

**SA Schools Cross Country Championships  
2023/09/30**

**Points standing per Age**

			Points	Number of athletes
<b>Boys-19 : 8KML</b>				
1	GAL	Gauteng LSEN	16	4
2	WCL	Western Cape LSEN	35	4
3	LIL	Limpopo LSEN	50	4
4	NWL	North West LSEN	59	4
5	MPL	Mpumalanga LSEN	88	4
6	FSL	Free State LSEN	95	4
7	ECL	Eastern Cape LSEN	0	3
8	NCL	Northern Cape LSEN	0	2
<b>Boys-19 : 8KM</b>				
1	NWP	North West	31	4
2	FSA	Free State	37	4
3	MPU	Mpumalanga	46	4
4	ECA	Eastern Cape	0	2
5	GAU	Gauteng	0	2
6	LIM	Limpopo	0	3
7	NCA	Northern Cape	0	2
8	WCA	Western Cape	0	2
<b>Boys-17 : 6KML</b>				
1	GAL	Gauteng LSEN	24	4
2	MPL	Mpumalanga LSEN	44	4
3	NWL	North West LSEN	60	4
4	WCL	Western Cape LSEN	68	4
5	FSL	Free State LSEN	72	4
6	ECL	Eastern Cape LSEN	0	2
7	LIL	Limpopo LSEN	0	2
8	NCL	Northern Cape LSEN	0	1
<b>Boys-17 : 6KM</b>				
1	MPU	Mpumalanga	16	4
2	NWP	North West	44	4
3	GAU	Gauteng	53	4
4	WCA	Western Cape	64	4
5	FSA	Free State	103	4
6	ECA	Eastern Cape	0	2
7	LIM	Limpopo	0	3
8	NCA	Northern Cape	0	3
<b>Boys-16 : 6KML</b>				
1	FSL	Free State LSEN	28	4
2	GAL	Gauteng LSEN	30	4
3	LIL	Limpopo LSEN	37	4
4	MPL	Mpumalanga LSEN	55	4
5	WCL	Western Cape LSEN	82	4
6	NCL	Northern Cape LSEN	0	1
7	NWL	North West LSEN	0	2

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<b>Boys-16 : 6KM</b>				
1	LIM	Limpopo	15	4
2	GAU	Gauteng	40	4
3	FSA	Free State	46	4
4	WCA	Western Cape	64	4
5	ECA	Eastern Cape	0	1
6	MPU	Mpumalanga	0	1
7	NCA	Northern Cape	0	1
8	NWP	North West	0	3
<b>Boys-15 : 4KML</b>				
1	GAL	Gauteng LSEN	16	4
2	LIL	Limpopo LSEN	38	4
3	FSL	Free State LSEN	50	4
4	WCL	Western Cape LSEN	74	4
5	NWL	North West LSEN	104	4
6	ECL	Eastern Cape LSEN	0	3
7	MPL	Mpumalanga LSEN	0	3
<b>Boys-15 : 4KM</b>				
1	FSA	Free State	40	4
2	NWP	North West	47	4
3	MPU	Mpumalanga	51	4
4	LIM	Limpopo	58	4
5	WCA	Western Cape	80	4
6	ECA	Eastern Cape	0	3
7	GAU	Gauteng	0	3
8	NCA	Northern Cape	0	3
<b>Boys-14 : 4KML</b>				
1	GAL	Gauteng LSEN	21	4
2	FSL	Free State LSEN	40	4
3	NWL	North West LSEN	40	4
4	MPL	Mpumalanga LSEN	61	4
5	LIL	Limpopo LSEN	65	4
6	WCL	Western Cape LSEN	83	4
7	ECL	Eastern Cape LSEN	0	3
<b>Boys-14 : 4KM</b>				
1	WCA	Western Cape	33	4
2	FSA	Free State	38	4
3	GAU	Gauteng	45	4
4	NWP	North West	56	4
5	MPU	Mpumalanga	65	4
6	ECA	Eastern Cape	0	1
7	LIM	Limpopo	0	2
8	NCA	Northern Cape	0	3

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			Points	Number of athletes
<b>Boys-13 : 4KM</b>				
1	LIM	Limpopo	28	4
2	NWP	North West	43	4
3	FSA	Free State	60	4
4	MPU	Mpumalanga	78	4
5	GAU	Gauteng	90	4
6	WCA	Western Cape	91	4
7	ECA	Eastern Cape	0	2
8	NCA	Northern Cape	0	3
<b>Boys-12 : 3KM</b>				
1	GAU	Gauteng	39	4
2	NWP	North West	53	4
3	MPU	Mpumalanga	54	4
4	FSA	Free State	59	4
5	LIM	Limpopo	64	4
6	WCA	Western Cape	73	4
7	ECA	Eastern Cape	91	4
8	NCA	Northern Cape	0	3
<b>Boys-11 : 3KM</b>				
1	LIM	Limpopo	40	4
2	FSA	Free State	50	4
3	GAU	Gauteng	50	4
4	MPU	Mpumalanga	54	4
5	NWP	North West	89	4
6	ECA	Eastern Cape	0	3
7	NCA	Northern Cape	0	3
8	WCA	Western Cape	0	3
<b>Boys-10 : 2KM</b>				
1	GAU	Gauteng	16	4
2	LIM	Limpopo	44	4
3	NCA	Northern Cape	75	4
4	FSA	Free State	78	4
5	WCA	Western Cape	78	4
6	NWP	North West	82	4
7	MPU	Mpumalanga	91	4
8	ECA	Eastern Cape	0	2
<b>Girls-19 : 6KM</b>				
1	ECA	Eastern Cape	32	4
2	LIM	Limpopo	48	4
3	MPU	Mpumalanga	49	4
4	WCA	Western Cape	75	4
5	FSA	Free State	0	3
6	GAU	Gauteng	0	3
7	NCA	Northern Cape	0	3
8	NWP	North West	0	2

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<b>Girls-19 : 4KML</b>				
1	GAL	Gauteng LSEN	21	4
2	WCL	Western Cape LSEN	37	4
3	LIL	Limpopo LSEN	74	4
4	MPL	Mpumalanga LSEN	74	4
5	NWL	North West LSEN	74	4
6	ECL	Eastern Cape LSEN	0	1
7	FSL	Free State LSEN	0	3
<b>Girls-17 : 4KML</b>				
1	WCL	Western Cape LSEN	39	4
2	GAL	Gauteng LSEN	50	4
3	MPL	Mpumalanga LSEN	51	4
4	FSL	Free State LSEN	52	4
5	NWL	North West LSEN	53	4
6	ECL	Eastern Cape LSEN	0	1
7	LIL	Limpopo LSEN	0	1
8	NCL	Northern Cape LSEN	0	1
<b>Girls-17 : 4KM</b>				
1	GAU	Gauteng	13	4
2	WCA	Western Cape	33	4
3	ECA	Eastern Cape	46	4
4	FSA	Free State	83	4
5	LIM	Limpopo	0	2
6	MPU	Mpumalanga	0	2
7	NWP	North West	0	2
<b>Girls-16 : 4KML</b>				
1	WCL	Western Cape LSEN	32	4
2	GAL	Gauteng LSEN	36	4
3	LIL	Limpopo LSEN	45	4
4	NWL	North West LSEN	62	4
5	MPL	Mpumalanga LSEN	78	4
6	ECL	Eastern Cape LSEN	0	1
7	FSL	Free State LSEN	0	2
8	NCL	Northern Cape LSEN	0	1
<b>Girls-16 : 4KM</b>				
1	GAU	Gauteng	12	4
2	MPU	Mpumalanga	31	4
3	NWP	North West	87	4
4	FSA	Free State	89	4
5	ECA	Eastern Cape	0	3
6	LIM	Limpopo	0	3
7	NCA	Northern Cape	0	3
8	WCA	Western Cape	0	1

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<b>Girls-15 : 4KML</b>				
1	GAL	Gauteng LSEN	24	4
2	WCL	Western Cape LSEN	44	4
3	NWL	North West LSEN	53	4
4	LIL	Limpopo LSEN	55	4
5	MPL	Mpumalanga LSEN	64	4
6	FSL	Free State LSEN	70	4
7	ECL	Eastern Cape LSEN	0	1
<b>Girls-15 : 4KM</b>				
1	FSA	Free State	23	4
2	GAU	Gauteng	31	4
3	NWP	North West	76	4
4	MPU	Mpumalanga	77	4
5	WCA	Western Cape	81	4
6	LIM	Limpopo	82	4
7	ECA	Eastern Cape	0	2
8	NCA	Northern Cape	0	2
<b>Girls-14 : 4KML</b>				
1	GAL	Gauteng LSEN	15	4
2	NWL	North West LSEN	41	4
3	MPL	Mpumalanga LSEN	47	4
4	LIL	Limpopo LSEN	68	4
5	ECL	Eastern Cape LSEN	0	3
6	FSL	Free State LSEN	0	3
7	WCL	Western Cape LSEN	0	3
<b>Girls-14 : 4KM</b>				
1	GAU	Gauteng	16	4
2	NWP	North West	41	4
3	LIM	Limpopo	45	4
4	MPU	Mpumalanga	84	4
5	WCA	Western Cape	85	4
6	FSA	Free State	100	4
7	NCA	Northern Cape	127	4
8	ECA	Eastern Cape	0	2
<b>Girls-13 : 3KM</b>				
1	GAU	Gauteng	40	4
2	NWP	North West	40	4
3	LIM	Limpopo	48	4
4	WCA	Western Cape	52	4
5	FSA	Free State	69	4
6	MPU	Mpumalanga	73	4
7	ECA	Eastern Cape	109	4
8	NCA	Northern Cape	0	3

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<b>Girls-12 : 3KM</b>				
1	FSA	Free State	31	4
2	GAU	Gauteng	34	4
3	LIM	Limpopo	40	4
4	WCA	Western Cape	70	4
5	ECA	Eastern Cape	87	4
6	NWP	North West	95	4
7	MPU	Mpumalanga	97	4
8	NCA	Northern Cape	153	4
<b>Girls-11 : 3KM</b>				
1	LIM	Limpopo	21	4
2	FSA	Free State	46	4
3	MPU	Mpumalanga	55	4
4	GAU	Gauteng	58	4
5	NWP	North West	62	4
6	ECA	Eastern Cape	0	2
7	WCA	Western Cape	0	3
<b>Girls-10 : 2KM</b>				
1	GAU	Gauteng	26	4
2	NWP	North West	51	4
3	WCA	Western Cape	52	4
4	FSA	Free State	57	4
5	LIM	Limpopo	73	4
6	MPU	Mpumalanga	100	4
7	ECA	Eastern Cape	0	3
8	NCA	Northern Cape	0	3