu Natal	5	7	00:11.36	767	0.5	E
MPU105	1899	Thabang Mampane	Mpumalanga	5	8	00:11.47	748	0.5	E
AGI003	397	Thapelo Modishane	Gauteng North Individual	5	9	00:12.00	663	0.5	E
GAN002	244	Kyle Leukes	Athletics Gauteng North	6	1	00:10.57	934	3.0	E
AGI004	402	Martienus Trouw	Gauteng North Individual	6	2	00:10.74	893	3.0	E
ECA304	1106	Belile Kiyose	Eastern Cape	6	3	00:10.82	875	3.0	E
LIA014	1010	Bennie Ollin	Limpopo Athletics	6	4	00:10.96	844	3.0	E
FSA161	1285	Phillip Liebetrau	Free State	6	5	00:10.99	838	3.0	E
MPU103	1894	Patrick Mabuza	Mpumalanga	6	6	00:11.14	808	3.0	E
MPU102	1888	Nicolus Lekala	Mpumalanga	6	7	00:11.21	795	3.0	E
KZN034	1700	Njabulo Mzolo	Kwazulu Natal	6	8	00:11.33	772		E

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Result per Age

M-19 Men - Junior

WPI001	1060	Yusuf Ismail	Athletics Western Prov	6	9	00:15.50	298	E
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122 M-19 Men - Junior : 100 m Semi-Finals

Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA151 758 Rudolph Erasmus	Central Gauteng	1	00:00.00	0	4.6	E	
WPA007 1031 Angus Julies	Western Province	1	00:00.00	0	4.6	E	
WPA008 1019 Bradley Britz	Western Province	1	00:00.00	0	4.6	E	
FSA160 1312 Fana Mofokeng	Free State	1	00:00.00	0	4.6	E	
FSA159 1335 Siphello Ngqabaza	Free State	1	00:00.00	0	4.6	E	
GAN001 335 Akani Simbini	Athletics Gauteng North	1	00:00.00	0	4.6	E	
GAN002 244 Kyle Leukes	Athletics Gauteng North	1	00:00.00	0	4.6	E	
WCP024 2226 Reynard vd Nest	Western Cape	1	00:00.00	0	4.6	E	

191 M-19 Men - Junior : 100 m Final

Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA159 1335 Siphello Ngqabaza	Free State	1	00:10.28	1013	4.6	E	R
GAN001 335 Akani Simbini	Athletics Gauteng North	2	00:10.43	971	4.6	E	R
GAN002 244 Kyle Leukes	Athletics Gauteng North	3	00:10.64	917	4.6	E	
FSA160 1312 Fana Mofokeng	Free State	4	00:10.65	914	4.6	E	
CGA151 758 Rudolph Erasmus	Central Gauteng	5	00:10.74	893	4.6	E	
WPA008 1019 Bradley Britz	Western Province	6	00:10.75	891	4.6	E	
WCP024 2226 Reynard vd Nest	Western Cape	7	00:10.82	875	4.6	E	
WPA007 1031 Angus Julies	Western Province	8	00:10.88	861	4.6	E	

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Result per Age

M-19 Men - Junior

232	M-19	Men - Junior : 200 m		Heats				
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP024	2226	Reynard vd Nest	Western Cape	1	00:21.97	828		E
GAN001	335	Akani Simbini	Athletics Gauteng North	1	00:21.47	876		E
FSA161	1285	Phillip Liebetrau	Free State	1	00:21.93	832		E
KZA025	953	Quintin Hitge	Kwazulu Natal Athletics	1	00:21.99	827		E
GAN006	213	Jacques Harris	Athletics Gauteng North	1	00:22.22	806		E
NWC001	417	Luvade Waterboer	North Western Cape	1	00:23.14	732		E
FSA160	1312	Fana Mofokeng	Free State	2	00:21.33	891		E
GAN004	205	Ruan Greyling	Athletics Gauteng North	2	00:21.62	861		E
ECA006	1133	Daylyn Lundall	Eastern Cape	2	00:22.04	822		E
NWP145	2291	De Meyer Reiner	North West Province	2	00:22.24	804		E
SWD002	437	Juandre de Jager	South Western Districts	2	00:22.62	773		E
LIM088	1769	Frans Mahoto	Limpopo	2	00:23.01	742		E
NWP123	2269	Rodney Madonsela	North West Province	2	00:23.03	741		E
WPA009	1038	Andile Mpefu	Western Province	3	00:21.34	889		E
CNW009	22	Molliere Daffue	Central North West	3	00:21.89	836		E
MPU109	1919	Molefe Nokwane	Mpumalanga	3	00:22.52	781		E
NCP006	1976	J Fourie	Northern Cape Province	3	00:22.86	754		E
NCP009	1981	N Hoorniet	Northern Cape Province	3	00:22.88	752		E
MPU105	1899	Thabang Mampane	Mpumalanga	3	00:23.35	717		E
FSA159	1335	Siphello Ngqabaza	Free State	4	00:21.27	897		E
GAN003	311	Ben Rens	Athletics Gauteng North	4	00:21.45	878		E
WCP006	2085	Craig du Plessis	Western Cape	4	00:22.32	798		E
KZN031	1668	Bandile Gumbi	Kwazulu Natal	4	00:22.40	791		E
MPU102	1888	Nicolus Lekala	Mpumalanga	4	00:23.15	732		E
CGA157	825	O-bakeng Molopyane	Central Gauteng	4	00:23.45	710		E
GAU193	1422	Jaco Beukes	Gauteng	5	00:21.85	839		E
NCP008	1979	T Herunga	Northern Cape Province	5	00:22.86	754		E
KZA031	984	Lindo Shusha	Kwazulu Natal Athletics	5	00:22.96	746		E
GAU198	1450	Daniel de Klerk	Gauteng	5	00:22.97	745		E
GAU232	1612	Stiaan van der Hyde	Gauteng	6	00:21.98	827		E
FSA162	1233	Kevin Cosmo	Free State	6	00:22.35	795		E
BOL305	625	Theo Franz	Boland	6	00:22.38	792		E
GAU237	1642	Tiaan Voster	Gauteng	6	00:22.55	778		E
GAU209	1515	Neo Leshilo	Gauteng	6	00:22.71	765		E
LIA013	1005	Malesela Mabotja	Limpopo Athletics	6	00:24.15	662		E
GAN005	174	Pieter Conradie	Athletics Gauteng North	7	00:21.75	849		E
CGA151	758	Rudolph Erasmus	Central Gauteng	7	00:22.10	817	3	E
CGA152	760	Shawn Fransisco	Central Gauteng	7	00:22.58	776		E
BOI008	722	Tiaan Schoeman	Boland Individual	7	00:22.65	770		E
VAT003	572	Illario Milienyana	Vaal Triangle	7	00:22.81	758		E
NCP010	1990	A Klaaste	Northern Cape Province	7	00:22.99	744		E
LIA011	1011	Tshepo Phosa	Limpopo Athletics	7	00:23.65	696		E

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M-19 Men - Junior

286	M-19	Men - Junior : 200 m					Semi-Finals		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA159	1335	Siphello Ngqabaza	Free State	1	00:21.49	874		E	
GAU232	1612	Stiaan van der Hyde	Gauteng	1	00:21.94	831		E	
WCP024	2226	Reynard vd Nest	Western Cape	1	00:21.97	828		E	
GAU193	1422	Jaco Beukes	Gauteng	1	00:22.07	819		E	
CGA151	758	Rudolph Erasmus	Central Gauteng	1	00:22.23	805		E	
FSA162	1233	Kevin Cosmo	Free State	1	00:22.24	804		E	
KZN031	1668	Bandile Gumbi	Kwazulu Natal	1	00:22.42	789		E	
FSA160	1312	Fana Mofokeng	Free State	2	00:21.28	896	2.3	E	
GAN003	311	Ben Rens	Athletics Gauteng North	2	00:21.33	891		E	
GAN005	174	Pieter Conradie	Athletics Gauteng North	2	00:21.56	867		E	
NWP145	2291	De Meyer Reiner	North West Province	2	00:22.21	807		E	
FSA161	1285	Phillip Liebetrau	Free State	2	00:22.37	793		E	
NCP008	1979	T Herunga	Northern Cape Province	2	00:22.56	778		E	
CGA152	760	Shawn Fransisco	Central Gauteng	2	00:22.78	760		E	
WPA009	1038	Andile Mpefu	Western Province	3	00:21.27	897	1.5	E	
GAN001	335	Akani Simbini	Athletics Gauteng North	3	00:21.34	889		E	
GAN004	205	Ruan Greyling	Athletics Gauteng North	3	00:21.53	870		E	
CNW009	22	Molliere Daffue	Central North West	3	00:21.85	839		E	
ECA006	1133	Daylyn Lundall	Eastern Cape	3	00:22.03	823		E	
GAN006	213	Jacques Harris	Athletics Gauteng North	3	00:22.24	804		E	
KZA025	953	Quintin Hitge	Kwazulu Natal Athletics	3	00:22.90	750		E	

356	M-19	Men - Junior : 200 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA159	1335	Siphello Ngqabaza	Free State	1	00:20.90	938	-0.9	E	
GAN003	311	Ben Rens	Athletics Gauteng North	2	00:21.40	883	-0.9	E	
GAN001	335	Akani Simbini	Athletics Gauteng North	3	00:21.42	881	-0.9	E	
WPA009	1038	Andile Mpefu	Western Province	4	00:21.44	879	-0.9	E	
FSA160	1312	Fana Mofokeng	Free State	5	00:21.61	862	-0.9	E	
GAN005	174	Pieter Conradie	Athletics Gauteng North	6	00:21.71	853	-0.9	E	
GAN004	205	Ruan Greyling	Athletics Gauteng North	7	00:21.85	839	-0.9	E	
GAU232	1612	Stiaan van der Hyde	Gauteng	8	00:22.00	826	-0.9	E	

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Result per Age

M-19 Men - Junior

51	M-19	Men - Junior : 400 m					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN005	174	Pieter Conradie	Athletics Gauteng North	1	00:47.99	898	E		
FSA164	1337	Tiisetso Nolon	Free State	1	00:48.70	869	E		
ECA400	1108	Luyolo Gqeba	Eastern Cape	1	00:49.75	829	E		
GAU211	1522	Thabang Mabena	Gauteng	1	00:50.13	815	E		
TRA004	477	Onda Guma	Transkei	1	00:51.80	760	E		
BOL302	603	Jannie Brier-Louw	Boland	2	00:48.52	876	E		
BOL304	601	Lorenzo Adams	Boland	2	00:48.97	858	E		
WCP027	2121	Wesley Hendricks	Western Cape	2	00:49.32	845	E		
FSA163	1340	Ruanco Pelser	Free State	2	00:49.37	843	E		
NCP006	1976	J Fourie	Northern Cape Province	2	00:50.68	796	E		
KZN063	1726	Mthokozisi Vilakazi	Kwazulu Natal	2	00:50.72	795	E		
WCP007	2093	Jaden Flagg	Western Cape	3	00:48.41	880	E		
GAU206	1485	Sandile Hlatswayo	Gauteng	3	00:49.44	840	E		
KZA031	984	Lindo Shusha	Kwazulu Natal Athletics	3	00:51.40	772	E		
NCP004	1973	D du Plooy	Northern Cape Province	3	00:52.34	743	E		
NWP125	2271	Lesedi Mokgobinyana	North West Province	4	00:48.41	880	E		
NWP126	2272	Taje Lincoln	North West Province	4	00:49.74	829	E		
GAU221	1550	Tshepo Mooki	Gauteng	4	00:49.96	821	E		
MPU110	1921	Petrose Nthebe	Mpumalanga	4	00:50.48	803	E		
LIM102	1818	Gift Selowa	Limpopo	4	00:50.89	789	E		
CGA076	858	Tiaan Smit	Central Gauteng	4	00:51.95	755	E		
GAN004	205	Ruan Greyling	Athletics Gauteng North	5	00:48.57	874	E		
KZN031	1668	Bandile Gumbi	Kwazulu Natal	5	00:49.53	837	E		
GAN006	213	Jacques Harris	Athletics Gauteng North	5	00:49.84	826	E		
ECA012	1199	Luhan Verwey	Eastern Cape	5	00:50.22	812	E		
CGA158	829	Thabo Motloung	Central Gauteng	5	00:51.73	762	E		
CNW010	35	Estiaan Fourie	Central North West	5	00:51.76	761	E		
CNW011	68	Coenraad Naude	Central North West	5	00:55.20	663	E		

169	M-19	Men - Junior : 400 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN004	205	Ruan Greyling	Athletics Gauteng North	1	00:47.22	932	E		
NWP125	2271	Lesedi Mokgobinyana	North West Province	2	00:47.28	929	E		
GAN005	174	Pieter Conradie	Athletics Gauteng North	3	00:47.33	927	E		
BOL302	603	Jannie Brier-Louw	Boland	4	00:47.80	906	E		
BOL304	601	Lorenzo Adams	Boland	5	00:48.03	896	E		
FSA164	1337	Tiisetso Nolon	Free State	6	00:49.00	857	E		
WCP027	2121	Wesley Hendricks	Western Cape	7	00:50.06	818	E		
WCP007	2093	Jaden Flagg	Western Cape	8	00:50.20	813	E		

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M-19		Men - Junior							
206	M-19	Men - Junior : 800 m					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU212	1525	Mpho Makofane	Gauteng	1	01:54.44	844	E		
GAU195	1434	Solomon Botlholo	Gauteng	1	01:55.22	823	E		
LIM087	1773	Reggie Maphalela	Limpopo	1	01:55.26	822	E		
CNW002	70	Theodore Nothling	Central North West	1	01:55.28	822	E		
GAN008	181	Curtley Diedericks	Athletics Gauteng North	1	01:56.24	797	E		
ECA009	1147	L Mdlungwana	Eastern Cape	1	01:56.39	793	E		
MPU116	1947	Mluleki Vava	Mpumalanga	1	02:00.33	704	E		
MPU104	1896	Henry Makane	Mpumalanga	1	02:00.80	694	E		
LIM089	1777	Pfarelo Mathada	Limpopo	1	02:02.11	668	E		
NWP127	2273	Smit Johannes	North West Province	1	02:03.09	649	E		
CGA081	797	Thapelo Madiba	Central Gauteng	2	01:54.59	840	E		
WCP010	2144	Casper Labuschagne	Western Cape	2	01:54.60	840	E		
FSA167	1325	Lerato Mosunyane	Free State	2	01:54.61	839	E		
KZA028	967	Nkosikona Mhlakwana	Kwazulu Natal Athletics	2	01:54.99	829	E		
GAN011	299	Riaan Pont	Athletics Gauteng North	2	01:56.09	801	E		
CGA154	804	Sylvester Makoasha	Central Gauteng	2	01:57.28	772	E		
FSA165	1314	Mbulelo Mojanaga	Free State	2	01:58.70	739	E		
KZA034	983	Sbonga Shange	Kwazulu Natal Athletics	2	01:59.11	730	E		
FSA324	1351	Mbulelo Qashosho	Free State	2	02:02.83	654	E		
CNW010	35	Estiaan Fourie	Central North West	2	02:03.70	637	E		
MPU097	1846	Elandré Botha	Mpumalanga	2	02:04.23	627	E		
BOL080	664	Emile Pieterse	Boland	3	01:53.60	867	E		
CGA147	733	Tian Basson	Central Gauteng	3	01:53.73	864	E		
GAU239	1648	Percy Wright	Gauteng	3	01:55.26	822	E		
KZA023	941	Monwabiso Cele	Kwazulu Natal Athletics	3	01:55.63	812	E		
KZN002	1715	Nkosinathi Sibiya	Kwazulu Natal	3	01:56.43	792	E		
FSA192	1331	Jabulane Ncamane	Free State	3	01:57.99	755	E		
LIM099	1802	Thabang Phosa	Limpopo	3	01:58.19	751	E		
TRA010	494	Athenkosi Mapotolo	Transkei	3	01:59.72	717	E		
GAN010	144	Adriaan Aldridge	Athletics Gauteng North	3	02:00.34	704	E		
MPU117	1949	Nkosinathi Vilakazi	Mpumalanga	3	02:04.12	629	E		
LIM103	1819	Tebogo Setati	Limpopo	3	02:09.33	540	E		

362	M-19	Men - Junior : 800 m					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
CGA081	797	Thapelo Madiba	Central Gauteng	1	01:49.36	1006	E		
FSA167	1325	Lerato Mosunyane	Free State	2	01:51.16	943	E		
BOL080	664	Emile Pieterse	Boland	3	01:51.33	937	E		
CGA147	733	Tian Basson	Central Gauteng	4	01:51.83	921	E		
GAU212	1525	Mpho Makofane	Gauteng	5	01:52.81	891	E		
WCP010	2144	Casper Labuschagne	Western Cape	6	01:52.91	888	E		
GAU195	1434	Solomon Botlholo	Gauteng	7	01:53.02	884	E		
KZA028	967	Nkosikona Mhlakwana	Kwazulu Natal Athletics	8	01:55.23	823	E		

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M-19		Men - Junior							
102	M-19	Men - Junior : 1500 m					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA167	1325	Lerato Mosunyane	Free State	1	04:01.75	884		E	
KZA028	967	Nkosikona Mhlakwana	Kwazulu Natal Athletics	1	04:01.89	883		E	
CGA081	797	Thapelo Madiba	Central Gauteng	1	04:02.03	882		E	
GAU195	1434	Solomon Botlholo	Gauteng	1	04:02.04	882		E	
FSA168	1313	Puseletso Mofokeng	Free State	1	04:03.03	874		E	
FSA170	1310	Sydney Mkopane	Free State	1	04:04.06	866		E	
GAN012	320	Jaco Schoonwinkel	Athletics Gauteng North	1	04:06.38	848		E	
CGA082	754	Sithembile Dondolo	Central Gauteng	1	04:07.65	839		E	
MPU117	1949	Nkosinathi Vilakazi	Mpumalanga	1	04:11.57	811		E	
KZA026	962	Siyabonga Magubane	Kwazulu Natal Athletics	1	04:12.41	805		E	
SWD003	431	Leon Adams	South Western Districts	1	04:16.49	779		E	
GAU226	1566	Zweli Nzima	Gauteng	2	03:56.34	930		E	
GAU212	1525	Mpho Makofane	Gauteng	2	04:01.06	890		E	
WPA001	1026	Duran Faro	Western Province	2	04:02.37	879		E	
CGA154	804	Sylvester Makoasha	Central Gauteng	2	04:02.40	879		E	
GAU223	1555	Alfred Mputhi	Gauteng	2	04:04.90	859		E	
GAN013	152	Johann Berrange	Athletics Gauteng North	2	04:05.05	858		E	
LIM085	1755	Thabang Kgomo	Limpopo	2	04:06.36	848		E	
LIM097	1794	Naphthally Nkoana	Limpopo	2	04:09.18	828		E	
CGA075	832	Blessed Ncube	Central Gauteng	2	04:14.16	794		E	
KZN001	1694	Ayanda Mncube	Kwazulu Natal	2	04:17.02	775		E	
CNW001	88	Mauritz Tuit	Central North West	3	04:02.23	880		E	
CNW002	70	Theodore Nothling	Central North West	3	04:02.33	880		E	
KZA023	941	Monwabiso Cele	Kwazulu Natal Athletics	3	04:02.55	878		E	
MPU104	1896	Henry Makane	Mpumalanga	3	04:02.91	875		E	
ECA011	1156	Zusiphe Mpiyakhe	Eastern Cape	3	04:08.88	830		E	
GAN014	353	Jacob Tseko	Athletics Gauteng North	3	04:10.01	822		E	
LIM087	1773	Reggie Maphalela	Limpopo	3	04:10.83	816		E	
CGA156	821	Percey Nhlongo	Central Gauteng	3	04:15.10	788		E	
EPA003	926	Sinoxolo Gallant	Eastern Province	3	04:15.61	784		E	
162	M-19	Men - Junior : 1500 m					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CGA081	797	Thapelo Madiba	Central Gauteng	1	03:54.85	944		E	
GAU226	1566	Zweli Nzima	Gauteng	2	03:55.62	937		E	
GAU195	1434	Solomon Botlholo	Gauteng	3	03:56.01	933		E	
CNW001	88	Mauritz Tuit	Central North West	4	03:57.65	919		E	
CGA154	804	Sylvester Makoasha	Central Gauteng	5	03:58.72	909		E	
FSA167	1325	Lerato Mosunyane	Free State	6	04:00.10	898		E	
KZA023	941	Monwabiso Cele	Kwazulu Natal Athletics	7	04:00.36	896		E	
KZA028	967	Nkosikona Mhlakwana	Kwazulu Natal Athletics	8	04:01.77	884		E	
GAU212	1525	Mpho Makofane	Gauteng	9	04:02.98	874		E	
CNW002	70	Theodore Nothling	Central North West	10	04:03.31	872		E	
WPA001	1026	Duran Faro	Western Province	11	04:11.78	810		E	
MPU104	1896	Henry Makane	Mpumalanga	12	04:15.29	786		E	

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366	M-19	Men - Junior : 5000 m					Final		
		<u>Athlete</u>	<u>Team</u>	<u>Place</u>	<u>Performance</u>	<u>Table point</u>	<u>Wind</u>	<u>H/E</u>	<u>Record</u>
GAU225	1561	Nkghase Namakoe	Gauteng	1	14:57.40	959		E	
ECA011	1156	Zusiphe Mpiyakhe	Eastern Cape	2	15:16.96	926		E	
KZN041	1677	Adam Lipschitz	Kwazulu Natal	3	15:17.93	925		E	
LIM093	1783	Lodwick Molewa	Limpopo	4	15:18.93	924		E	
CGA082	754	Sithembile Dondolo	Central Gauteng	5	15:19.36	923		E	
FSA168	1313	Puseletso Mofokeng	Free State	6	15:23.77	916		E	
GAU214	1534	Samuel Mathabatha	Gauteng	7	15:23.87	915		E	
NWP129	2275	Mabu Mosala	North West Province	8	15:34.58	898		E	
GAU196	1438	Bonokuhle Buthelezi	Gauteng	9	15:40.11	890		E	
FSA171	1298	Sello Masia	Free State	10	15:42.49	887		E	
VAT004	582	Thobile Nontulo	Vaal Triangle	11	15:43.75	885		E	
FSA173	1356	Makopane Rantsoe	Free State	12	15:53.34	871		E	
NWP148	2294	Morokotso A.	North West Province	13	15:57.12	866		E	
LIM091	1780	Happy Modila	Limpopo	14	15:57.44	866		E	
KZN068	1657	Douglass Dlamini	Kwazulu Natal	15	16:04.39	856		E	
NCP005	1974	N Dumezweni	Northern Cape Province	16	16:04.47	856		E	
TRA006	496	Sakhumzi Matiso	Transkei	17	16:07.44	853		E	
SWD003	431	Leon Adams	South Western Districts	18	16:15.63	842		E	

369	M-19	Men - Junior : 10 000 m					Final		
		<u>Athlete</u>	<u>Team</u>	<u>Place</u>	<u>Performance</u>	<u>Table point</u>	<u>Wind</u>	<u>H/E</u>	<u>Record</u>
CNW007	59	Donald Meleane	Central North West	1	32:01.14	912		E	N
FSF006	123	Anastatuis Ontong	Free State Athletics	2	32:57.36	872		E	N
KZA033	966	Luvuyo Mhlakaza	Kwazulu Natal Athletics	3	33:02.96	868		E	N
GAN034	226	Tebogo Kgatla	Athletics Gauteng North	4	34:32.44	811		E	N
GAN033	352	Michael Truebody	Athletics Gauteng North	5	34:58.28	801		E	N
KZA022	940	Siboniso Buthelezi	Kwazulu Natal Athletics	6	35:02.58	799		E	N

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116	M-19	Men - Junior : 110 m Hurdles					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN017	357	Lee van den Berg	Athletics Gauteng North	1	00:14.23	927	0.9	E	
NWP134	2280	Swart W.P	North West Province	1	00:14.58	889	0.9	E	
NWP132	2278	Du Toit Fracois	North West Province	1	00:14.71	876	0.9	E	
GAU229	1592	Paul Smit	Gauteng	1	00:14.89	858	0.9	E	
MPU111	1923	Tshepo Nyathi	Mpumalanga	1	00:14.99	849	0.9	E	
LIM100	1806	Theunis Pretorius	Limpopo	1	00:15.03	845	0.9	E	
GAU207	1509	Lluwellyn Kruger	Gauteng	1	00:15.11	838	0.9	E	
LIA015	1006	Tshepo Mampuru	Limpopo Athletics	1	00:15.70	787	0.9	E	
WPA007	1031	Angus Julies	Western Province	2	00:13.93	963	0.7	E	R
FSA174	1218	Arno Botha	Free State	2	00:14.65	882	0.7	E	
WCP032	2194	Payle Leighton	Western Cape	2	00:14.73	874	0.7	E	
CGA080	889	Imrhan Wilkinson	Central Gauteng	2	00:14.82	865	0.7	E	
GAU216	1538	Katlego Matsekane	Gauteng	2	00:14.91	857	0.7	E	
KZN042	1707	Gerald Oberholzer	Kwazulu Natal	2	00:15.65	791	0.7	E	
WCP005	2083	Dehan Diedericks	Western Cape	2	00:15.87	773	0.7	E	
GAU192	1418	Andrew de Beer	Gauteng	3	00:14.43	905	1.5	E	
GAU204	1475	Dylan Greyling	Gauteng	3	00:14.56	892	1.5	E	
NWP131	2277	Andreas Coetzee	North West Province	3	00:14.60	887	1.5	E	
MPU101	1883	Michael Kruger	Mpumalanga	3	00:14.96	852	1.5	E	
LIM105	1825	Patrick Steyn	Limpopo	3	00:15.51	803	1.5	E	
LIM086	1762	Shaun Lamminga	Limpopo	3	00:15.53	801	1.5	E	
WCP030	2188	Damain Ohlson	Western Cape	4	00:14.51	897	1.5	E	
ECA007	1137	Khaya Malotana	Eastern Cape	4	00:14.67	880	1.5	E	
WCP029	2166	Zunaid Marthinus	Western Cape	4	00:14.70	877	1.5	E	
MPU095	1840	Emile Alberts	Mpumalanga	4	00:14.86	861	1.5	E	
VAT005	536	Dwayne Carelse	Vaal Triangle	4	00:15.78	780		E	
VAT006	577	Mashinni Mzwandile	Vaal Triangle	4	00:15.89	772		E	

150	M-19	Men - Junior : 110 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA007	1031	Angus Julies	Western Province	1	00:13.87	970	4.7	E	R
GAU204	1475	Dylan Greyling	Gauteng	2	00:14.13	939	4.7	E	
NWP134	2280	Swart W.P	North West Province	3	00:14.14	938	4.7	E	
GAN017	357	Lee van den Berg	Athletics Gauteng North	4	00:14.29	921	4.7	E	
WCP030	2188	Damain Ohlson	Western Cape	5	00:14.44	904	4.7	E	
FSA174	1218	Arno Botha	Free State	6	00:14.44	904	4.7	E	
GAU192	1418	Andrew de Beer	Gauteng	7	00:14.74	873	4.7	E	
NWP131	2277	Andreas Coetzee	North West Province	8	00:14.85	862	4.7	E	

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246	M-19	Men - Junior : 400 m Hurdles					Heats		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
CNW006	19	Schalk Burger	Central North West	1	00:52.83	851		E	
GAN018	303	Bernard Pretorius	Athletics Gauteng North	1	00:53.51	822		E	
NCP012	2013	Hactor Schalk	Northern Cape Province	1	00:55.37	751		E	
NWP134	2280	Swart W.P	North West Province	1	00:55.44	748		E	
NWP149	2295	Du Preez Franco	North West Province	1	00:56.36	716		E	
WCP014	2202	Daylan Samuels	Western Cape	1	00:58.14	660		E	
GAU201	1465	Ntlhophi Enosh	Gauteng	1	00:58.88	638		E	
WPA002	1048	Taariq Solomons	Western Province	2	00:52.41	870		E	
WPA004	1029	Lindsay Hanekom	Western Province	2	00:53.22	834		E	
ECA136	1074	Nico Bakkes	Eastern Cape	2	00:54.17	796		E	
GAU230	1607	Masego Tleane	Gauteng	2	00:55.78	736		E	
FSA174	1218	Arno Botha	Free State	2	00:56.32	718		E	
MPU099	1863	Armand Faber	Mpumalanga	2	00:65.47	473		E	
CGA078	866	Patrick Tattersall	Central Gauteng	2	00:58.44	651		E	
WPA003	1037	Tiaan Mouton	Western Province	3	00:53.41	826		E	
GAU216	1538	Katlego Matsekane	Gauteng	3	00:54.69	776		E	
GAN019	254	Junior Mamabola	Athletics Gauteng North	3	00:56.42	714		E	
GAU213	1531	Lawrence Marlow	Gauteng	3	00:56.94	697		E	
LIM086	1762	Shaun Laminga	Limpopo	3	00:57.42	682		E	
MPU108	1909	Ernest Monaheng	Mpumalanga	3	00:65.04	483		E	
LIM084	1754	Albert Jordaan	Limpopo	4	00:54.53	782		E	
CGA077	860	Mpho Songo	Central Gauteng	4	00:55.74	738		E	
MPU111	1923	Tshepo Nyathi	Mpumalanga	4	00:56.34	717		E	
GAN020	293	William Ntondi	Athletics Gauteng North	4	00:56.39	715		E	
LIM105	1825	Patrick Steyn	Limpopo	4	00:59.00	634		E	
VAT007	546	Stefan Fourie	Vaal Triangle	4	00:60.67	588		E	
NWP133	2279	Qhoba Lloyd	North West Province	4	00:61.62	563		E	

328	M-19	Men - Junior : 400 m Hurdles					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA002	1048	Taariq Solomons	Western Province	1	00:51.49	914		E	
CNW006	19	Schalk Burger	Central North West	2	00:51.97	891		E	
WPA004	1029	Lindsay Hanekom	Western Province	3	00:52.28	876		E	
GAN018	303	Bernard Pretorius	Athletics Gauteng North	4	00:52.37	872		E	
WPA003	1037	Tiaan Mouton	Western Province	5	00:53.55	821		E	
ECA136	1074	Nico Bakkes	Eastern Cape	6	00:53.84	809		E	
LIM084	1754	Albert Jordaan	Limpopo	7	00:54.21	794		E	
GAU216	1538	Katlego Matsekane	Gauteng	8	00:54.56	781		E	

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12	M-19	Men - Junior : 3000 m Steeple					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU194	1428	Siswe Boqashi	Gauteng	1	09:14.06	989	E		
FSA173	1356	Makopane Rantsoe	Free State	2	09:17.28	985	E		
FSA165	1314	Mbulelo Mojanaga	Free State	3	09:19.37	982	E		
GAU199	1462	Katleho Dyoyi	Gauteng	4	09:22.64	978	E		
KZN041	1677	Adam Lipschitz	Kwazulu Natal	5	09:26.03	974	E		
GAU223	1555	Alfred Mputhi	Gauteng	6	09:31.77	967	E		
FSF004	130	Jan Willem Ras	Free State Athletics	7	09:43.18	953	E		
FSA172	1288	P Maarman	Free State	8	09:54.94	940	E		
KZA027	963	Nhleko Mahamed	Kwazulu Natal Athletics	9	09:55.74	939	E		
WCP026	2074	Ewart Damine	Western Cape	10	10:04.57	929	E		
NWP130	2276	Baloyi Koos	North West Province	11	10:09.68	924	E		
GAN014	353	Jacob Tseko	Athletics Gauteng North	12	10:17.21	916	E		
CGA159	831	Palacuou Mukwevho	Central Gauteng	13	10:20.51	912	E		
AGI002	396	Jerome Makomane	Gauteng North Individual	14	10:28.54	904	E		
WCP031	2193	Emiele Paulson	Western Cape	15	10:39.74	893	E		
EPA005	935	Cameron Swartz	Eastern Province	16	11:12.04	863	E		

2	M-19	Men - Junior : 10000 m Walk					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAU224	1558	Mzwaki Mvundla	Gauteng	1	50:42.30	920	E		
FSA190	1336	Teboho Nkobo	Free State	2	52:58.00	889	E		
NWP143	2289	Mogwai Abel	North West Province	3	59:53.10	809	E		

144	M-19	Men - Junior : High Jump					Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
WPA005	1045	Clyde Ruiters	Western Province	1	1.95	715	E		
GAU220	1546	Teboho Modise	Gauteng	1	1.95	715	E		
LIM096	1793	Solomon Mukhuthu	Limpopo	3	1.90	666	E		
GAN021	168	Craig Canham	Athletics Gauteng North	3	1.90	666	E		
WCP017	2237	Willem van Schalkwyk	Western Cape	3	1.90	666	E		
GAU219	1544	Sibusiso Mncube	Gauteng	3	1.90	666	E		
GAN022	322	Llewellyn Scrooby	Athletics Gauteng North	7	1.90	666	E		
NWN003	419	Fanie Geldenhuis	North West North	7	1.90	666	E		
GAU192	1418	Andrew de Beer	Gauteng	7	1.90	666	E		
GAU218	1542	Welcome Mbonani	Gauteng	10	1.90	666	E		
FSA185	1311	Sandile Mnguni	Free State	11	1.85	617	E		
MPU096	1843	Bradley Bester	Mpumalanga	12	1.85	617	E		
NWN004	426	Jurie Potgieter	North West North	13	1.85	617	E		
NWP135	2281	Motlhabi Tumelo	North West Province	13	1.85	617	E		

313	M-19	Men - Junior : High Jump					Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record	
GAN021	168	Craig Canham	Athletics Gauteng North	1	2.05	813	E		
WPA005	1045	Clyde Ruiters	Western Province	2	2.05	813	E		
GAU220	1546	Teboho Modise	Gauteng	3	2.05	813	E		
WCP017	2237	Willem van Schalkwyk	Western Cape	4	2.00	764	E		
GAN022	322	Llewellyn Scrooby	Athletics Gauteng North	5	2.00	764	E		
NWN003	419	Fanie Geldenhuis	North West North	6	1.95	715	E		
GAU192	1418	Andrew de Beer	Gauteng	7	1.90	666	E		
LIM096	1793	Solomon Mukhuthu	Limpopo	8	1.85	617	E		
GAU219	1544	Sibusiso Mncube	Gauteng	9	1.85	617	E		

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223	M-19	Men - Junior : Pole Vault					Final		
		<u>Athlete</u>	<u>Team</u>	<u>Place</u>	<u>Performance</u>	<u>Table point</u>	<u>Wind</u>	<u>H/E</u>	<u>Record</u>
GAN023	169	Michael Cilliers	Athletics Gauteng North	1	4.80	959		E	
WCP004	2081	Juan de Swardt	Western Cape	2	4.70	922		E	
FSA186	1287	Armandt Lotter	Free State	3	4.70	922		E	
GAN024	222	Jarik Jansen	Athletics Gauteng North	4	4.20	703		E	
ECA013	1201	Lyell Watson	Eastern Cape	5	4.00	612		E	
FSA189	1343	Ernst Piater	Free State	6	4.00	612		E	
WCP013	2195	Emile Pellissier	Western Cape	6	4.00	612		E	
FSA188	1329	Pierre Meyburgh	Free State	8	3.80	519		E	
FSA187	1236	Nathan Dalton	Free State	9	3.60	425		E	

22	M-19	Men - Junior : Long Jump					Final		
		<u>Athlete</u>	<u>Team</u>	<u>Place</u>	<u>Performance</u>	<u>Table point</u>	<u>Wind</u>	<u>H/E</u>	<u>Record</u>
GAN025	256	Mpho Maphuta	Athletics Gauteng North	1	7.42	892		E	
GAN026	221	Albert Janku	Athletics Gauteng North	2	7.39	883		E	
WCP003	2077	Gramthan Davids	Western Cape	3	7.10	803		E	
GAU209	1515	Neo Leshilo	Gauteng	4	7.08	797		E	
CGA149	749	Joshua Diamond	Central Gauteng	5	7.03	783		E	
SWD007	434	Anver Carelse	South Western Districts	6	6.95	761		E	
FSA193	1341	Steve Phakoe	Free State	7	6.94	758		E	
NCP003	1964	J Boorman	Northern Cape Province	8	6.87	738		E	
ECA007	1137	Khaya Malotana	Eastern Cape	9	6.79	716		E	
CGA300	2248	Jacobus Pretorius	Central Gauteng	10	6.67	682		E	
NCP002	1963	V Blom	Northern Cape Province	11	6.64	673		E	
GAU208	1514	Jacob Lesemela	Gauteng	12	6.57	654		E	
NCP011	1997	Vujani Maqina	Northern Cape Province	13	6.52	639		E	
MPU098	1855	Shawn Cross	Mpumalanga	14	6.45	619		E	
CGA079	888	Curtly Wewers	Central Gauteng	15	6.40	605		E	
NWP137	2283	Nellis Holtzhausen	North West Province	16	6.32	582		E	
WCP002	2067	Keanon Coetzee	Western Cape	17	6.23	556		E	
GAU203	1474	David Grewan	Gauteng	18	6.16	536		E	
LIM082	1740	Rameetse Boya	Limpopo	19	6.12	525		E	
MPU118	1958	Lindani Zwane	Mpumalanga	20	5.39	309		E	

165	M-19	Men - Junior : Triple Jump					Final		
		<u>Athlete</u>	<u>Team</u>	<u>Place</u>	<u>Performance</u>	<u>Table point</u>	<u>Wind</u>	<u>H/E</u>	<u>Record</u>
GAN026	221	Albert Janku	Athletics Gauteng North	1	14.92	871		E	
WCP028	2122	Vuyani Henry	Western Cape	2	14.85	862		E	
ECA007	1137	Khaya Malotana	Eastern Cape	3	14.78	852		E	
KZA029	969	Njabulo Mkhwana	Kwazulu Natal Athletics	4	14.22	775		E	
NWP146	2292	Tsheu Einstein	North West Province	5	14.02	748		E	
AMP011	414	Sibiya Wandile	Athletics Mpumalanga	6	13.85	724		E	
NCP011	1997	Vujani Maqina	Northern Cape Province	7	13.80	717		E	
NWN004	426	Jurie Potgieter	North West North	8	13.73	707		E	
GAU218	1542	Welcome Mbonani	Gauteng	9	13.68	701		E	
GAU222	1553	Tshepo Mothoana	Gauteng	10	13.68	701		E	
WCP023	2203	Benedict Sauer	Western Cape	11	13.65	696		E	
FSA193	1341	Steve Phakoe	Free State	12	13.55	682		E	
GAU217	1539	Thembiso Mbali	Gauteng	13	13.54	681		E	
AGI001	398	Reinhard Nell	Gauteng North Individual	14	13.28	645		E	
AMP004	408	Clement Makutu	Athletics Mpumalanga	15	13.26	642		E	
LIM095	1790	Kableo Mphahlele	Limpopo	16	13.08	617		E	

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97	M-19	Men - Junior : Shot Put					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP009	2139	Jan-Louw Kotze	Western Cape	1	17.66	974		E	
CGA148	738	Johnny Botha	Central Gauteng	2	17.26	958		E	
CNW004	92	Constand van Rooyen	Central North West	3	17.03	949		E	
GAN029	175	Gerhard de Beer	Athletics Gauteng North	4	16.53	929		E	
MPU114	1935	Nicolaas Robbertse	Mpumalanga	5	15.31	870		E	
GAU228	1584	Stefan Scheepers	Gauteng	6	14.28	798		E	
EPA007	931	Cornelius Lombard	Eastern Province	7	14.23	795		E	
GAU233	1627	Bernard van Tonder	Gauteng	8	13.80	764		E	
NWP138	2284	Rossouw Wynand	North West Province	9	13.54	745		E	
ECA002	1117	Kevin Kaba	Eastern Cape	10	13.50	742		E	
NWP140	2286	Allen Wayne	North West Province	11	13.27	725		E	
FSA202	1394	Gert vd Westhuizen	Free State	12	13.09	712		E	
GAU234	1628	Anthony van Vuuren	Gauteng	13	13.09	712		E	
LIM101	1814	Rasanag Sathekge	Limpopo	14	11.54	592		E	

289	M-19	Men - Junior : Discus Throw					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAN029	175	Gerhard de Beer	Athletics Gauteng North	1	58.52	1008		E	R
WCP009	2139	Jan-Louw Kotze	Western Cape	2	57.60	997		E	
GAU231	1608	Seth Townsend	Gauteng	3	51.02	921		E	
CGA148	738	Johnny Botha	Central Gauteng	4	49.17	901		E	
CNW004	92	Constand van Rooyen	Central North West	5	46.15	842		E	
WCP016	2227	Wikus van Aswegen	Western Cape	6	45.38	826		E	
WCP021	2116	Jacques Hansen	Western Cape	7	43.36	785		E	
GAU235	1629	Rudolf van Vuuren	Gauteng	8	42.76	772		E	
FSA176	1215	Alwyn Barnard	Free State	9	42.38	764		E	
KZN040	1662	Cameron Donkin	Kwazulu Natal	10	42.15	759		E	

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Result per Age

M-19 Men - Junior

182	M-19	Men - Junior : Javelin					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WPA006	1036	Morne Moolman	Western Province	1	71.26	984		E	
CNW013	31	Ruan Erasmus	Central North West	2	68.04	940		E	
WCP022	2138	Stephan Klue	Western Cape	3	66.54	920		E	
NWP141	2287	Beukes Stephan	North West Province	4	65.56	908		E	
GAU205	1482	Wesley Heunes	Gauteng	4	53.04	622		E	
FSA180	1270	Ruben Heymans	Free State	5	63.95	878		E	
CNW003	29	Renier du Plessis	Central North West	6	62.10	836		E	
WCP020	2072	Johan Crous	Western Cape	7	59.54	777		E	
NWP142	2288	Knox Taaibos	North West Province	8	56.16	697		E	
GAU210	1516	Petrus Lindeque	Gauteng	9	54.60	660		E	
CGA153	770	Kyle Hoedemaker	Central Gauteng	10	54.10	648		E	
MPU112	1926	Petrus Peacock	Mpumalanga	11	53.87	643		E	
FSA179	1234	Phillip Cronje	Free State	12	53.82	641		E	
VAT010	597	Desmond Voget	Vaal Triangle	13	53.30	629		E	
MPU115	1942	Stephanus vd Linde	Mpumalanga	15	52.18	601		E	
MPU100	1878	Ruan Jordaan	Mpumalanga	16	51.50	584		E	
GAU202	1473	Verwey Greef	Gauteng	17	51.09	574		E	
GAU236	1633	Jakobus Verhoef	Gauteng	18	50.93	570		E	
KZA030	977	Timothy Olsen	Kwazulu Natal Athletics	19	50.50	560		E	
WCP012	2165	Jacquin Marthinus	Western Cape	20	48.26	503		E	
FSA181	1374	J B Snyman	Free State	21	47.89	493		E	
ECA005	1130	Morné Labuschagne	Eastern Cape	22	38.00	222		E	
TRA013	510	Olwethu Ndaba	Transkei	23	31.96	34		E	

228	M-19	Men - Junior : Hammer Throw					Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA177	1292	Francois Malan	Free State	1	54.59	941		E	
GAN030	177	Guilhome Rodriques de Franca	Athletics Gauteng North	2	54.40	940		E	
ECA300	1096	Lionel Drury	Eastern Cape	3	54.24	939		E	
CNW005	45	Robert J van Rensburg	Central North West	4	54.20	939		E	
FSA182	1257	Mitchell Gates	Free State	5	50.13	909		E	
WCP011	2152	Nicolas Loubser	Western Cape	6	48.60	897		E	
WCP021	2116	Jacques Hansen	Western Cape	7	47.16	878		E	
WCP015	2218	Derek Taylor	Western Cape	8	46.27	866		E	